



foundations

for health

December 2016

**Local Freedom to
Speak Up Guardians**

**Celebrating
our DBH Stars**

**Huge investment
for Bassetlaw's
young patients**

**Adding *Teaching* to our
name - seeking your views**

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If you have comments or want further information about any of the articles in *Foundations for Health* please contact the Communications & Engagement team on 01302 644244 or email communicationsandengagement@dbh.nhs.uk

This magazine is produced four times a year, with three digital copies and one paper copy in August. To receive an electronic version of this magazine and invites to member events, please send us your name and email address to foundation.office@dbh.nhs.uk or contact the Foundation Trust Office on 01302 644158.



Jon Sargeant

New Director of Finance

Our new Director of Finance, Jon Sargeant, joined us at the end of October.

Jon who was the Director of Finance at Burton Hospitals NHS Foundation Trust has over 25 years of experience, working exclusively within the health service.

Starting as a Financial Trainee at Heartlands Hospital in 1989, he has held a number of board level posts, most notably as Director of Finance at Epsom and St Helier University Hospitals, leading a number of reconfiguration projects at the London-based trust, before moving to Burton Hospitals in 2013.

As Director of Finance, Jon joins the Executive Team and Board to ensure that the Trust remains committed to delivering safe, high quality patient care in the most efficient and sustainable way possible.

Commenting on his new role, Jon said: "The Trust is routinely amongst the country's highest-performing NHS organisations and, as a member of the Executive Team, I will be assisting this continued development.

"Ensuring that the Trust is financially healthy will require considerable skill, however I am confident that, alongside the team, we will be able to meet these challenges whilst continuing to offer high quality services for the people of Doncaster, Bassetlaw and beyond."



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Consultant awarded for his inspiring teaching



(l-r) Dr Juan Ballesteros, Consultant Emergency Medicine and Alisdair Strachan, Director of Education at the Trust

Congratulations to Dr Juan Ballesteros, Consultant in Emergency Medicine, on receiving a teaching award after being nominated by his students.

The Medical School at the University of Sheffield awarded Juan the Clinical Teaching Award after students were asked to nominate individuals who provided high quality teaching in a clinical setting and inspired and supported them through their learning.

The medical students who nominated Juan were completing an acute care placement at Doncaster Royal Infirmary. Juan usually has a cohort of four students at a time who spend a month with him as part of his clinical team.

Juan said: "It's fundamental that we spend time with medical students and support them in a clinical environment. This is vital for them to develop and work confidently as junior doctors.

"I am pleased the students enjoyed their time at DRI and get a lot out of it. Hopefully they will want to come back and work for the Trust once they are qualified. It would be a pleasure to work alongside them again."

Cover photo shows Neil Ellis from PSL Print Management Ltd with Unsung Hero winner Julie Taylor

Bassetlaw Children's Outpatients gets *£278,000 investment*

Work is almost complete on our brand new Children's Outpatients Department at Bassetlaw Hospital following a £278,000 investment.

The new area will provide a dedicated space for Children's Outpatients, supporting staff to deliver safe and effective care in a state-of-the-art setting.

As part of our commitment to separate adult and children's services, this investment in the service ensures it meets both the expectations of parents and children, as well as future demand.

"THIS INVESTMENT WILL PROVIDE A SIGNIFICANT IMPROVEMENT FOR OUR YOUNGER PATIENTS."

The newly created space will be co-located to the existing Children's Ward, improving clinical links between the two areas and allowing nursing teams to work across both, ultimately enhancing the care for younger patients.

Thanks to the investment, the new clinic space will also have cutting edge facilities and boast improved changing rooms for those patients who need extra assistance and equipment when getting in and out of clothing.

As part of a continued commitment to improving services for younger patients, the Trust will also be working with Sheffield Children's Hospital, developing pathways of



Eki Emovon, Children & Families Care Group Director

care to ensure that children and parents can access the right services when they need to.

Eki Emovon, Children & Families Care Group Director, said: "This investment will provide a significant improvement for our younger patients and reaffirms our commitment, as a Trust, to delivering high quality services for the people of Worksop.

"By creating a separate space, we hope to provide a better environment for our patients, as well as enhancing care across both inpatient and outpatient areas, developing our nursing teams so that they work efficiently and effectively across the two services."



Mike Pinkerton; presenting Star Award to Sarah Chapman

Mike's stepping down

After four years as our leader, Mike Pinkerton will be stepping down from his role as Chief Executive in the New Year.

Mike, who lives in Retford, is leaving the Trust to spend more time with his young family.

A former director of Bassetlaw Hospital & Community Services NHS Trust, Mike became Director of Strategic Development when the organisation transitioned into, what was then, the new Doncaster and Bassetlaw Hospitals NHS Trust in 2001. He left in February 2004 when the Trust had secured approval to become one of the first foundation trusts in the country.

After a period working as Quality Director (North) for the National Cancer Peer Review programme and The Rotherham NHS Foundation Trust, he rejoined us in June 2012 as Director of Transformation and then Acting Chief Executive, before being appointed as Chief Executive in November 2012.

Mike said: "It has been an extraordinary privilege to serve the people of Doncaster and Bassetlaw and this role has undoubtedly been the pinnacle of my career within the NHS."

"I want to thank the amazing team we have at DBH for everything they do and while it has been a difficult decision to step down, I am heartened to know that the Trust is in safe hands and we are ready to play a key role in the development of services in South Yorkshire and Bassetlaw."

Chris Scholey, Trust Chair, said: "Mike is a talented manager and I am saddened but understand and respect his decision.

"I have particularly enjoyed working alongside him, his open style, knowledge and experience of the NHS, and I find his total commitment to patients and staff has been both refreshing and motivating.

"During the last year, Mike and his team have worked tirelessly to set the Trust on the road to recovery, whilst ensuring that the Trust's quality measures are regularly in the top 20 per cent of the country."



Pictured with staff and building contractor is Fiona Littlewood, General Manager, Children & Families Care Group and Diagnostics; and Mike Pinkerton, Chief Executive as construction begins

Unique skin care regime wins specialist honour

A team that specialises in protecting patients from pressure ulcers has won first place at the Tissue Viability Society's 2016 conference for a unique skin care routine that counteracts the effects of skin damage.

Our Skin Integrity Nurses beat other worthy contenders for carrying out research to improve the treatment of patients with low grade pressure ulcers and incontinence associated dermatitis (IAD). The team were praised for the genuine education and learning value that their research provided to other health professionals and the enhanced quality of care for patients.

