



foundations for health

February 2017



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If you have comments or want further information about any of the articles in *Foundations for Health* please contact the Communications & Engagement team on 01302 644244 or email communicationsandengagement@dbh.nhs.uk

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Golfers get the AAA all clear



Vice-Captain Hugh Firth with the AAA screening team

A group of local golfers got the 'all clear' by the AAA screening team and celebrated by teeing off at their local golf club.

The men fitted in their health screening in between a round at Lindrick Golf Club. All nine were given the all clear in a matter of minutes after a quick and easy ultrasound scan to their abdomen.

One of the men screened was the club's Vice-Captain Hugh Firth, he said: "The health of our members is really important to us and when we were approached by the South Yorkshire and Bassetlaw Abdominal Aortic Aneurysm screening team, we were delighted and wanted to take part. "I recommend all men eligible for the programme to go for screening as it only takes a few minutes and you get your results there and then."

An AAA (Abdominal Aortic Aneurysm) is a potentially life threatening condition which occurs when the aorta, which is the main blood vessel in the body, becomes weak and expands. When this happens, the vessel may rupture which can lead to internal bleeding and, potentially, death. Around 3,000 people die each and every year from ruptured AAAs.

Men over 65 who have not previously been screened can make an appointment by contacting the South Yorkshire and Bassetlaw AAA Screening Programme on 01709 649100 or by emailing dbh-tr.dbhaaa@nhs.net.

For more information visit South Yorkshire and Bassetlaw AAA screening programme website: <http://aaa.dbh.nhs.uk/>



Dame Rosie Winterton MP cutting the ribbon with patient Margaret Wilson and eye centre staff looking on



Fred and Ann Green Eye Centre

We officially opened the new eye clinic at Doncaster Royal Infirmary after an extensive seven month building project.

Renamed the Fred and Ann Green Eye Centre, the transformed space has a new waiting area, 15 examination rooms, seven vision lanes and three treatment rooms to care for patients with a range of eye disorders from common problems like conjunctivitis to more severe conditions which can affect vision such as cataract and glaucoma.

The eye centre also has a new children's clinic with consulting rooms styled and decorated to suit younger patients and improved facilities for minor operations and eye injections.

“THE NEW CLINIC IS SO MUCH BETTER. THE BIG OPEN SPACE FEELS LIKE SUCH A LUXURY COMPARED TO THE NARROW CORRIDOR WHICH USED TO BE THE WAITING AREA.”

Dame Rosie Winterton MP was on hand to cut the ribbon and officially name the Fred and Ann Green Eye Centre, she said: “I am delighted to have been invited to open the new Eye Centre which is very impressive and provides excellent modern facilities here in Doncaster for people suffering from an eye disorder, and will make a real difference to patients.”



Margaret Wilson, regular user of the Eye Centre

Patient Margaret Wilson, 82, of Balby was one of the first patients to be treated in the new facility.

She said: “The new clinic is so much better. The big open space feels like such a luxury compared to the narrow corridor which used to be the waiting area. The old clinic felt very claustrophobic and I had a much better experience this time around. One thing that hasn't changed is the great care I received.”

Thank you to the Fred and Ann Green Legacy and our staff for making this dream a reality, which will make such a positive difference to the lives of thousands of patients in years to come.

Adding ‘Teaching’ to our name

After a four week consultation with members and the wider public on the proposal to include ‘Teaching’ into our name, we are pleased to share with you that the Trust is now to be known as ‘Doncaster and Bassetlaw Teaching Hospitals NHS Foundation Trust’.

This change to our name better reflects our newly acquired hospital teaching status of which we are very proud.

Being a Teaching Hospital will help us to further enhance our education and training capacity, grow our research capability and improve the recruitment and retention of high quality staff across our professions. It will also, more significantly, be of great benefit to the health communities we serve, both now and in the future.

We want to thank everyone who offered their views as part of the consultation, which ran from 14 November to 11 December 2016, and followed official letters of recognition from the University of Sheffield and Sheffield Hallam University.

Consultation feedback was overwhelmingly positive with 155 positive comments, three negative and three neutral. Letters of support were received from Bassetlaw and Doncaster Clinical Commissioning Groups, Health Education England, Nottinghamshire and Doncaster Councils, Sheffield College, Academic Health Science Network, RNN Group, the MPs for Bassetlaw and Doncaster Central and local residents amongst others.



Doncaster and Bassetlaw Teaching Hospitals
NHS Foundation Trust

An official launch event to celebrate receiving Teaching Hospital status took place on 27 January. We'll have photos and more details in the next edition of *Foundations for Health*.



Lydia Parkhurst

Lydia encourages all those eligible to attend their eye screening

In support of National Eye Health Week, the South Yorkshire and Bassetlaw's Diabetic Eye Screening Team reminded people to attend their diabetic eye screening appointments.

Lydia Parkhurst, 19, who has Type 1 Diabetes and has healthy eyes, attends her annual screening appointment. She agreed to spread the word and highlight the benefits of screening in a bid to encourage more young people to attend their appointments.

At the age of 12, Lydia started to attend annual diabetic eye screening appointments at Doncaster Royal Infirmary.

Lydia said: "I would like to encourage everyone who is eligible for diabetic eye screening to attend their annual appointment as early detection is key.

"Staff provide you with all the information before they start the screening process, which is quick and simple. My advice to anyone attending screening would be to make sure you take along sunglasses to your appointment to wear afterwards when everything can seem very bright after the eye drops."

Amanda Stallard, Joint Programme Manager for Doncaster Diabetic Eye Screening Programme said: "Lydia is an excellent example to all young adults managing their diabetes. Eye screening is an important part of diabetes care with diabetic retinopathy being one of the most common causes of sight loss among people of working age. Treatment is much more successful the earlier the condition is detected."

If you have diabetes and have not been screened, please call Doncaster Diabetic Eye Screening Programme on 01302 642597 to make your appointment.

We're set to deliver *diabetic eye screening* in *Bassetlaw*

From April people will be able to have their diabetic eye screening at Bassetlaw Hospital thanks to the Trust securing a new contract with NHS England.

