# **66** We recommend that EVERYONE has a test for HIV **99**



- HIV is a virus that damages the immune system
- AIDS occurs at an advanced stage of HIV infection when the immune system is very weak
- someone can be infected with HIV and not have any symptoms, often for many years
- if you have HIV, medical treatment keeps you well and prevents AIDS, so it is good to know your HIV status
- if you have HIV and do not know about it, you could become ill and the infection may be more difficult to treat. You may also pass on the infection to others
- the HIV test is a blood test
- if someone is infected with HIV, it can take up to 3 months before the test becomes positive.
   So, if you had a risk less than 3 months ago, you may need to repeat the test at a later date
- HIV is not passed on every time someone with the infection has sex. Therefore, just because you have a negative result, it does not mean that your partner will too. This is why everyone needs to have a test.

## **Quality of care**

We aim to provide high quality care. To help us improve our service, we welcome your comments, complaints, or suggestions. Please complete a comments form available in the waiting room.

If you have any further questions about your visit, please do not hesitate to ask a member of staff.

We have clinics at the following sites:

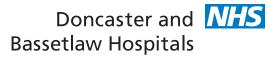
Doncaster Royal Infirmary, Tel 01302 553112 or 553111 Retford Hospital, Tel 01777 863355

The Ryton Street Centre, Worksop 01777 863355

Please contact us for advice or details of opening times or go to **www.dbh.nhs.uk** and search for sexual health.

We offer both appointments and walk-in clinics.





**NHS Foundation Trust** 



We aim to provide a confidential, non-judgemental service that is freely accessible to people of all ages.
Within this service, we wish to provide personalised care in a friendly atmosphere, fully meeting the sexual health needs of each individual person.

#### We offer:

- testing and treatment for sexual infections and genital problems
- HIV, Hepatitis B, and Hepatitis C screening and Hepatitis B vaccination
- care and support for people living with HIV
- advice, support, and information about all sexual health concerns
- free condoms
- some contraceptive advice and emergency contraception
- · referral for psychosexual counselling.

## **Confidentiality**

Information you discuss with us is strictly confidential. Your records are kept in the GU Department and your information would not normally be shared with any other hospital department or your GP without your knowledge. We will not give your test results to anyone else without your permission.

On the rare occasion that we do need to give information to a third party, we will always aim to tell you. The only reason we would do this is if we felt you or someone else were at risk of serious harm.

#### What do we test for

We:

- routinely check everyone for Chlamydia, Gonorrhoea, Syphilis, and HIV
- may test for other infections after a discussion with yourself
- do not perform routine cervical smears in the clinic.
   Your GP or Family Planning Clinic can arrange this.

Please do not pass urine until you have been seen by the doctor or nurse. For the tests to be accurate, men should not pass urine for at least one hour beforehand.

# **Booking in**

You will be seen in time order by the receptionist and then by the doctor, nurse or health adviser. If you are in severe discomfort, please alert one of the nursing or reception team. Please note that different clinics may be running at the same time, which means others may be seen before you. We will call you by name once we have your details. If you prefer us not to use your name, please let the receptionist know.

It is extremely important that you give us reliable contact details, otherwise we may not be able to inform you of any positive results.

## How long you will be in the clinic

If you have come to a 'walk-in' session, they can be very busy and you may be here for up to 2-3 hours. If you have come for an appointment, we aim to see you within half an hour of your given time. Seeing the doctor/nurse, having tests taken, and getting your results and treatment can take up to one hour.

#### Seeing the doctor, nurse or health adviser

If you prefer to see a male or female doctor/nurse, please let a member of staff know and we will arrange this if possible.

The doctor/nurse will ask some questions to get a clear idea of what is wrong or your concerns. The doctor or nurse Practitioner will examine you and take the tests. We will offer you a chaperone for this examination.

You may see a health adviser. This is a chance to ask questions, get more information about your diagnosis, safer sex, treatment of partners (if necessary), or to talk through any worries you may have.

#### **Results**

Results are usually available within 14 days. We usually operate a 'no news is good news' policy and will always contact you with any positive results if you have provided us with reliable contact details. Let us know if this is a problem for you.

#### **Treatment**

If the results show you need treatment, this will be given to you in clinic free of charge.