The skin integrity nurses explored the development of a new single skin care regime for both superficial pressure ulcers and incontinence associated dermatitis. They reviewed and assessed the effectiveness of several skin care products in use on the wards and designed a quick and easy way for staff to cleanse, protect and restore the skin for both conditions.

They road tested the new routine for three months with results showing a 26 per cent reduction in low grade pressure ulcers and IAD in 31 patients and by a further 10 per cent in 28 patients.

The team's award success frames the Trust's commitment to reducing pressure sores for its patients.



(l-r): Tracy Vernon, Skin Integrity Lead Nurse and Louise Wall, Skin Integrity Nurse

Male, aged 65 or over? Feeling good?

Did you know that Abdominal Aortic Aneurysm (AAA) is a symptomless condition which, if undetected, can be fatal?

- A quick free scan for older men can detect AAAs and save lives
- For more information, visit our website aaa.dbh.nhs.uk, call the screening team on 01709 649100 or email dbh-tr.dbhaaa@nhs.net



DBH Local Freedom to Speak Up Guardians (l-r): George Webb, Public Governor; Roy Underwood, Staff Governor; Lynn Goy, Staff Governor; Mr Jayant Dugar, Local Guardian for safe working for junior doctors; Utpal Barua, Public Governor; and Lorraine Robinson, Staff Governor

Introducing your *Local Freedom to Speak Up Guardians*

Our first local Freedom to Speak Up Guardians are helping to support staff to raise issues and concerns about patient safety.



The guardians will support the organisation to become a more open place to work, where all staff feel confident to speak up about patient care at all times.

Made up of the Trust's public and staff governors as well as a doctor, the guardians will work alongside the organisation's leadership teams to elevate the profile of raising concerns.

"AS LOCAL GUARDIANS WE ARE HERE FOR ANYONE WHO HAS A SERIOUS CONCERN."

Lynn Goy, Lead Guardian and Staff Governor for nurses and midwives at the Trust, said: "As local guardians we are here for anyone who has a serious concern. We are asking staff to get in touch if they see anything wrong and we will guide them through the process to ensure it is brought to the attention of the relevant people.

"Listening to members of team DBH and helping them raise concerns is important in ensuring that our patients have a good and, importantly, safe experience and is another aspect of ensuring we offer the best quality care."

The health service is keen to make sure that any concerns that staff, patients and the public have are acted on in the interests of better patient care.

Following the recommendations of Sir Robert Francis QC's independent Freedom to Speak Up review, all NHS trusts are nominating local freedom to speak up guardians to create a more open and honest reporting culture in the NHS. The Trust's new guardians will add to the growing network of NHS Guardians.

The guardians are asking people that if they see something's wrong, to do what's right and speak up. The Trust's local guardians can be contacted on 01302 644300.

An update on our financial position from Turnaround Director Dawn Jarvis

As we pass the half-way point in the financial year, I thought it would be a good time to give you an update on Turnaround, this is what we call the financial recovery process that the Trust is currently going through.

As the Trust's Turnaround Director, it's my responsibility to lead our Strategy and Improvement team to ensure we hit savings targets set out in our plan. I'm pleased to say, given the position we found ourselves in late last year, we have made very substantial progress as a Trust in little under 12 months.

Everyone's hard work and dedication to our financial recovery has been humbling, and when placed alongside the maintenance, and in many cases the improvement of our quality, safety and performance, it's been a great achievement.

I would say that this transformation has been surprising, but knowing the people of this Trust as I do, it comes as no shock that our staff have rallied around and it really highlights just how amazing and dedicated members of Team DBH are.

Recently we reforecast our year-end position down from a planned deficit of £27.1m to better than £20m and we hope to improve on that. While this still represents a huge challenge and assumes we will carry on delivering the savings

we need, and also maintain our current performance, it's a good indicator of how far we have come.



Dawn Jarvis,
Turnaround Director

In terms of money we have saved, up to the end of September we have delivered £4.581m against a target of £3.668m. This represents an overachievement of savings of £913k which will help us get to our overall goal of £11m. However, it's still very much all hands on deck to ensure we deliver on our targets as set by our regulator, NHS Improvement.

I know that quoting a lot of numbers can seem quite abstract and hard to understand in terms what it means for everyone in Doncaster and Bassetlaw. However I want reaffirm the Trust's commitment to offering the best quality care for our patients.

Since entering a period of recovery in November last year, the support we have received from the communities we serve and our partners in health and social care has been overwhelming, and I know that with hard work we'll get back to full strength as a Trust.

Although not there yet, this past 11 months show that we are at least on the road to recovery, if not at our final destination.



Philip with Matthew

Who's the Governor?

We caught up with Philip Beavers to find out more about him and what it's like being a Doncaster Public Governor.

Philip, why did you become a governor?

A little over a year ago I sold my business, stepped down as Chair of the Doncaster Bench and suddenly found myself with lots of spare time on my hands. I started to look around for something new to occupy my mind and came across the governor vacancies at my local hospital.

Was the governor role what you expected?

At my governor induction Chris Scholey, Trust Chair, explained that a steep learning curve was ahead – how right he was. There was much to learn, the NHS language, raft of new acronyms and a set of procedures specifically for foundation trusts. This behind me, YES, the role is what I expected. An organisation employing over 6,000 people and many volunteers, whose common aim is the care of our patients.

There are many significant challenges currently facing the Trust, not least the recovery from the financial imbalance, which you will have read about, and the impact on front line services in light of ongoing austerity measures. I'm pleased to be a part of the 'can do' culture which is clearly at the forefront of the Trust's journey of continued and sustainable improvement.

What makes you tick, hobbies, interests?

When I am not being Magistrate in Doncaster, a Judge in the Single Family Court, independent person for Doncaster under the Localism Act, and your public governor, I enjoy walking and visiting many of the UK's historic landmarks which make Britain unique. Last, but certainly not least, I enjoy being with new arrival, Matthew, my first grandchild, who has very well developed lungs... believe me.



At Stonehenge

Interview with *Chris Scholey* outgoing Chair

At the end of December, Chris Scholey will retire from the role of Trust Chair, a position he has held for the last eight years.

Chris, who has overseen improvements in the quality of care for patients, talks about his time at the helm and his future plans.

How do you feel about retiring as Trust Chair?