Dr Shivani Dewan, Clinical Lead for Doncaster's Diabetic Eye Screening Programme, commented on the achievement: "After a rigorous procurement process, it is fantastic that we have managed to secure the tender for Bassetlaw's Diabetic Eye Screening Programme. I would like to say a big thank you to Joint Programme Managers Amanda Stallard and Ingrid Thomasson and the team, who have put so much hard work and dedication into making this possible.

"After 13 years of delivering the service in Doncaster this is a real feather in our cap and I am excited for this new venture and I look forward to being able to offer our services to the people of Bassetlaw. Over the coming

months, we will be working hard to ensure a smooth transition for all service users."

In addition to the clinic at Doncaster Royal Infirmary, the new service will see the opening of two eye screening clinics situated within the Diabetes Centre at Bassetlaw Hospital and a mobile camera at Retford Hospital. Patients will receive details on how to make a screening appointment at the location of their choice via their annual appointment letter.

Eye screening checks for diabetic retinopathy, which is a complication of diabetes that is caused by high blood sugar levels damaging the back of the eye (retina). This can lead to a loss of sight if not detected early and promptly treated. Everyone aged 12 and over with diabetes receives an invitation to screen once a year.



Doncaster and Bassetlaw Hospitals
Diabetic Eye Screening team

Keeping you in touch by email, Twitter and Facebook

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Mike with the 2016 Board of Directors



Hello my name is campaign

Farewell from Mike

After many years of service, our Chief Executive Mike Pinkerton has left the Trust. On stepping down he said:

At the end of January 2017 I retired as Chief Executive after four and half years in post. I just wanted to say what an extraordinary privilege it has been to, both lead and serve as your Chief Executive over the last few years and some time prior to that as an executive director for seven years. I am very proud of what we have achieved over that period and the opportunity to work alongside our wonderful staff in that capacity has been the pinnacle of my NHS career, which began in 1982 as a Medical Physics Technician.

The improvements made in quality, safety and outcomes that have been achieved, through implementing the Strategic Direction, *Looking Forward to our Future*, and through living out the values that staff helped set to underpin that strategy, have been greatly appreciated by so many individual patients, our regulators and commissioners.

There are very few trusts that have improved so fast or so comprehensively and it has been particularly encouraging to see how quality has been maintained and developed in so many areas, even under the difficult financial challenges faced by the NHS and by this Trust, which were magnified last year.

But once again, we rose to the challenge and are making steady progress towards a full financial recovery.

To deliver this will require continued focus from everyone, but I am sure it can and will be done. As a Trust, in many ways, we are stronger than ever and our striking progress in Research & Development and Training & Education has now been formally recognised by becoming Doncaster and Bassetlaw Teaching Hospitals NHS Foundation Trust.

Becoming a Teaching Hospital is a profound change that will provide further impetus and opportunity to improve patient care and attract, develop and retain great staff.

We start 2017 with our new Chair of the Board, Suzy Brain England OBE, in place and a new Chief Executive selected shortly. I wish them every success alongside the rest of the Board and every member of staff. We have every prospect of continuing the progress made over recent months and years as we start to implement the more strategic changes



Mike Pinkerton

necessary to achieve enduring sustainability moving forwards. My message is absolutely one of optimism and positivity for the future of the Trust, which is now commonly acknowledged by local providers and commissioners to be absolutely essential for the delivery of services not just for local people, but also to patients from across South Yorkshire and beyond.

So it remains for me to express my deep thanks to all who have been with me on this journey for their support and encouragement. I would particularly like to thank the very talented and totally committed executive, board and senior management teams throughout the Trust, our governors, our staff side, our partners in health and social care in both Doncaster and Bassetlaw and finally every member of staff, who every day do extraordinary things for our patients.

Mike Pinkerton
Former Chief Executive



Medipex Award winners

South Yorkshire and Bassetlaw Sustainability and Transformation Plan

As you may know, the South Yorkshire and Bassetlaw Sustainability and Transformation Plan has been developed. This plan lays out the ambition for the future health and care of everyone in South Yorkshire and Bassetlaw. We have many great people working in our services – and we want to support staff to continue to do an excellent job, and provide safe and sustainable care for everyone in the future.

There have been some big improvements in health and social care over the last 15 years. For example, people with cancer and heart conditions are experiencing better care and living longer. However, people's needs have changed, new treatments are emerging, the quality of care is variable and preventable illness is widespread. We are also facing significant financial pressures – with an estimated gap of £571 million in the next four years if we don't change the way we work now. By working together with all health and care organisations in our region, we want to:

1. Reduce inequalities for all, helping people to live well and stay well for longer
2. Join up health and care services, so they respond better to people's needs
3. Spend more money on care in communities, focusing on local healthcare centres
4. Treat and care for people's mental and physical health
5. Make hospital care the same for everyone, everywhere
6. Make urgent and emergency care simpler so that it's easier for people to get care
7. Develop a workforce in the right place and with the right skills
8. Use technology to support people to be well at home, manage their own care and for staff to be connected better
9. Have health and care services that are funded long term
10. Work with people, staff and communities to make all this happen.

Working with Healthwatch and our voluntary sector partners, we would like your help in shaping the future of health and care in our region. Over the next few weeks, there are a number of opportunities to get involved and share your experiences, views and ideas. To find out more, please visit: www.smybndccgs.nhs.uk

New Year new Chair

At the start of the year we welcomed our new Trust Chair Suzy Brain England OBE.

Suzy joined us on 1 January from Barnsley Hospital where she served as a Non-Executive Director for four years. Before that she held a similar post at Mid Yorkshire Hospitals from 2005 to 2009, briefly acting as Chair.

Throughout her career Suzy has gained a wealth of experience in both executive and non-executive roles, lending her expertise to the Talent Foundation and The Earth Centre as Chief Executive. She has previously held a

number of Chair posts, including at Kirklees Community Healthcare Services, Connexions and Ofcom's Advisory Committee for England and now offers career mentoring and counselling.

“WHENEVER I HEAR PEOPLE SPEAKING ABOUT THIS TRUST, IT IS OFTEN WITH ADMIRATION WITH MANY HOLDING IT IN HIGH REGARD.”

Nationally recognised for her contributions to the business world, Suzy was awarded an OBE in the 2009 Queen's Birthday Honours for her work as Chair of the Standards Committee at the Department of Work and Pensions.

She is a keen advocate for Keeping Britain Tidy where she is Chair of the Board.

