Doncaster and Bassetlaw Hospitals **NHS** 

NHS Foundation Trust

# **Post Vasectomy Analysis**

Production and delivery of a Post Vasectomy Semen Sample

In order to be able to cease using contraception after a vasectomy, you will usually be asked to provide two consecutive, clear (sperm free) semen samples. The first sample should be provided approximately four months after your vasectomy operation; during this time, you should preferably have had at least 24 ejaculations.

### You Must:

- Label the container with the details of the man who has produced the sample. A minimum of 3 identifying details are needed:
  - His name
  - His date of birth
  - His address or NHS/hospital number
- Provide a complete/whole sample:
  - We cannot examine incomplete or leaking samples as they may lead to inaccurate results and/or inappropriate treatment.
  - Only a single ejaculate should be provided for examination.
- Use the specimen pot provided by your clinician. Please don't clean it or wash it.
- Produce the sample by hand masturbation. Samples produced by interrupted intercourse or by using a condom will not be suitable.
- Not have sex or masturbate for at least 2 days before producing your sample, but not wait more than 7 days after sex/masturbation before producing your sample.
- Deliver the sample to Doncaster Royal Infirmary's Histopathology Specimen Reception (see directions below) within 4 hours of production; we cannot guarantee we will be able to examine specimens outside of this timeframe.

- Bring the signed request form from your clinician when delivering your sample.

We accept Post vasectomy semen samples for analysis between 9.00am and 12 noon, Monday to Friday (excluding bank / public holidays).



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# **Additional Information**

- Please note that there are no facilities available on-site for the production of semen samples.
- We recommend keeping the sample as close to body temperature as possible by placing it close to your skin or in a pocket.
- Patients will be asked to provide additional information about their sample on arrival at Histopathology specimen reception (e.g. date and time of production, length of abstinence, whether the sample was complete). Samples received via GP surgeries or without this additional information will not be accepted.
- Results will take between 7 and 14 days to become available. Your clinician will advise you how and when to obtain your results.

If you have any queries, please phone Histopathology on 01302 642859.

# Directions to Histopathology specimen reception, Doncaster Royal Infirmary

Enter the hospital via A&E, turn right and take the first turning on your left, then continue to the end of the corridor. Turn right and go through the double doors and down the flight of stairs onto the basement corridor. The Histopathology reception is immediately on the left-hand side; please ring the bell for access.

## **Travelling to Doncaster Royal Infirmary?**

Why not use the free Park & Ride service from Doncaster racecourse - free parking with free shuttle buses to and from the hospital every 15-20 minutes (6.30am-10pm, Mon-Fri).

### Travelling between our hospitals?

Why not use the free shuttle buses between: Bassetlaw Hospital and Doncaster Royal Infirmary Montagu Hospital and Doncaster Royal Infirmary.

### **Patient Experience Team**

The team are available to help with any concerns/complaints you may have about your experience at the Trust. Their office is in the Main Foyer (Gate 4) of Doncaster Royal Infirmary. Contact can be made either in person, by telephone or email.

The contact details are: Telephone: 01302 553140 or 0800 028 8059 Email: pals.dbh@dbh.nhs.uk



Histopathology