As a non-executive director its good governance to have a time limited role and eight years is long enough. I've really enjoyed being Chair of DBH, and will miss the role particularly as financial turnaround is well under way and it's going to be an interesting few years working with other health organisations across the region.

If you were to do it again is there anything you would change?

With the benefit of hindsight there are always things you feel you could have done better.

Apart from keeping a much closer eye on finance in the last few years, the general focus has been in the right place. Coming to the Trust with my background, I think it would be mostly about the speed of change, I would have liked to have seen change quicker and possibly more progress in IT.

What are your proudest achievements during your term of office?

Achievement is not personal in that sense; it's much more about team effort. Looking back as to what's different from when I joined the Trust, it's clearly the quality agenda. DBH is acknowledged as being in the top 20 per cent

of quality providers. As a leader the best thing you can do is empower people and watch them achieve more than they thought they could. There are many examples of where this has happened. The important thing is to leave a place better than you found it. I feel reasonably confident that I have made a modest contribution.

What will you remember the most from your time at DBH?

The very talented, committed and hardworking people. They've really impressed me, throughout all levels and areas of the Trust. Anyone who's attended the awards ceremonies couldn't fail to be impressed with the team spirit that exists today.

Is there anything you would like to say to staff?

Without a doubt I'd like to thank them for the great job they are doing and in particular for the fantastic support they have given me. I've been fortunate to work closely with many of them on specific projects to raise the profile at board level. I would also like to include governors, who have been on this journey with me, for their help and support. I would urge staff to continue the process of continuous improvement. There's still much that can be done to reduce variability and deliver better healthcare for patients.

Looking forward to your future, what next for Chris Scholey?

I am on the board of Sheffield City Region Local Enterprise Partnership and have just been asked to help elevate the profile of our local airport and attract more investment opportunities. This is something that I am very passionate about, 12 years ago I helped to get the airport 'off the ground'. On a more personal note my seven grandchildren keep me very busy and I enjoy spending time with them. Of course a bit more golf wouldn't go a miss, so overall I don't think I'll be bored.



Chris Scholey, Trust Chair

Keeping you in touch by email, Twitter and Facebook

To receive this e-magazine and other relevant news and information by email, just pass your email address to the Foundation Trust Office on foundation.office@dbh.nhs.uk.

Follow us on Twitter @DBH_NHSFT and find us on Facebook for all our news and other interesting updates.



Raising the awareness of fraud this November

Fraud Awareness Month is a NHS event which is held in November each year so that it coincides with International Fraud Week (13-19 November).

Together these events give the NHS the opportunity to raise awareness of fraud and to show people that they have a crucial part to play in preventing it.

Our Counter Fraud Specialist Mark Bishop will be promoting anti-fraud messages to staff, as well as patients and the public who use the health service.

Mark said: "The key messages are that we will not tolerate any type of fraud against the NHS and take all allegations of fraud very seriously.

We will investigate and, where appropriate, seek prosecution. We should all understand that NHS fraud is not a victimless crime because the loss of resources ultimately affects patient care. Everyone has a part to play in stopping fraudsters from stealing valuable NHS resources."

Fraud in the NHS takes many forms, some examples include patients and the public getting free prescriptions when not entitled. Other frauds can be committed by contractors and suppliers who may charge for higher quality items than those provided, healthcare professionals who may claim for treatment not provided and staff who could be working elsewhere while off sick.

Mark Bishop,
Counter Fraud
Specialist



If you think fraud is taking place, ring the free confidential NHS Fraud & Corruption Reporting line on 0800 028 4060 or go to www.reportnhsfraud.nhs.uk

Asking staff to have their say

It's the time of year when the NHS asks its staff what they think of the organisation they work for.

The survey gives every one of our staff the opportunity to have their say in complete confidence. Questions include the things that affect them at work, such as their role, support from managers, job satisfaction and work life balance. It's a chance to tell us what's going well, not so well and where the Trust needs to improve. Don't miss out; the responses really do help to make a difference.

Is the survey confidential?

Yes, it is strictly confidential. The email is sent direct from Picker, the survey provider, and not the Trust. No one at the Trust can identify individual responses. Some staff think the Trust can see individual responses, this is **NOT** the case.

Why does the questionnaire need an identification number and barcode?

The survey provider Picker assigns each eligible staff member with a unique identifying number. These numbers are **only** used to send reminders to those who haven't completed the survey. **The numbers cannot be used to track individual survey responses, and Picker does not supply information identifying individuals to the Trust.**

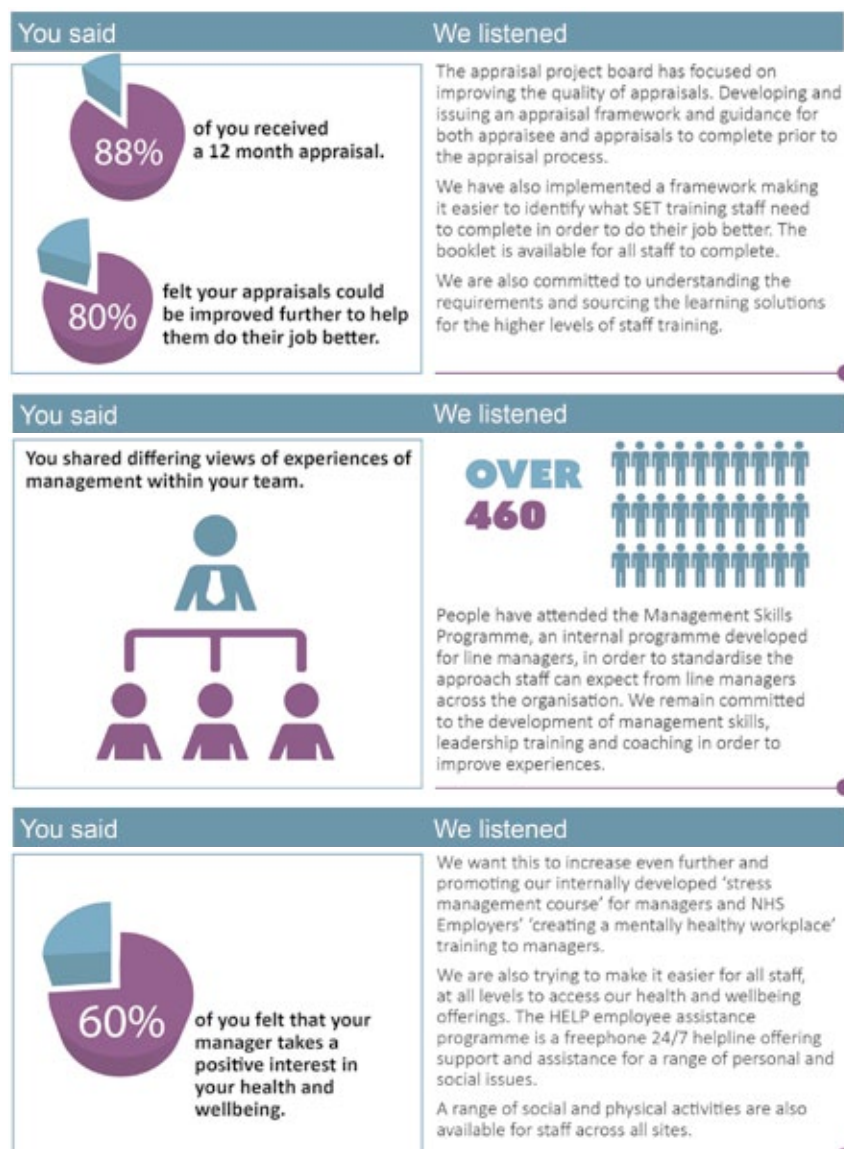
Once all the results are collated all staff details are deleted from their systems.