Speaking of her new role as Chair of Doncaster and Bassetlaw Teaching Hospitals, Suzy said: “I am thrilled to be Chair of the Trust and to be working with team DBTH. Everyone from the executives, governors to those delivering care and services on the frontline, play an important role in the success of the organisation. Whenever I hear people speaking about this Trust, it is often with admiration with many holding it in high regard. This is something I want to continue into the future and look forward to tackling the challenges ahead together.”



Suzy Brain England OBE

Cervical screening – tell us your thoughts

Cervical cancer is the most common cancer in younger women and the best protection is to attend screening when invited.

Unfortunately the number of women taking up the offer of cervical screening has fallen dramatically in recent years and we want to find out why.

We are asking women, who live in South Yorkshire and Bassetlaw, aged over 25 to complete this short survey about cervical screening in the region. <https://www.surveymonkey.co.uk/r/6M92RJ6>

Please don't let your fears stop you from taking the test. Find out more at <http://fearorsmear.dbh.nhs.uk>

Turnaround update from Dawn

We've said goodbye to a difficult 2016 and welcome in a hopefully much more positive 2017.

I thought it would be a good time to update you all on our Turnaround efforts and the progress we have made since starting the process in April of last year.

I'm happy to report that we are still on course to hit our target of £11million of savings, and our current total stands at £7.5million which represents an overachievement of around £466,000. This is a fantastic achievement and reflects the hard work and dedication of our staff.

By making these savings, we are forecasting to end the year with a deficit of below £20million, which although still substantial and challenging, is a far cry from our position last year of £37million. Our progress as a Trust has been nothing short of amazing and something which has been recognised by our regulator, NHS Improvement, and partner organisations.

In December, the Strategy and Improvement team were awarded NHS Leadership Academy's Outstanding Achievement Award in recognition of the Trust's Turnaround efforts. Amongst such stiff competition, receiving the nomination was a feat in itself but to win was fantastic and this is an award I wholly share with every member of staff at the Trust.



Dawn Jarvis, Director of Strategy and Improvement

Into 2017, we still have a task ahead of us. We have a number of work streams which have savings to achieve and most notably we may see changes to our Hospital Sterilisation and Disinfection Unit and Catering services, as well as the implementation of a new financial and procurement system. We will also leave Turnaround and move

into Transformation as a Trust, with cost-savings and efficiencies to achieve.

We have an interesting, challenging and busy year ahead, but I think we can be optimistic. 2017 will see a lot of change for the Trust, with a new Chief Executive and Chair at the helm of the organisation, but I know that as ever, we will continue to deliver excellent quality care for the people of Doncaster, Bassetlaw and beyond.

Dawn Jarvis
Director of Strategy and Improvement



Strategy and Improvement team



Jared Edwards, the first patient to use the new outpatients and Val Staff, Health Care Assistant, who works in the new department

Bassetlaw's younger patients get brand new outpatient department

Young patients attending outpatient appointments at Bassetlaw Hospital have given the new department the thumbs up since opening its doors in December after a £278,000 investment.

One of the first to use and experience the new facility was Jared Edwards.

Children and young people now have purposely designed and decorated waiting rooms and consulting rooms which better fits their needs and a new Kilton Hill entrance.

Helping to make sure we got it right, we involved patients, local families and staff in the design for which we are very grateful for their views, comments and suggestions.

The investment also involved bringing children's outpatients and inpatient services next to each other, giving patients and their families, who need to attend hospital often, familiar faces of the medical and nursing teams who care for them.



Carol Orr

Insight

Name: Carol Orr

Job title: Education Quality and Governance Manager – I am also an Emergency Nurse Practitioner.

Favourite holiday destination:

Can I have two? Last year I went to Mexico on a very belated honeymoon – amazing place, then Florida with the whole family – amazing for very different reasons!

Favourite restaurant:

China Rose in Bawtry – mmm.

Who makes you laugh?

I love a bit of Russell Howard.

Inviting five famous people to dinner who would you choose?

Russell Howard (obviously!), Robbie Williams, Marcus Wareing (someone has to cook and he's easy on the eye), that's comedy music and food taken care of. For conversation – Stephen Fry and Florence Nightingale so we can compare our lives.

Most memorable moment in your career:

I've been nursing for 30 years now so there have been many. I think my greatest memory was my first shift on the QE2 back in 1993 in Los Angeles.

Ideal weekend:

I love spending time with my family so anything involving them.

Favourite music track/artist:

I've always loved Robbie but my favourite track of all time is Luther Vandross *Dance with my Father again* (how I would love to).

Favourite book/author:

I'm an avid reader; I love Tess Gerritsen and Patricia Cornwell.

Stranded on a desert island with one/two people who would you choose?

My family are my world so it would have to be Alex, my husband, Ryan my son, and Caitlyn my step-daughter.

Three words you think describe you

Outgoing, compassionate, dedicated.

Scenario: A lady arrives at the Emergency Department. She has fallen off her horse, has a broken leg and suspected ruptured spleen.



Health staff take part in emergency scenario training

A brand new trauma course for Emergency Department staff has been trialled at Doncaster Royal Infirmary.

The training was aimed at refreshing the skills emergency practitioners need when patients with rare but serious injuries present at hospital. Called 'moulages' the scenarios were acted out by real actors with mock injuries created with special effects make-up.

Staff that took part in the training attended to the patients as they would in a real life situation, diagnosing injuries and sourcing information such as pain levels and exposure to infection to determine what treatment is needed.

The scenarios ranged from a cardiac arrest patient to an elderly confused patient with a chest injury, suspected broken ribs, bruising

and bleeding. They also tended to a mock patient who had fallen from a horse, had a broken leg and suspected ruptured spleen and a male patient with severe burns.

Mark Holland, Emergency Department Nurse who completed the training, said: "The training was a fantastic experience. It was immensely enjoyable and boosted my confidence in my own skills and competence. The course is great for anyone wanting to recap and improve their clinical and communication skills as well as their knowledge and confidence."

The Trust which is part of the newly formed South Yorkshire Trauma Network, will be offering the training course, not only to their own emergency staff but also those from other hospitals in the region over the next few months.



Scenario: A man arrives in the emergency department. He has been looking at a 15 year old quad bike and has sustained burns to his arms and face when the engine has blown up.

