2,500th patient screened in Bassetlaw!
Our Diabetic Eye Screening programme in Bassetlaw is celebrating a landmark achievement, page 2

There’s still time to get your flu jab  Page 3
Are you research aware?  Page 8
Making your online passwords more secure  Page 9
The Diabetic Eye Screening Programme, which runs clinics at Bassetlaw Hospital and Retford Hospital has been operating for just six months and has screened its 2,500th patient.

Eye screening checks for diabetic retinopathy, which is a complication of diabetes that is caused by high blood sugar levels damaging the back of the eye. This can lead to a loss of sight if not detected and treated early. Everyone aged 12 and over with diabetes receives an invitation to be screened once a year.

Tomoko Ueta was the 2,500th patient to have their screening appointment with the new service. Tomoko said: “I have only recently been diagnosed with diabetes and within two weeks of receiving my diagnosis I was attending my eye screening. I was amazed at how quickly I got an appointment.”

DBTH took over the running of the programme in April 2017 and since then have increased the number of appointments available to people in Bassetlaw living with diabetes. The Trust now runs up to four clinics a week at Bassetlaw Hospital and up to two at Retford.

Amanda Stallard, Diabetic Eye Screening Manager, said: “The service has totally transformed over the last six months. We now have a more holistic approach to diabetes care in Bassetlaw which combines screening and diabetes education into an all in one service for our patients and we’re getting really good feedback from the people who use it.”

If you have diabetes there are a number of things you can do to reduce your risk of sight loss. As well as attending your screening appointments every year, make sure you exercise regularly, eat well and control your blood sugar levels and avoid smoking.

If you think you have missed your screening appointment you can call the team on 01302 642596 to arrange another.

DBTH's new website

We have recently launched the new Trust website and we want to know what you think of the content.

Please take a few minutes to visit the new website and check the content on your service pages.

If you think that the content is out of date, or something is missing, please email dbth.communicationandengagement@nhs.net. Alternatively, you can click the 'report page content' button at the bottom of the page you think needs updating.

Click here to visit the new site!
Completing the new salary claim form

SBS payroll team have made the Trust aware that a number of overpayments have occurred when paper based timesheets have been incorrectly completed and authorised by line managers.

Managers must ensure they check and validate all paper based timesheets claims before signing and sending through for payment.

The guidance document to help managers and their staff can be found [here](#).

Alternatively managers can contact SBS on the helpline number which can be found on the SBS payroll pages on the intranet.

Payroll cut-off dates

The cut off for receipt of timesheets is noon on Friday 3rd November. All timesheets and any other manual payment information must be received by Elaine Peel in D block by noon on the 3rd.

All electronic information must be sent for receipt by SBS close of play on Monday 6th November.

Any information received after these dates will not be processed until December.

Flu update

As of 31 October, 81.59% of front line staff have had their flu jab!

We’re already well ahead of where we were last year and this week is the last week the vaccinating team will be visiting wards.

After this week, if you still want your flu jab, you can get it at one of the drop in sessions [here](#).

Had your flu jab off site?

If you’ve had your flu jab at your GP or with another provider such as Boots, please let the Occupational Health team know so they can update their records.

Just email the team on [dbth.occhealth.dri@nhs.net](mailto:dbth.occhealth.dri@nhs.net)

Contacting the Nurse coordinator in A&E

The Main Nurse Co-Ordinator ext. no in the Emergency Department has now changed to 642360.
# Drop in the Last Flu Fighter

**Vaccines Now Available for All Staff Including Non Front-Line!**

<table>
<thead>
<tr>
<th>DRI</th>
<th>MMH</th>
<th>BASS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Daily in the OH dept. 9-10 and 1-2pm Mon-Fri</td>
<td>23 Oct 9.30-12pm on Rockingham</td>
<td>25 Oct 2-3pm in Kilton room</td>
</tr>
<tr>
<td>26 Oct 1-2pm in the leisure library</td>
<td>25 Oct 9.30-12pm on Rockingham</td>
<td>2 Nov 11-12 in the Kilton Room</td>
</tr>
<tr>
<td>27 Oct 11-12 in the leisure library</td>
<td>26 Oct 9.30-12pm on Rockingham</td>
<td>Also by appointment in the OH department on Wednesdays</td>
</tr>
<tr>
<td>1 Nov 12-2pm in the leisure library</td>
<td>30 Oct 9.30-12pm on Rockingham</td>
<td></td>
</tr>
<tr>
<td>3 Nov 11-12 in the leisure library</td>
<td>2 Nov 9.30-12pm on Rockingham</td>
<td></td>
</tr>
<tr>
<td></td>
<td>3 Nov 9.30-12pm on Rockingham</td>
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</tbody>
</table>
Help shape the future of hospital services

Healthcare professionals across South Yorkshire, Bassetlaw and Chesterfield are coming together with the public to help shape how hospital services could be delivered in the future to ensure local people continue to get safe, sustainable, high quality care.

The first step will be to look at how current hospital services are provided and how we can future proof them, taking into account local and national issues such as rising demand, workforce and resource challenges and consistently delivering quality standards. The aim will be to ensure patients have access to appropriate, safe, high quality care and that improved ways of working are developed to retain staff as well as hospitals being able to attract the best possible staff in the future.

This will not look at closing any of the current general hospitals in South Yorkshire, Bassetlaw or Chesterfield.