Where can I find further information?

For more information on the national NHS Staff Survey go to: <http://www.nhsstaffsurveys.com>

Here's what you told us in the 2015 Staff Survey:



R&D putting DBH on

Since introducing a Research and Development strategy three years ago the Trust has strength to strength.

It is one of the only non-teaching hospital Trusts regionally to achieve continuous improvements in research recruitment.

As research helps to provide more treatment options for patients to choose from there is no wonder that 97 per cent of the public believe that it is important to support research in healthcare. In addition to benefits to patients' participation in research also helps to increase skills, knowledge and opportunities for our clinical staff as well as generating extra income streams which can help to support further patient care activities.

Leading the way

As the winner of this year's Researcher of the Year DBH STAR award, there is no question that Consultant Rheumatologist, Dr Chee-Seng Yee's commitment to clinical research has made a huge impact on the Trust's research programme, bringing huge benefits to patients across Doncaster and Bassetlaw.

“OUR AIM IS TO INCREASE THE DEPTH AND THE BREADTH OF RESEARCH ACROSS ALL OUR AREAS IN THE HOSPITAL.”

This year alone in rheumatology three commercial trials have been opened, two of which are in developing new treatment options for patients with Ankylosing Spondylosis (AS) – a long term condition in which the spine and other areas of the body become inflamed which often develops in teenagers and young adults. Dr Yee's thorough knowledge of his patient group and ability to quickly identify eligible patients who he feels would qualify and benefit from participating in a research study is also one of the main reasons why here at DBH we successfully recruited the first patient in the world into one of the AS trials.

The third commercial study trials a new treatment for patients with Lupus (an autoimmune disease in which the body's immune system mistakenly attacks healthy tissue in many parts of the body) and has seen the Trust recruit the first patient outside of the United States into the trial. A remarkable achievement on its own, we remain the only site in the UK to have successfully recruited to the study since it opened a year ago. This is evidence of Dr Yee's commitment to always considering and providing research as an alternative treatment option to all of his patients.



Dr Yee, wins Researcher of the Year Award at DBH Star Awards hosted by Look North's Harry Gration

Emma Hannaford, Research and Development Manager at DBH said: “Our aim is to increase the depth and the breadth of research across all our areas in the hospital, giving every single patient who comes in to the Trust an opportunity to be involved in research.

“DR YEE'S ENTHUSIASM FOR SUPPORTING IMPROVEMENTS IN RHEUMATOLOGY TREATMENTS IS INFECTIOUS AND IMPACTS POSITIVELY ON THE WHOLE CLINICAL TEAM.”

“Dr Yee's enthusiasm for supporting improvements in rheumatology treatments is infectious and impacts positively on the whole clinical team, which means in rheumatology that vision is being realised and every patient has the opportunity to be involved in research in some way.”

There has also been national recognition for Dr Yee's contribution and commitment to research. This year he was one of just 100 Principal Investigators nationally, receiving a personal invitation from Dame Sally Davis, Chief Medical Officer for England to an event by the National Institute for Health Research (NIHR) formally recognising personal contribution to research.

Getting involved in research studies

As an Orthopaedic Physiotherapy Practitioner, Craig Chambers works in a very busy department of the Trust.

The service receives patients (both old and young) referred to them by their local GPs with a range of musculoskeletal problems. In the service Craig and his physiotherapy colleagues advise patients on appropriate treatments for their pain which may include injections, splints, surgery or physiotherapy.

He said: “In musculoskeletal services a lot of what people come to us for is a pain complaint. I have always been interested in how people's perception of their problem and their pain actually affects their outcome.” He explains: “I may see two patients for osteoarthritis, one of those patients may be very cautious, limiting any activities that would cause exertion because they fear that their knee is wearing away and it will therefore significantly limit their daily life. Another patient with exactly the same condition may walk a couple of miles every day, and although it may cause a bit of pain after the walk, they chose to go about their normal life. When I see them both next and x-ray their knee the condition of their knees might be exactly the same, despite the different perceptions.”

n the map

s seen its programme of research go from

In 2015/16 at DBH...

- ... more than 20 specialty areas were involved in clinical research
- ... 1,068 patients were recruited to NIHR studies
- ... 108 patients were recruited onto commercial studies
- ... the first patient in Europe was recruited for one study
- ... the first patient worldwide was recruited for two studies.

It was this idea, and an email from his line-manager highlighting an opportunity, that led Craig to apply for and successfully be accepted on a new clinical fellowship PhD programme run by Sheffield Hallam University. The five year programme's tuition fees are covered by the university, providing DBH supports Craig to dedicate one day per week towards the study.

HIS RESEARCH MANTRA IS "IF YOU CAN'T EXPLAIN IT TO YOUR GRANDMA THEN YOU PROBABLY DON'T UNDERSTAND IT YOURSELF."

Craig admits that the application process was quite intense, due to some tight timescales and having to submit his proposal from a café in France while on holiday (because there was no internet connection where he was staying). However, the opportunity to make a difference to patients in an increasingly busy area of healthcare was too good to miss.