Research is *thriving* in therapies

It is well known that when services are research active they provide better patient care, and in therapies we are always looking for that bit extra to improve what we do for patients!

Recently we've been working hard to increase our research activity. This has come in differing formats and involved a diversity of staff members.

One way we've done this is to get involved with national portfolio studies. The FASHION study is one such study and is looking at the best treatment for hip pain. Steve Borrill, Physiotherapist, leads this study for therapies "It's been great to be involved with national research, really improving my knowledge about hip pain. I'm looking forward to seeing what the results are."

Therapies staff have also engaged successfully in National Institute for Healthcare Improvement (NIHR) training programmes. Five members of staff are currently or have recently completed a programme with the NIHR.



These programmes give clinicians the opportunity to improve their research skills, whilst pursuing projects of their own. Su McIlwaine, Occupational Therapist, has just finished an NIHR internship she said: "The internship gave me the opportunity to widen my knowledge to ultimately improve our service and patient care. I am now involved in national research. There are lots of ways to make a contribution to research."

Julie Bury, Physiotherapist, has just completed an NIHR Master's degree in clinical research. "Being involved in research has opened up

a new and exciting career pathway that still has an impact on patient care. I would encourage anyone thinking about research to get involved."

More details on clinical academic careers can be found at: <http://www.nihr.ac.uk/funding-and-support/funding-for-training-and-career-development/training-programmes/>

The therapies service also has a strong partnership with Sheffield Hallam University. This has helped to attract new projects and funding for research in therapies, and also created staff development opportunities, with Craig Chambers, Physiotherapy Practitioner, recently being accepted for a PhD with the School of Health and Social care. This partnership fits perfectly with the Trust's Teaching Hospital status.

If you would like to discuss research development the research team is happy to help doncasterclinicalresearch@dbh.nhs.uk or Alex Thompson is the research lead for therapies alex.thompson@dbh.nhs.uk

UK first to recruit to novel research study

Congratulations and well done to our clinical research colleagues for making DBTH the first in the UK to recruit a patient onto a novel research study that tests the effectiveness of treatments for people with advanced alcohol-related liver disease.

The VTL-308 research study compares patients receiving cell-based therapy using the Extracorporeal Liver Assist Device (ELAD) system and standard medical care, with those treated with standard medical care alone.

The aim of the study is to find out if continuous 24/7 ELAD treatment, for up to five days, helps recovery of the liver.

Patients are randomly selected to be treated with either of the methods and followed up each year to compare the length of survival in the two study groups.

The ELAD system works by treating liver failure by drawing blood from a vein and circulating it outside the body to separate the cells from the fluid in the blood. The fluid is then pumped through cartridges that contain human liver-like cells that provide substances believed necessary to support liver function and regeneration. After treatment the fluid is re-mixed with blood cells and returned to the person through the vein.



(l-r): Dr Joanna Sayer; Sister Nicola Wilkinson; Sister Amy Radford; Dr Jonathan Allen; Senior Sister Jane Dumville; and Dr Mohammed Al-Najjar

Spaces for patients and visitors to park at DRI

Patients and visitors now have plenty of available car parking at Doncaster Royal Infirmary for their clinic appointments and visiting family and friends in hospital.



This follows a revamp of car parking on the hospital site giving patients and visitors more options to park closer to their clinics without the need of searching for car parking spaces or using the Park and Ride.

We hope that this change will make your hospital visits a little easier.

Charges are:

Up to one hour £1.50

Up to two hours £2.80

Up to four hours £4.10

Up to six hours £5.00

Daily rate over six hours £8.50.

Concessions are available for patients with long-term conditions and their main visitors who have to use the car parks often.

NHS healthcare *is* **not free** for everyone

The NHS provides free hospital treatment for people who permanently live in the UK. However, if you do not usually live in the UK or if you've spent time living outside the UK you may have to pay for your hospital treatment costs.

This follows changes made in April 2015 by the Department of Health so that the NHS does not lose out on income from migrants, overseas visitors and former UK residents.

Within England, free NHS hospital treatment is provided on the basis of a person being 'ordinarily resident' within this country. It is not dependent upon nationality, payment of taxes, national insurance contributions, being registered with a GP, having an NHS number or owning any properties in the UK. Hospitals are responsible for checking who should pay for their NHS hospital treatment and the law requires every NHS trust to check all patients to determine whether they are entitled to free NHS treatment.



(l-r): Mel Fox, Overseas Visitors Team Leader; Julie Robinson, Overseas and Casenote Release Manager, and Veronica Maxwell, Overseas Visitor Team Clerical Officer

So please do not be offended if you are asked the following questions, it's just for us to confirm your residential status:

Where have you lived for the last 12 months?

Can you show that you have a right to live here?

Some services or treatments are not charged, and are free to all overseas visitors, for example infectious diseases, including sexually transmitted infections and compulsory psychiatric treatment. If you are taken to an emergency department, a minor injuries unit or walk-in centre for

emergency treatment then this is also free. However if you are admitted to hospital for any other emergency treatment a charge will be incurred.

However, if you are in receipt of a European Health Insurance Card (EHIC), you may be asked to provide this during any visit for any treatment/condition received in a hospital setting.

If you'd like more information please contact the Trust's Overseas Visitors Team on 01302 642557 or email OSVPatientsTeam@dbh.nhs.uk

Time to Test workplace pledge

We are supporting Jo's Cervical Cancer Trust's 'Time to Test'.

We are giving our female colleagues time to attend potentially life-saving screening appointments, if they cannot attend outside of working hours.

Helen Houghton, Health and Wellbeing Lead, said: "The health of our employees

is incredibly important to us. If our female members of staff are unable to get an appointment outside of working hours, we have committed to finding a way to make sure they can attend even if this means doing so during their working day. Signing up to the campaign reinforces our commitment to promote the importance of screening and

will ensure our employees don't feel there are barriers in place that stop them from attending all-important screening appointments."

Women aged between 25 and 49 are invited every three years for cervical screening and five years if aged between 50 and 64. Women who have missed their cervical screening appointment are encouraged to contact their local GP to book an appointment.

For more information on cervical screening, the facts and getting ready for your smear, visit fearorsmear.dbh.nhs.uk. If you work for an organisation and would like the Trust's Cervical Screening Communications team to deliver a workshop or stand at your workplace contact katie.storer@dbh.nhs.uk.



