

Evidence Update

All articles published in January 2026 unless otherwise stated & in alphabetical order by journal / website

If you need help accessing any of the documents outlined below please contact the DBTH Knowledge & Library Service team on 01302 642894 or email dbth.dri.library@nhs.net

QUALITY IMPROVEMENT



- [Deprescribing benzodiazepines across different healthcare settings: a quality improvement initiative](#) (BMJ Open Quality)
- [Early extubation in low-risk liver transplant recipients: a quality improvement project](#) (BMJ Open Quality)
- [Improving resident doctor referrals to specialties: a 5-year evaluation of a centralised referrals sheet](#) (BMJ Open Quality)
- [Quality improvement for self-management: the DIALOG+ QI framework](#) (BMJ Open Quality)
- [Quality improvement project to improve blood culture volumes in haematology patients](#) (BMJ Open Quality)
- [From parallel tracks to integrated practice: advancing the integration of quality improvement and implementation science – editorial](#) (BMJ Quality & Safety)
- [“Bring your own” reusables to surgery: an environmental sustainability quality-improvement initiative](#) (Canadian Journal of Surgery)
- [Lipoprotein\(a\) Testing in an Outpatient Cardiology Clinic: A Quality Improvement Initiative](#) (Journal of Clinical Lipidology)
- [Implementation of an ERAS® Programme for Total Hip and Knee Arthroplasty in a High-Volume University Hospital](#) (Journal of Clinical Medicine)
- [Screening and Counseling for Unhealthy Alcohol Use in Primary Care Practices](#) (JAMA Network Open)
- [Learning Health System Implementation: Building a Hub-and-Spoke Model for Hypertension Management Through the QI Hub](#) (Journal of General Internal Medicine)
- [Reduction of pruritus and depression using longitudinal patient-reported outcome measures in hemodialysis: a quality improvement project](#) (Journal of Patient-Reported Outcomes)
- [Learning Health Systems Symposium: Charting the Future of Saskatchewan Healthcare](#) (Learning Health Systems)
- [Podcast: Population health, prevention and the power of improvement](#) (NHS Confederation)

STRATEGY



- [A nursing perspective on leadership within the National Health Service](#) (Journal of Research in Nursing)
- [Department of Health and Social Care 2024-25 Full Report](#) and [Audit insights](#) (National Audit Office)
- [The Mental Health Act 2025: What you need to know](#) (NHS Providers / NHS Confederation)
- [NHS Activity Tracker: January 2026 - Demand, activity and performance data](#) (NHS Providers)
- [Health at the heart of local growth](#) (The Health Foundation)
- [Meeting the NHS workforce retention challenge - blog](#) (The Health Foundation)
- [The history of the NHS, social care and public health policy](#) (The Health Foundation)
- [What's in store for health and care in 2026? Strategic outlook](#) (The King's Fund)

Evidence Update

PATIENTS & PEOPLE



- [Experiences of access to general practice in England: qualitative study and implications for the NHS 10 year plan](#) (BMJ)
- [Validation and benchmarking of Patient-Reported Experience Measures \(PREM\) tool for the safety of patients undergoing MRI investigations](#) (BMJ Open Quality)
- [Evaluating the Process of Patient Engagement: Insights from a Mixed-Methods Evaluation of a Cancer Center Patient Advisory Group](#) (Health Expectations)
- [Patient care in temporary care environments Report](#) (Health Services Safety Investigations Body)
- [Improving Patient Experience in Healthcare](#) (Brown Hospital Medicine)
- [The State of Person Centred Care 2025](#) (Picker)

EVENTS



- 24 Feb 2026: [Shine a light on co-production February event](#) - NHSE, Online, 10:30-12:00
- 25 Feb 2026: [NHS IMPACT: Coproduction of Improvement](#) - Online, 11:00-11:50
- 6 Mar 2026: [Closing date for NHS Excellence Awards](#)
- 17 Mar 2026: [Making room for innovation: a practical model for de-implementing previous ways of working](#) - Q Community Event, online 12.00-13.30
- 18 Mar 2026: [Leading Successful Partnerships](#) - Q Community, Online, 12:00-13:00
- 23 Mar 2026: [NHS IMPACT: Quality management systems](#) - Online, 12:30-13:50
- 25 Mar 2026: [Q member event: exploring the role of improvement in transformational change](#) - In person event, all day, London
- 31 Mar 2026: [Shine a light on co-production March event](#) - NHSE, Online, 10:30-12:00
- 30 Apr 2026: [NHS IMPACT: Learning from Scotland's improvement journey](#) - Online, 10:00-10:50
- 10-11 June 2026: [NHS Confed Expo 2026](#) - Manchester
- 18 June 2026: [NHS IMPACT: Leadership for improvement](#) - Online, 10:00-10:50

For full national quality improvement events listings go to: <https://www.theqihub.com/post/events>