Starting his PhD in October, Craig will begin a systematic review to establish the precise question for the study. However, Craig is certain that the idea will be easy to understand as his research mantra is "If you can't explain it to your grandma then you probably don't understand it yourself."



Craig Chambers, Orthopaedic
Physiotherapy Practitioner and
patient Mrs Pat Hawcock



Becoming Doncaster and Bassetlaw Teaching Hospital NHS FT

We are proposing a change to the status of the Trust to become a Teaching Hospital.

We have been an Associate Teaching Hospital of the University of Sheffield and an Associate College of Sheffield Hallam University since 2004, however, we have recently received official confirmation of support from both universities, enabling us to take this next step forward.

Whilst achieving this status is recognition of the outstanding progress we have made in providing high quality education and training, it will, more significantly, be of great benefit for the communities we serve.

Becoming a teaching hospital will help us to further improve local training, enabling South Yorkshire and Bassetlaw to retain a larger proportion of students within Yorkshire and Humber as part of our future workforce. Furthermore it will increase the research capacity with populations in South Yorkshire and Bassetlaw, drawing in future research activity and delivering immediate patient benefit.

Our partnership with Sheffield Teaching Hospitals (STH) is very important to us. As an organisation, we believe this development is complementary to the key role that STH plays as the regional centre of research and development, innovation and in the provision of Specialist Services.

As part of the process, from Monday 14 November until Sunday 11 December we will consult with you and our other key partners about the change of name to the organisation to ensure it is clear and understandable.

The proposal is to change from *Doncaster and Bassetlaw Hospitals NHS Foundation Trust* to **Doncaster and Bassetlaw Teaching Hospitals NHS Foundation Trust** – the addition of 'Teaching' being the only change to our name. There will be no change to the names of individual hospitals in the Trust.

We want your views on the change of name, to ensure it is clear and understandable, please send your comments and views by Sunday 11 December to:

Maryanne Wylde,
The Education Centre,
Doncaster and Bassetlaw Hospitals NHS Foundation Trust,
Doncaster Royal Infirmary,
Thorne Road, DN2 5LT

Alternatively, email Maryanne.wylde@dbh.nhs.uk

Celebrating our Stars: DBH Awards



Our shining Stars

Our annual awards night in September celebrated our shining stars, from our doctors, nurses to our office and support staff, all going that extra mile for our patients.

The event, held at Keepmoat Stadium in Doncaster and hosted by Look North's Harry Gration, recognised some of the fantastic work that our staff and volunteers have done over the last year.

There were 12 awards to present on the night, each recognising something wonderful our staff have done to make sure we give the best possible care to our patients.

The awards were organised by our local newspapers, the Doncaster Free Press, Worksop Guardian and South Yorkshire Times.

DBH Stars is our Staff Awards & Recognition Scheme. Any member of staff or any patient who has received care at the Trust can nominate someone who they think deserves recognition. This doesn't have to be a clinical

member of staff. If you've spoken with admin or support staff who have been particularly helpful they can also be nominated.

If you've experienced great care and would like to nominate a team or an individual for a Star Award, please pick up a nomination form from the ward or department and let us know.

And the winners are ...

Volunteer of the Year: Barrie Smith, Volunteer at Bassetlaw Hospital

Most Caring Person: Natalie Yaw, Children's Ward Nurse

Leader of the Year: Howard Briggs, Clinical Physiologist Manager

Unsung Hero of the Year: Julie Taylor, PA

Improvement Ward: Neil Irvine, Physiotherapist

Educator the Year: Kelly Turkhud, Education Lead

Learner of the Year: Patricia Glowa, Clinical Support Worker

Researcher of the Year: Dr Chee-Seng Yee, Consultant Rheumatologist

Innovator of the Year:

Dr Vicky Barradell, Consultant

Individual Star of the Year: Sarah Chapman, Staff Nurse

Team of the Year: Stroke Unit staff

Chairman's Award: Medical Imaging staff.

Thank you to the organisations that sponsored the awards:

- NHS Professionals
- Holt Doctors
- Sheffield Hallam University
- PSL Print Management
- Kingsgate & Dearden HR
- The University of Sheffield
- The Sheffield College
- Arcomedical
- Patterson Medical
- Genesis Automation
- Capsticks
- Lakeside Village
- Managers in Partnership.



A big thank you to DCDT

Over the years the Doncaster Cancer Detection Trust (DCDT), a charity founded by Jeanette Fish MBE, have amazed and surprised us with their generous donations of various items of specialist equipment.

In 2011, with the kindness of thousands of local people, they raised a staggering £400,000 in their Scan for Life appeal, sponsored by Doncaster Free Press, to buy a

CT scanner and monitoring equipment for Doncaster Royal Infirmary.

They have also donated a bronchoscope, laser and gamma camera.

The DCDT are now fund raising for a second cancer scanner at Doncaster Royal Infirmary. To find out more about their work and how they have benefitted local people please telephone them on 07950 798885 or go to their website at <https://dcdt.co.uk/>

Opening of the CT scanner in February 2012 (l-r): DCDT's Jeanette Fish MBE, Rev Robert Fitzharris, DCDT Chair, and Chris Scholey, Trust Chair

Matthew
Fletcher



Insight

Name: Matthew Fletcher.

Job title: Nurse Practitioner,
Bassetlaw Hospital.

Favourite holiday destination:
Kenya on safari, there's no better place
in the world.

Favourite restaurant:
My wife would say McDonalds but I
would say TGI Fridays.

Who makes you laugh?
My little lad Zak comes out with the
funniest things, close second is my
best mate Damo – we've been in
some situations.

**Inviting five famous people to dinner,
who would you choose?**
Chris Waddle, Sheffield Wednesday
legend; Ant and Dec; Derren Brown,
fascinating to see how he does it and
Brain Clough, just for the stories.

**Most memorable moment in
your career:**
Meeting a patient that came back to
see me after we were successful with
CPR, and seeing the recovery of a long
term patient from his liver transplant
makes it worthwhile.

Ideal weekend:
At the top of the Alps with a cold beer
waiting at the bottom.

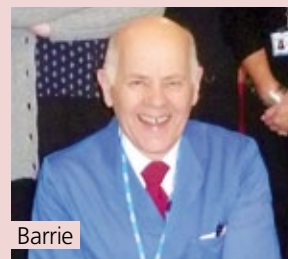
Favourite music track/artist:
Favourite artist would be Arctic Monkeys
although my favourite track is *The
Everlasting* by Manic Street Preachers,
many memories attached to that.