Staff supporting Jo's Cervical Cancer Trust's Time to Test

Thank you

Barry's memory lives on

The family of a Bawtry man, who passed away, has made a generous donation to Bassetlaw Hospital.

Barry Newman sadly passed away on the Intensive Care Unit at the hospital last year following a short illness.

His wife, Jan and son, Ben returned to the unit to present staff with a limited edition painting and a cheque for £226.00, collected in lieu of flowers at his funeral.

The limited edition painting of Derwentwater in the Lake District is displayed on the walls of the Visitors Counselling Room in memory of Barry.

Following Barry's passing the family were approached by a Specialist Nurse for Organ Donation. Jan said: "We discussed it as a family and knew that Barry would have wanted to help others and so we agreed to donate his organs, I feel this decision has really helped us all to cope with our grief knowing that Barry has saved lives."

Their decision proved to be the correct one as some weeks after Barry passed away a letter was received in the post addressed to him and unbeknown to the family he had signed up to organ donation, Jan continued "knowing this is what Barry wanted has given me and the family much comfort."

For further information on organ donation please go to www.organdonation.nhs.uk.



(l-r): Ben and Jan Newman; Pat Wootton, ICU Ward Manager; Joanne Birch, Staff Nurse; Fran Taylor, Sister; Elizabeth Ward, Healthcare Assistant; Leeanna Webster, Sister; Denise Bower, Sister; and Steph Holden, Physiotherapist

Fundraising?

If you would like to get involved in fundraising for our hospitals, please contact the Communications and Engagement team on 01302 644244 or email communicationsandengagement@dbh.nhs.uk.



A4 Ward staff with Hazel Brand presenting the cheque to Corinne James, Sister

Hospital governor 'walks the walk' for charity

One of our governors has once again donned her walking boots and completed an epic 117 mile charity walk to raise funds for ward A4 at Bassetlaw Hospital.

Hazel Brand, a Bassetlaw Public Governor, and her sister Rosemary completed the Devon Coast-to-Coast walk, over 11 days starting at Ivybridge in the south and finishing at Lynmouth in the north raising a whopping £1,217 for the ward.

Miriam Boyack, A4 Ward Manager, said: "Hazel's continued support of the ward is very much appreciated. We are immensely grateful and we plan to purchase a urinalysis machine which will benefit patients as we will be able to test patients on the ward, allowing doctors to start treatment immediately."

Tickhill Velo cyclist charity ride for the Chatsfield Suite

Local cyclist, Rob Drohan, has presented the Chatsfield Suite at Doncaster Royal Infirmary with a cheque for £5,293 to help support cancer patients in Doncaster and Bassetlaw.

Rob, whose close friend was cared for by the suite, cycled an astonishing 206 miles in a sponsored round trip from Tickhill to Scarborough, alongside 12 local riders, mostly made up of members of the Tickhill Velo Club.

Rob said: "The Scarborough cycle ride was the first our club has done and it was worth every mile. Doing something positive for our local hospital gives us such a sense of achievement and is a great way to show appreciation to the unit for the care they give their patients."



(l-r): Lara Cunnane-Reay, Ward Manager Chatsfield Suite receiving the cheque from Rob Drohan



Montagu Hospital Comforts Fund MasterMover

The Montagu Hospital Comforts Fund has once again kindly funded a new piece of equipment.

The MasterMover has been purchased to help hotel services staff to carry out their day to day tasks. The equipment will help to make the movement of heavy loads effortless around the site.

Staff from Hotel Services would like to express their sincere gratitude for supplying the £8,000 needed to purchase the master mover and for the Comforts Fund's continuous support to the hospital.

(l-r): Nora Gill, Chairman Montagu Hospital Comforts Fund Volunteer; Melvyn Aird, Hotel Service Assistant; Michael Pearson, Hotel Service Assistant; and Pam Hutton, Tea Shop Coordinator, Montagu Hospital Comforts Fund Volunteer



Handmade with love, baby angel gowns by *Dresses for Angels*

‘Angel gowns’ donated to DRI

Sheffield-based charity *Dresses for Angels* has made a generous donation of angel gowns to Doncaster Royal Infirmary.

Founded by Lisa Fletcher after tragically losing her daughter Lillie Grace in October last year, the charity turns donated wedding and bridesmaid dresses into tiny outfits for families who have an unexpected stillbirth and need something special to bury their little ones in.

“IT’S HARD AND TESTING AT TIMES BUT SO REWARDING, ESPECIALLY ON DAYS LIKE TODAY WHEN WE MAKE A DELIVERY AND KNOW THAT THERE’S SOMETHING WAITING HERE FOR FAMILIES WHEN THEY NEED IT.”

The dresses are washed, unpicked, cut, sewn and lovingly packaged up with a candle and hand-knitted hat and blanket. Lisa delivered 13 of these bespoke packages to the Maternity Unit at Doncaster Royal Infirmary with outfits for little boys and girls to help local families who are bereaved.

Lisa said: “It’s nice to know we’re doing something in Lillie’s memory. Everything in the packs is handmade so it’s incredibly time consuming and we couldn’t do it without the ladies that volunteer and the response we get to donation calls is fantastic. It’s hard and testing at times but so rewarding, especially on days like today when we make a delivery and know that there’s something waiting here for families when they need it.”

Dresses for Angels is always looking for donations, whether it’s dresses, trimmings, or even your time if you are an experienced sewer. If you would like to support the charity you can search *Dresses for Angels* on Facebook to see their Amazon wish list or to volunteer to sew for them.



Who’s the Governor?

We take a look into the life of Lynn Goy, Lead Nurse TriHealth Services and Staff Governor.



Lynn Goy, Staff Governor

I became a governor because I saw it as an opportunity to represent nurses and midwives to influence change, encourage an environment of excellence across our hospitals in which our patients, their relatives and our staff can have full confidence in. I understand the complexities that nurses and midwives face in an ever changing and challenging setting.

This role also gives you the opportunity to better understand how a hospital functions together with the challenges it faces and the successes achieved.

I have worked in the community, an acute hospital and as a volunteer for one year in the Polish health service in the beautiful city Krakow, where my family worked and lived for four years.

