

Intra-operative

Spinal anaesthesia + opioid

LA infiltration by surgeon (for knees)

Ketamine (as part of sedation)

Remember post-op dose

Tranexamic acid (1g, as per protocol)

Ondansetron +/- dexamethasone

Post-operative

Regular medication

Targinact 10/5 to 15/7.5mg bd 2 days
(four doses)

Pregabalin 75mg bd < 70 years 5 days

(not for discharge) 75mg od > 70 years 5 days

Ondansetron 4mg tds 3 days

Paracetamol 1g qds (reduced if <50kg)

Ibuprofen/PPI 400mg tds 3 days

Contraindications?

PRN medication

Morphine protocol (adult/reduced dose)

Docusate 200mg bd

Antiemetic protocol

Tranexamic acid 0.5-1.0g stat

TXA dose:
Review renal
function & wt.

Pre-physiotherapy

500ml Hartmanns in 2hrs prior to standing

ERP Elective Hips & Knees

This protocol contains ALL items at ALL doses therefore some items MUST be REMOVED or AMENDED before proceeding

Items to consider for removal are:

- Tranexamic acid inj. Remove the appropriate line based on weight & renal function.
- Targinact tablet. Remove 5/2.5mg line if lower dose is required.
- Pregabalin capsules. Remove the appropriate line based on age.

To remove an item click in the box to the left of the drug description. This inserts red cross **X** next to item

Items to consider for amendment:

Paracetamol if <50kg.

Tranexamic Acid –the **start time** for the remaining dose must be adjusted to **8 hours post-op**.

To adjust the **dose** or **frequency** click on the drug item. Amend the **dose** or **frequency** + click **modify order**.

To adjust **start time** click on the drug and the details are displayed. Click in the **start** medication on field, enter date & time click the **modify order** button.

When complete click **OK**: confirm by clicking **yes**, then all remaining items are added.