Favourite book/author:
Has to be *Kes*, I read it in school and now
I know it off by heart.

**Stranded on a desert island, with one/
two people who would you choose?**
Michelle Keegan and Gino D'Acampo, you
always need a chef.

Three words you think describe you
Funny, courageous, understanding.

Meet Barrie our *Volunteer* of the Year



Barrie

Our 2016 Volunteer of the Year
Barrie Smith has certainly made a big
impact on both patients and staff at
Bassetlaw Hospital.

You may have seen him in the Medical
Day Unit or in Outpatients and perhaps
experienced his welcoming style. We caught
up with him recently to find out a bit more:

**Why did you decide to become a
volunteer at your local hospital?**

When I retired I didn't want to come to a full
stop. I needed something to give structure to
my week but without the responsibility of a
paid job. I choose Bassetlaw Hospital for two
reasons, the first as a child I was one of the
NHS's first patients, an accident in the summer
of 1948 resulted in me being admitted for

four and a half years and I thought it would
be nice to give something back. The second
reason was the hospital is only a 15 minute
walk from home.

**What difference has volunteering made
to your life?**

The social contact you have when you're at
work disappears when you retire but since
joining the Trust I have made a whole new
group of friends and we often go out and
socialise. Since being at Bassetlaw I often see
people that I haven't seen in years. I recently
bumped into an old school friend who I've not
seen since my teenage years. Also my friends
and I are at that age when hospitals become
our second home.

Have you made many friends?

Lots and I hope that when the day comes
that I retire from my volunteering role that we
all still keep in touch.

**How did you feel when you heard you
had been nominated at the Star Awards?**

Amazed and very honoured to think someone
had thought enough of what I do to
nominate me.

**What would you say to anyone out
there who is thinking about becoming
a volunteer?**

Don't waste time thinking, get on and do it.
You'll be helping a great bunch of people who
will appreciate and welcome whatever skills
you bring to the area you chose to work in.

If you are interested in becoming a
volunteer at your local hospital please ring
01302 644403.



Stay well this winter



Here are some things to do now to help
you stay well over the winter.

- **Make sure you get your flu jab**

Are you pregnant, a parent of young
children between two and four years old,
have a long term condition like asthma;
aged 65 and over, or a carer? It's very
important to get vaccinated against flu to
protect yourself, your unborn baby and
vulnerable family and friends. It's an easy
way to keep well this winter and you get it
free from your GP and selected pharmacies.

- **Wash your hands regularly**

It is the time of the year when norovirus
the winter vomiting bug, becomes more
active. The infection can spread quickly in
close-knit areas such as hospitals, schools,
nursing and residential homes. It is very
contagious and can be spread through

contact with an infected person, by eating
or drinking contaminated food or water,
or by contact with contaminated surfaces
or objects. Washing your hands regularly
is very successful in protecting against the
virus especially before meals and after
visiting the toilet.

Although very unpleasant, norovirus
usually clears up in one or two days and
most people can care for themselves with
paracetamol and plenty of fluids. Symptoms
include the sudden onset of projectile
vomiting, watery diarrhoea, and some
people may also experience headaches, mild
temperature and stomach cramps.

Please remember if you have cold or flu
symptoms, vomiting or diarrhoea do not visit
hospital and wait at least 48 hours after being
symptom free to help keep patients safe.



Garry taking a photo of his grandad

Garry's half-century

On 1 November Trust Archivist Garry Swann clocked up 50 years' service with the Trust.

After training as a medical photographer at the United Sheffield Hospitals, in 1966 Garry was appointed to set up Doncaster Royal Infirmary's first Department of Medical Photography. The work then was almost entirely medical photography and lecture slide making. In time the department extended its scope to include graphic design and typography services, with public relations photography playing an ever-growing part. The department has won numerous awards for its work.

Garry's interest in the history of Doncaster Royal Infirmary (DRI) began within a few years of his appointment, and has continued unabated ever since. In 1973 his book *The Doncaster Royal Infirmary 1792 – 1972* was published. His collections of photographs, documents and other memorabilia have grown steadily over the years and have been the subject of several exhibitions, including the permanent displays on the walls of the hospital.

On his retirement as Head of Medical Photography and Graphic Design in May 2006, Garry was invited by the then Trust Chairman Margaret Cox and Chief Executive Nigel Clifton to take on the role of Honorary Archivist to the Trust. He now spends his time collating and cataloguing the many hundreds of items within the archive and dealing with enquiries on historical matters relating to the Trust, while always being on the look-out for new additions. As the Trust has grown, his interest has extended to include Montagu, Bassetlaw and Retford Hospitals. He writes a regular column for *Foundations for Health*, and frequently gives talks to local groups on the history of DRI.

Facing up to cancer

Here's a personal blog from our Senior Communications and Engagement Officer, Katie Storer, sharing her own experience of breast cancer.



If you're aged between 50 to 70 years, you'll get a breast screening appointment falling onto your doormat once every three years.

Worryingly, it seems as though fewer and fewer women are taking up their appointments. And this isn't just happening locally, but nationally too.

At the age of 15, my life changed in the blink of an eye. I was told that my mum, my best friend in the whole world, had terminal breast cancer. She was going to die and there was nothing anybody could do.

I remember the day like it was yesterday, mum had been admitted into hospital with respiratory problems and had been undergoing tests. This was her seventh day in hospital and I didn't really understand at the time what was happening. I went along with Dad for our daily visit and jumped into the hospital bed with mum.

After a short while, a nurse took dad and me into a small office and began to tell us that mum was very poorly and that the medication had failed to work. Unfortunately there was nothing else they could do, she was going to die.

Why my mum? Why me? This is all I could think. I couldn't understand the unfairness of it and my head was spinning. You never

imagine that it will happen to you. Never. Not in a million years. Sadly, on 15 January 2003 my mum passed away, exactly two weeks after being admitted into hospital. She was diagnosed with breast cancer and secondary lung cancer.

13 years later, I'm a mother to a beautiful little girl and employed by Doncaster and

Bassetlaw Hospitals to promote Breast Screening across South Yorkshire and Bassetlaw. It's my passion to help encourage women attend their breast screening appointments so that families won't have to go through the same heartache I went through at such a young age.