I was born in Germany into a military family, spending many childhood years moving around. I’m happily married to Phil for 33 years; we’ve been together for 40 years, he tells me the great train robber’s only got 25 years! We have two fantastic daughters, one recently married and a cat called Charley. As a family we thrive on sporting activities

alongside another passion, travelling. I enjoy Pilates, synergy, badminton, tennis, cycling, hiking, kayaking

and in the winter, skiing. Last year, I was very fortunate to kayak from the Hoover Dam down the Colorado River. In the past three years, after encouragement from my daughters, I have competed in an annual triathlon event, always stating I’ll never compete in another... but they’ve convinced me again to compete this year in July!

Perhaps in another life, I would have been a travel agent or travel journalist, because I live to travel, and have been fortunate to visit and revisit 35 countries around the globe, with many more on the ‘bucket list’. I’m fascinated by the cultures and architecture, and enjoy sampling the varied cuisines.

Those closest to me know my moto has always been “Live the retirement, don’t wait to retire, life is for living!”



Member event

The member event reported in the last edition of *Foundations for Health* will now take place on the morning of 13 April in the Education Centre at Doncaster Royal Infirmary.

If you're a member and would like to attend or are interested in finding out more about member events please contact Matthew Kane on 01302 644157 or email matthew.kane@dbh.nhs.uk.

Governors represent your views. If you'd like to contact your governors please get in touch with the Foundation Trust Office on 01302 644158 or email foundation.office@dbh.nhs.uk.

Your chance to become a DBTH governor



We will be giving notice of election for nine governor roles on 16 March for the following constituencies:

- Two Bassetlaw Public Governors
- Two Doncaster Public Governors
- Two Rest of England and Wales Governors
- One Staff Governor Non-clinical
- One Staff Governor Nurses and midwives
- One Staff Governor Other healthcare professionals.

Successful candidates will take up their seats in June 2017, with the exception

of the staff governor for other healthcare professionals which will be in October.

More information can be found on the 2017 elections page at www.dbh.nhs.uk/about_us/foundation_trust/governors/Governor_Elections.aspx

If you're interested in putting yourself forward as a governor or want to know more about the role please contact Matthew Kane on 01302 644157 or email him on matthew.kane@dbh.nhs.uk.

Keep checking our website www.dbh.nhs.uk for more information in the run up to the elections.

2017 Board of Governors' meeting dates

Come along and see your governors in action. The Board of Governors meets at 6.00pm throughout the year. Their 2017 meetings are:

Thursday 27 April - Education Centre, Doncaster Royal Infirmary

Thursday 27 July - Education Centre, Doncaster Royal Infirmary

Thursday 26 October - Education Centre, Doncaster Royal Infirmary.

The **Annual Members' Meeting** will take place at 4.00pm on Wednesday 20 September 2017 (the venue will be confirmed shortly).

Board of Governors' meeting

The Board of Governors met on 12 December and appointed two new Non-Executive Directors, Linn Phipps and Neil Rhodes. The Board agreed to the Trust changing its name to 'Doncaster and Bassetlaw Teaching Hospitals NHS Foundation Trust' and to continue the use of the supplementary vote system for this year's governor elections.

2017 dates for Board of Directors' meetings

The Board of Directors, consists of the Trust's executive and non-executive director team, meets in public each month.

Meetings start at 9.00am, except where stated, and will be held as follows:

Tuesday 28 February - Boardroom, Doncaster Royal Infirmary (starts 2.30pm)

Tuesday 28 March - Fred and Ann Green Boardroom, Montagu Hospital

Tuesday 25 April - Boardroom, Doncaster Royal Infirmary.

