

ADVICE AFTER YOUR MINOR OPERATION

- You may remove your dressing after 48 hours. Keep the area as clean and dry as possible. You may bathe but do not soak the area unnecessarily.
- You may cover the treated area with a dressing for comfort or when undertaking dirty tasks.
- Check the site for signs of infection regularly ie. pain redness and swelling. If any of these symptoms occur seek advice from your doctor.
- If you experience post operative pain it is usually minor and may be relieved by a mild painkiller.
- You may see a small amount of blood on your dressing. This is normal. However, if bleeding continues and saturates the dressing, please do as follows: Apply firm pressure over the dressing for 15 minutes. If bleeding continues call the contact telephone number overleaf. Out of hours please contact your nearest Minor injuries/A&E department.
- Following your surgery we advise no heavy exercise or heavy lifting if you have stitches in place. This could cause the wound to bleed. A small amount of swelling and bruising is normal.

For wounds with stitches:

Please make an appointment with your practice nurse to have your stitches removed after days.

Once your stitches have been removed, moisturising the area will prevent dryness and itch.

Your wound has been closed with dissolving stitches therefore will not need removal, however it can take a few weeks for stitches to dissolve if this should cause a problem please contact your GP Surgery.

For wounds without stitches:

If the area has been cauterised a scab will form and heal over a period of 2 to 3 weeks. Once healed, a little moisturiser may be massaged into the area, to help with any dryness or itch.

If you have any problems please contact nurse

- Doncaster Royal Infirmary Tel: 01302 366666 ext. 3830
9.00 am until 5.00 pm Monday to Friday
- Bassetlaw District General Tel: 01909 500990 ext. 2439
8.00 am until 5.00 pm Monday to Thursday
8.00 am until 1.00 pm Friday
- Retford Hospital Tel: 01909 500990 ext. 4478
8.00 am until 5.00 pm Monday to Thursday
8.30 am until 1.00 pm Friday
- Mexborough Montagu Tel: 01709 321113 (directline)
9.00 am until 5.00 pm Monday to Thursday
9.00 am until 1.00 pm Friday.