Getting checked out shouldn't be a scary or daunting process. Advancements in screening over the past few years have meant we're catching people earlier and earlier and in the process giving them

a fighting chance.

I miss my mum terribly and there isn't a day where I don't think about her. If you take one thing from my story it'll be that you'll pick up that screening letter and book your appointment, just to make sure.

We need to face up to cancer if we want to win this battle.

Katie Storer

Senior Communications & Engagement Officer



Katie Storer

Sign up for membership

Keep up to date with the latest news about your local hospitals by becoming a member.

It's completely free and what's more you can elect governors or even stand for election yourself. As a member we really value your experiences, views and opinions about how your hospitals are run and how you'd like to see services develop in the future.

You need to be 16 years and over; be a resident of Bassetlaw District Council or Doncaster Metropolitan Borough Council; or have used the services we provide. To learn more and to apply for membership, please go to www.dbh.nhs.uk and search for the online membership form.

Member Event

Governors have agreed to hold the next member event in February/March 2017. At the time of writing details are being confirmed. If you're a member and would like to attend or are interested in finding out more about member events please contact Matthew Kane on 01302 644157 or email matthew.kane@dbh.nhs.uk.

2017 Governor Elections

Next year, we will be seeking governors in six constituencies:

- Two Bassetlaw Public Governors
- Two Doncaster Public Governors
- Two Rest of England and Wales Governors
- One Staff Governor, Non-clinical
- One Staff Governor, Nurses and Midwives
- One Staff Governor, Other Healthcare Professionals.

Successful candidates will take up their roles in June, with the exception of the staff governor for other healthcare professionals which will be in October.

If you're interested in putting yourself forward as a governor and want to know more about the role please contact

Matthew Kane on 01302 644157 or email matthew.kane@dbh.nhs.uk.

Governors play a key role in setting the Trust's strategic direction and representing the views of patients, residents, staff and partner organisations. You don't need any special skills or qualifications, just enthusiasm and an interest in representing people's views on local healthcare matters.

In addition to the Annual Members' Meeting, governors attend Board of Governors' meetings four times a year and there are also quarterly learning and development sessions known as 'timeouts'.

A governor's term of office is three years and they are eligible to seek re-election after their initial term.

Governor Update

Dennis Benfold has stepped down after three years as a Governor for Doncaster. He has been replaced by Anwar-ul-haq Choudhry who has been appointed without the need for an election having contested the constituency in April.

Staff governor Andrew Swift has also recently stepped down. The Board of Governors would like to thank Dennis and Andrew for their work.

Board of Governors

Governors met on 21 September 2016, following the Annual Members' Meeting, to consider updates from each of the executive directors, Board of Directors' meetings and their own governor sub-committees.

Alan Armstrong was reappointed as Non-Executive Director for a further two years and designated Senior Independent Director (or SID), replacing Geraldine Broderick, who left the Trust in July. The SID has a key role as someone who people can go to raise issues if things are not quite right.

Governors also appointed Ernst & Young as the Trust's new external auditors following a competitive process.

Board of Directors' meetings 2016

The Trust's executive and non-executive team (Board of Directors) meet in public at 9.00am. The dates for meetings during the rest of 2016 are:

Tuesday 29 November, Boardroom, Bassetlaw Hospital

Tuesday 20 December, Boardroom, Montagu Hospital.

Governors represent your views. If you'd like to contact your governors please get in touch with the Foundation Trust Office on 01302 644158 or email foundation.office@dbh.nhs.uk.

Board of Governors' meetings 2017

Board of Governors meetings are held in public at 6.00pm on the following dates:

Tuesday 31 January, Education Centre, Doncaster Royal Infirmary

Thursday 27 April, Education Centre, Bassetlaw Hospital

Thursday 27 July, Education Centre, Doncaster Royal Infirmary

Thursday 26 October, Education Centre, Doncaster Royal Infirmary.

The Annual Members' Meeting will start at 4.00pm, Wednesday 20 September 2017 (venue to be confirmed).

Sub-committee summary

Sub-committees are a way in which governors can look at issues in more depth.

Since the August issue of *Foundations for Health*, the Health and Care of Young People Sub-committee met to discuss staffing levels in Children and Families Care Group. The Health and Care of Adults Sub-committee assessed a new digital approach to collecting ward data while the Communications, Engagement and Membership Sub-committee agreed details of the next member event.

The 'Timeout' held in September focused on internal audit, Sustainability and Transformation Plans, the Turnaround programme and medical imaging. Governors also met representatives of the Trust's external regulator, NHS Improvement, carried out surveys at Bassetlaw Hospital and attended ward walkabouts and school careers fairs.

Doncaster Public Governors



Michael Addenbrooke 1



Philip Beavers 2



Shelley Brailsford 3



Anwar Choudhry 4



Dev Das 5



Eddie Dobbs 6



Nicola Hogarth 7



Beverley Marshall 8



Brenda Maslen 9



John Plant 10



Patricia Ricketts 11



George Webb 12

Bassetlaw Public Governors



Dr Utpal Barua 14



Hazel Brand 15



Peter Husselbee 16



Susan Overend 17

Staff Governors

Medical & Dental



Dr Vivek Desai

Other Professional



Shahida Khalele

Nurses & Midwives



Lynn Goy

Nurses & Midwives



Lorraine Robinson

Non-Clinical



Vacancy

Rest of England & Wales

Membership of our Trust is free and is open to anyone aged 16 and over. The Board of Governors represents members' views and their constituents. To learn more about becoming a member or governor please contact the Foundation Trust office on 01302 644158 or foundation.office@dbh.nhs.uk