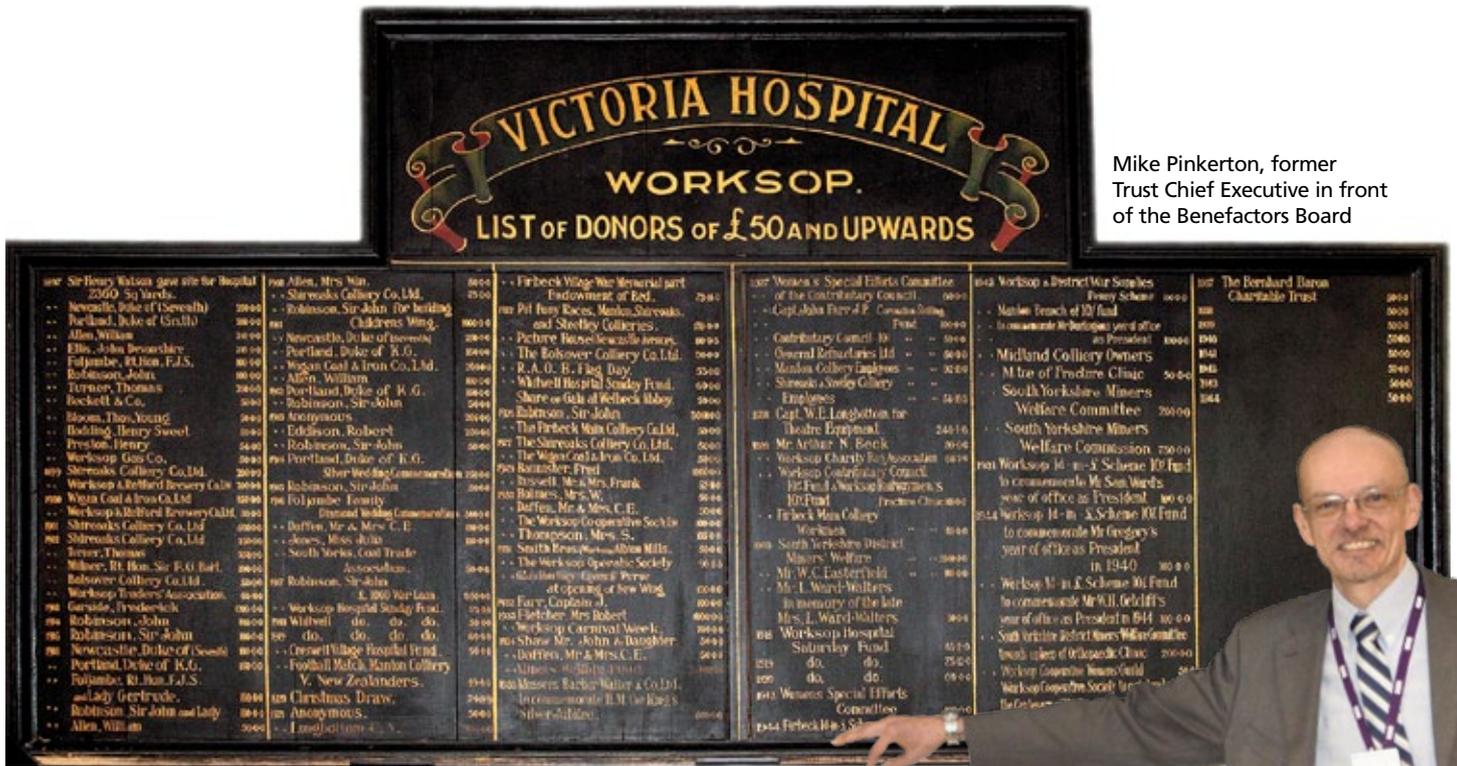
Sub-committee summary

Sub-committees are a way in which governors can look at issues and topics in more depth.

On 6 December, the Health and Care of Adults Sub-committee visited the new Fred and Ann Green Eye Centre and the Clinical Decision Unit at Doncaster Royal Infirmary. They also received an update on how the Trust is performing in relation to its winter bed plan. The Health and Care of Young People's sub-committee met on 13 December and were given an update on staffing in the midwifery team from the Head of Nursing.

The Governors' timeout session on 12 December was very well attended. They heard more about the patient pathway admin redesign, the Trust's approach to staff health and well-being and developments in surgical pathways. The session also included a workshop on the well led governance review.

Membership of our Trust is free and is open to anyone aged 16 and over. The Board of Governors represents members' views and their constituents. To know more about becoming a member or governor please contact the Foundation Trust office on 01302 644158 or foundation.office@dbh.nhs.uk



Mike Pinkerton, former Trust Chief Executive in front of the Benefactors Board

Bassetlaw Benefactors

The Benefactions Board shown here, which once graced the walls of Worksop's Victoria Hospital and has been in storage since the building was demolished in 1996, has recently been re-hung in the new reception area at Bassetlaw Hospital.

Discovered recently by former Chief Executive Mike Pinkerton in the old Kilton Hospital, this beautifully hand-painted board is still in remarkably good condition.

It records all donations of £50 or more made to the hospital between its foundation in 1897 and the year 1937. In the days when health services depended entirely on local subscriptions, the generosity of individuals and local industries is clearly evident.

The 2,360-square yard hospital site on Watson Road was the gift of Sir Henry Watson, after whom the road was named. The Duke of Portland was a regular benefactor, as was the Duke of Newcastle. Local colliery companies feature largely, as do other local industries, trades and individuals, but the board also records proceeds from such diverse events as pit-pony races, a football match and King George V's Silver Jubilee. These larger donations would, of course, have been supplemented by numerous smaller contributions, together with various legacies.

One name that appears frequently on the board is that of John (after 1904, Sir John) Robinson of Worksop Manor, sometime President and Vice President of



Children's Wing

the Institution. In 1911, in memory of his wife, he donated £1,000 for the building of a much-needed Children's Wing. This generous gift is commemorated on the stone shown in our second picture. This stone was discovered lying neglected on the floor of a derelict outbuilding at Barrowby House, and will in due course be installed at a suitable site on Kilton Hill. In 1915 Sir John donated the proceeds of a £1,000 War Loan

to endow a memorial bed, and in 1926 he is recorded as giving the munificent sum of £3,000 – by far the largest single donation listed on the board. As his name does not appear again, this may have been a bequest. Perhaps understandably, larger donations appear to have dried up as war approached in 1938; a charitable trust made a regular contribution of £50 per year until 1944, when the record ends and nationalisation of the Health Service was in prospect.

Our historic Benefactions Board, skilfully remounted by Bassetlaw Hospital's Estates Department, offers a fascinating glimpse of Victoria Hospital's pre-NHS funding, and is a neat visual foil to its modern surroundings.

Garry Swann
Archivist

Don't throw it away

Garry Swann is always keen to hear about all parts of our hospitals' history and to add items of interest to the Trust Archive. Please email him on garry.swann@dbh.nhs.uk or telephone 01302 647014.

Top workplace award

We received the Bronze Sport and Physical Activity Award by NHS Employers for our commitment to providing healthy work place activities for staff.

Accepting the award on behalf of the Trust was Helen Houghton, Health & Wellbeing Lead and Mike Pinkerton, former Chief Executive.

Getting staff moving and increasing their levels of physical activity is one feature of a healthy workplace. Keeping them flu-free is another important aspect of creating a healthy culture. DBTH was recognised by NHS England Medical Director Sir Bruce Keogh as the first Trust in the country this year to vaccinate 75 per cent of its frontline healthcare workers – a vital action in protecting both staff and patients.

Evidence supports that increasing physical activity and having a healthy lifestyle brings many benefits such as increased

self-esteem, lower stress levels and positive impact on mood. The Trust is now working towards the Silver Sport and Physical Activity Award.



(l-r): Prof Sir Bruce Keogh, Medical Director NHS England; Helen Houghton, Head & Wellbeing Lead for Doncaster & Bassetlaw Hospitals and Mike Pinkerton, Trust former Chief Executive



Modern Pilates with teacher Debbie Williams

It's a Silver Award for staff wellbeing

We've earned a 'Silver' medal award for staff wellbeing at work from Nottinghamshire County Council.

We received the healthy merit for motivating our staff to get sportier and live healthier lives. Throughout the year, doctors, nurses and other staff have been hitting on-site exercise classes at Doncaster Royal Infirmary, Montagu Hospital and Bassetlaw Hospital for activities such as circuit training, badminton, zumba, legs, bums & tums, Pilates and yoga.

With a full activity calendar available for staff to get active and informed, we have also been keenly promoting health and wellbeing through 'Wellbeing Awareness' sessions with key speakers discussing topics such as cancer, drugs, alcohol and mental health.

Encouraging other lifestyle changes, the Trust's on-site restaurants have been offering a new menu of healthier options for staff, visitors and patients, while support has been extended to those wishing to cut down on their smoking habit.

Helen Houghton, Health and Wellbeing Lead for the Trust, said: "Receiving this award is a result of a lot of hard work and dedication from many people within the Trust. There is strong evidence that increasing physical activity and having a healthy lifestyle brings many benefits such as increased self-esteem, lower stress levels and positive impact on mood. I am very pleased our staff have been taking advantage of the range of activities and education sessions we have been offering them."

A big part of wellbeing is taking time out and doing something creative, with this in mind we've included a drawing on page 16 for you to colour in to help you relax.

Discharge team scoop *Care Team of the Year Award*

A specialist team of health and social care workers who support discharge planning for patients has been named the Care Team of the Year at the Great East Midlands Care Awards.

The Integrated Discharge Team is a partnership between Doncaster and Bassetlaw Teaching Hospitals, Nottinghamshire County Council and Nottinghamshire Healthcare NHS Foundation Trust (Local Partnerships) and works together to plan the safe discharge of patients from hospital. Every discharge is individually tailored to personal requirements

and aims to help patients regain their independence as quickly as possible.

The team, which is made up of discharge nurse specialists, social workers, mental health workers, community care officers, ward discharge co-ordinators, community nurses and therapists work together to ensure the discharge process runs smoothly which in turn leads to improved patient experience and quality of care on discharge.

The team will now be invited to the national final of the Great British Care Awards in Birmingham on the 31 March.

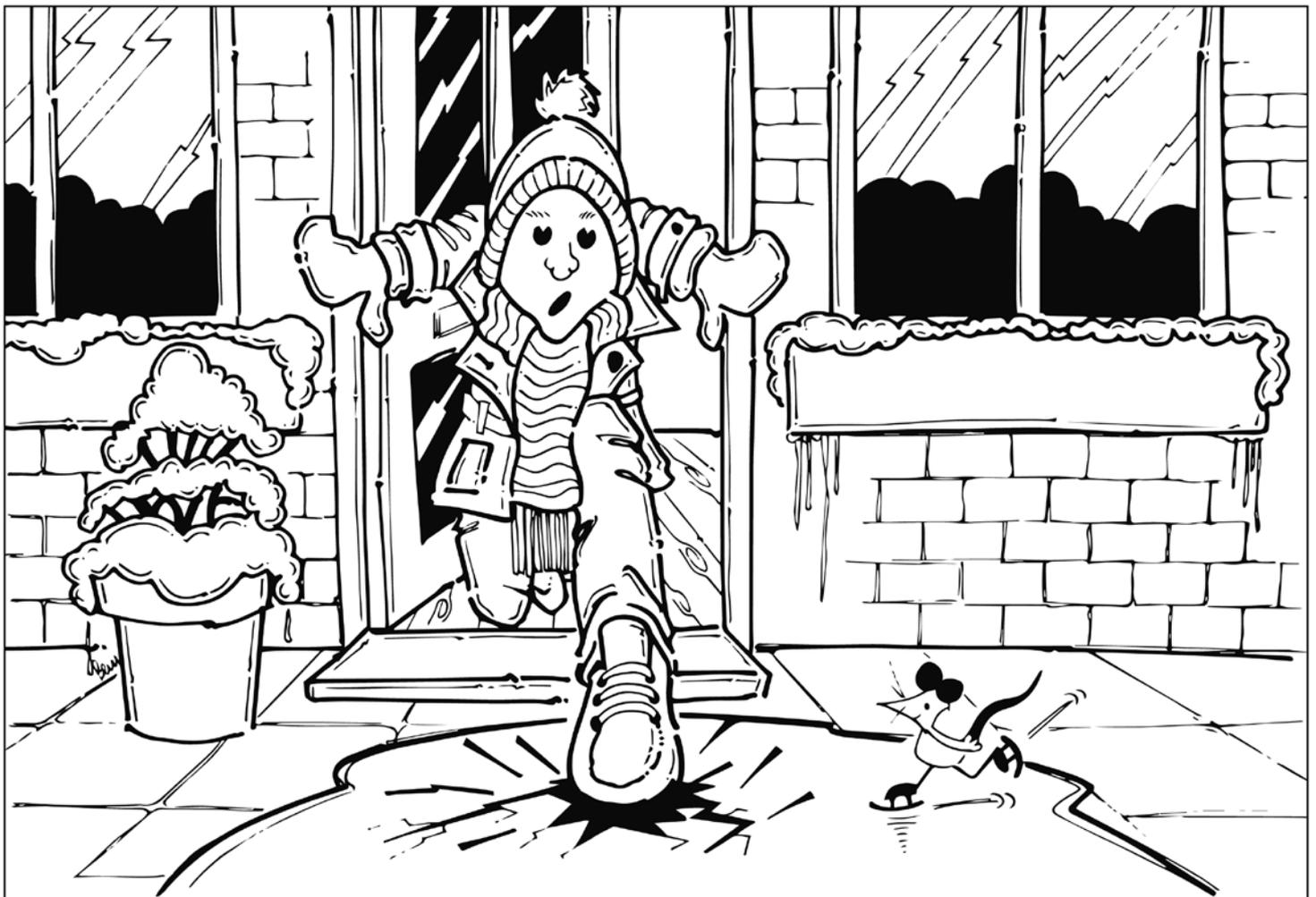


(l-r): Denise Anderson Moll, Team Manager; Clare Gregory, Community Care Officer; Vicky Newham, Senior Social Work Practitioner; Carolynn Wesley, DBTH Discharge Nurse; Sally Woodhead, Social Worker; David Pearson, Corporate Director Adult Social Care, Health and Public Protection; Councillor Muriel Weisz; and Ainsley MacDonnell, Service Director, Adult Social Care, Health and Public Protection.



#Stay Well This Winter

Colouring is good for personal wellbeing, take some time to sit, relax and colour in this picture which has been lovingly created by Bev Shiner, Graphic Designer



Although no-one can predict when they are going to fall, there are some steps you can take to try and prevent them from happening. Be careful in icy conditions; watch out on slippery surfaces; wear sensible shoes and get more active – this reduces falls and strains by improving your strength, balance, coordination and flexibility.

And if you get a minor injury through a fall, slip or trip, try the Minor Injuries Unit in Mexborough – they can see and treat strains and if needs be do an X-ray.

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