David Cuckson



Vacancy



Maureen Young

13



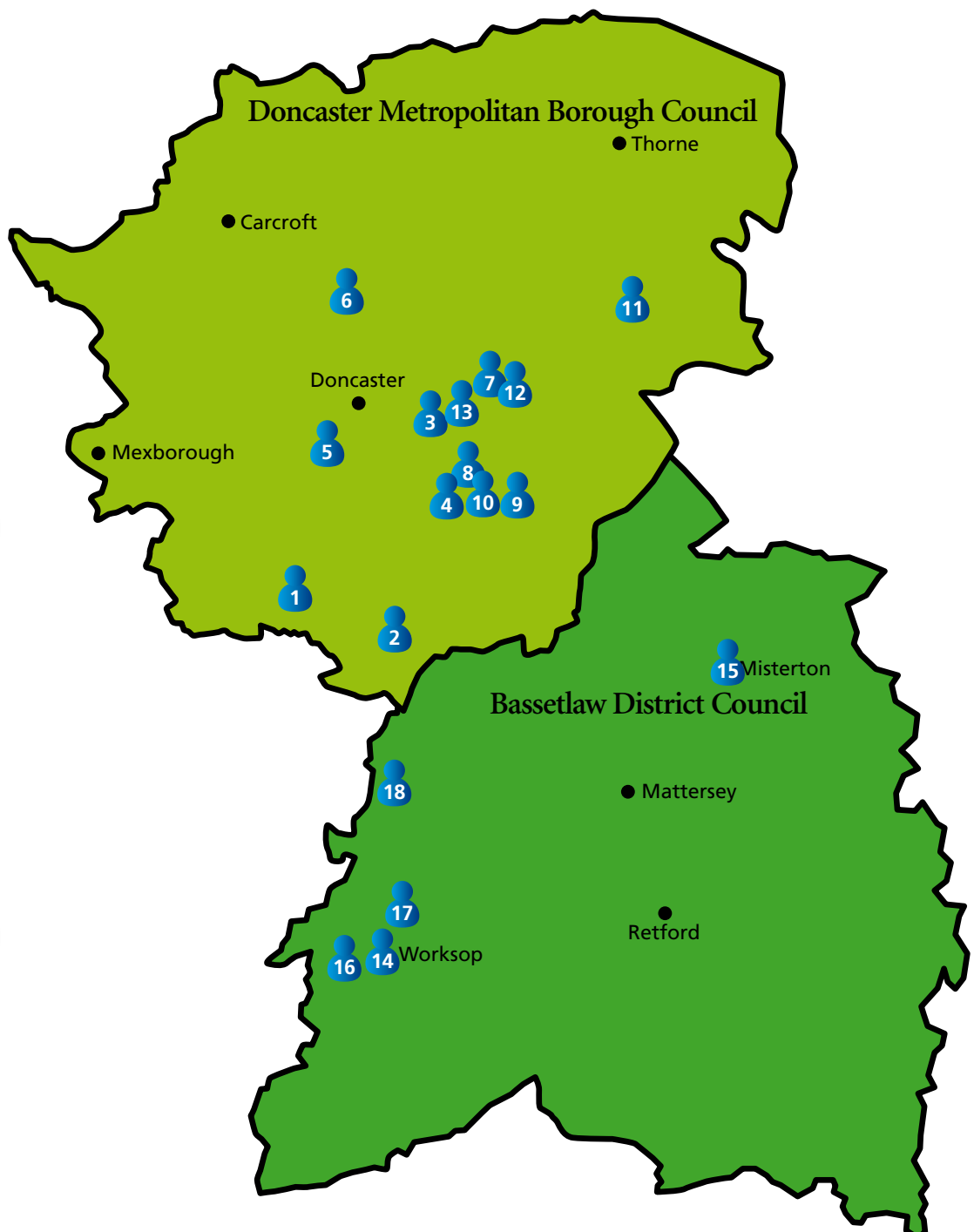
Denise Strydom

18

Non-Clinical



Roy Underwood



Foundations *for* Health

Ninety years ago, on 12 October 1926, HRH Edward, Prince of Wales, laid the foundation stone of Doncaster's new infirmary on Thorne Road. Oddly, the stone was not incorporated into the building until some 50 years later. Under a protective housing it stood forlornly at a spot near the present flagpole until the construction work of the 1960s caused it to be moved into storage. In the 1970s it was set in brickwork adjacent to the Fracture Clinic entrance, where it can still be found.



Edward, Prince of Wales

Montagu Hospital boasts no fewer than 16 foundation stones, all set on 26 July 1924 in the brickwork of the new extension facing Cemetery Road. Most of these were laid by representatives of local collieries and railway companies, these being major sources of income. There appears to be no stone for the original Adwick

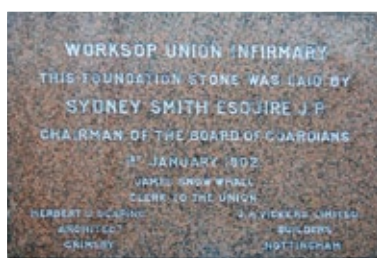


Montagu

Road building of 1904, though the doorway of the building bears that date. When this doorway was being renovated in 2002 time capsules from 1924 were unexpectedly found at the bases of both entrance pillars. Two sealed Kilner jars were recovered and their contents are now displayed in the hospital's Board Room.

Another time capsule was recovered from the old Doncaster Royal Infirmary in Wood Street when it was demolished in 1993. The stone was laid in a grand ceremony on 13 July 1865. Inside a cavity covered by an ornately-engraved brass plate was a sealed box made of lead which was found to contain various items relating to the infirmary. All in pristine condition after over 128 years, these items are now in the possession of Doncaster Museum (though not on display).

At Worksop's Victoria Hospital, now demolished, four stones were laid on 29 September 1923 as part of the town's war memorial. After the hospital's demolition the stones were re-set in a new brick structure situated within the park adjacent to the town's old public library. Victoria Hospital's replacement, Bassetlaw Hospital, was developed on the site of Worksop's Union Infirmary, often known as the 'Workhouse'. At the time of writing, the original building, though scheduled for demolition, still exists. Its foundation stone was laid on 1 January 1902 and can be found by the diligent searcher to the right of the old main entrance. Two additional stones nearby commemorate later developments.



Worksop



Retford

Retford Hospital's stone is a modest one, though no less important for that. Laid on 26 July 1922, it is set low in the brickwork to the right of the main entrance and shows that, as with the Victoria Hospital, it formed part of the town's war memorial to the missing of World War I.

The laying of a foundation stone is always an occasion for a new beginning and is usually accompanied by ceremony and rejoicing. There are always inscriptions and sometimes, as we have seen, 'time capsules'. Sadly, several of the stones mentioned here are becoming worn and difficult to read. Let us hope that, despite these straitened times, funding can be found to return them to their former glory. After all, a foundation stone without an inscription is just a stone.

Garry Swann, Archivist

Don't throw it away

Garry Swann is always keen to hear about all parts of our hospitals' history and to add items of interest to the Trust Archive. Please email him on garry.swann@dbh.nhs.uk or telephone 01302 647014.

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