The detailed work began this week and will explore how five services could be delivered to ensure local people have access to safe, high quality care provided by the most appropriate healthcare professional and in the best place. The services are: urgent and emergency care; maternity services; hospital services for children who are particularly ill; services for stomach and intestines conditions (gastroenterology), including investigations (endoscopy); and stroke (early supported discharge and rehabilitation). The decision to examine these five services follows conversations with senior clinicians, the public and detailed examination of information about these services.

This work will be independently led by a former Vascular Consultant and Yorkshire and Humber Clinical Senate Chair Professor Chris Welsh. He said: “I want to be very clear that this is not about closing any of our local general hospitals. We want to keep services as local as possible where it is appropriate. We will also be focussed on retaining our existing staff and how we create opportunities which attract new staff too. This is about making our services fit for the future.”

By ensuring this work is led and informed from the very beginning by our healthcare professionals and patients and the public we can ensure this is the case for these services. It also gives an opportunity to look at how best we implement some of the things which we have already been told by patients that they want. For example we know from the national report Better Births that people want their maternity services delivered in a different way and our healthcare professionals have already started working with patients to put the recommendations from the report in place.”

There will be clinical working groups looking at the service areas in detail and there will be a number of opportunities for patients, public and healthcare staff to give their views too. The work will take place over the next 6 months and conclude in April 2018.

At the same time as the review, work is underway to develop more and more ways of treating and caring for people in their homes and local clinics, so that they don’t need to go to hospital.

When the work concludes in April 2018 there will be a series of recommendations about what changes could be made to future-proof the services. If those recommendations are accepted full public consultation would take place.

Please contribute to the survey here or request a paper copy by calling 0114 305 4487 or emailing helloworkingtogether@nhs.net.

A public event is also being held on 6 December at The Source, Meadowhall. Opportunities to have conversations with local people in each town and city in South Yorkshire and Bassetlaw are being set up and will be publicised on the Health and Care Working Together website. If you would like to express an interest in attending the event please contact acs.engagement@nhs.net.

Our Chief Executive, Richard Parker, has been to talk to the areas highlighted above.
**Staff survey - Have your say!**

**Last week Picker, our staff survey provider, sent out reminders to all staff who have not yet completed their staff survey.**

Richard Parker, Chief Executive, in his message to all staff stated his ambition is to achieve a 50% response rate to give a more accurate picture of what colleagues in the organisation think, feel and want to see change.

If you haven’t yet completed your survey, check your inbox for your invite and take some time to fill it out.

**Please note:** Picker assign a unique code to all staff and when the survey is completed the code is logged and Picker then know not to send out further reminders.

If the code isn’t logged staff will continue to receive follow up reminders until the survey ends.

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**Portable Appliance Testing**

**Portable Appliance Testing is now due across the Trust’s sites and is planned on the dates below.**

SS Testing, who have PAT tested for the Trust for the last two years will be carrying out the work. Due to potential access issues, the dates are for guidance and may run over or complete early.

Please allow reasonable access to all portable equipment to allow the team to work efficiently, they will attend out of hours where access is not possible during the normal working day.

Your help and co-operation with the testing team will be greatly appreciated. If you require any further information please contact robert.holdridge@nhs.net

<table>
<thead>
<tr>
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<th>Planned start date</th>
<th>Planned completion date</th>
</tr>
</thead>
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<tr>
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<td>30 November 2017</td>
</tr>
<tr>
<td>Bassetlaw</td>
<td>4 December 2017</td>
<td>15 December 2017</td>
</tr>
<tr>
<td>DRI</td>
<td>2 January 2018</td>
<td>9 February 2018</td>
</tr>
</tbody>
</table>
New total waste contract

From 1 November the Trust’s waste requirements will be serviced by a single contractor under a Total Waste Management (TWM) contract.

The Trust has recently undergone a tender exercise to identify the best placed partner to provide TWM services over the next three to four years, with Sharpsmart named as the successful contractor.

Sharpsmart have been providing the reusable sharps container to the Trust for the last four years, and their proactive approach will now transition to all waste produced at all Trust sites. The benefits of having Sharpsmart as our TWM partner are:

- Single point of contact for all waste matters
- Reduced costs through TWM approach
- Onsite presence and audits for all waste streams
- New ideas and innovations, making the Trust national leaders in waste management for the NHS.

What's New?
As part of the Trust’s new waste contract which goes live on 1st November 2017 there will be a change in the way healthcare waste is identified and segregated by Trust staff. This see coloured lids replaced by yellow lids for all waste streams, with coloured tags used in place of coloured lids to correctly segregate the different waste streams. A brief description of the process is outlined below.

Tagging Process
- Trust provided with pre-determined number of colour coded labels each week
- Additional contingency stock of labels provided
- Mailed directly to agreed locations
- Tags are applied to bins by Trust staff
- All tags are scanned by drivers during collection.

Colour Coding
- Same colour scheme as coloured lids
- Easy to switch between waste types by swapping tags
- HTM 07-01 compliant
- Each waste stream also accompanied by 2 letter code.

Biotrack tags explained
Completing Stoptober

Did you know if you stop smoking for 28 days, you're five times more likely to stop for good.

If you did the Stoptober challenge - well done!

If you're still thinking about becoming a quitter but didn't take up Stoptober, it's not too late. You can still get help locally to give up the cigs.

Go to www.nhs.uk/oneyou/stoptober for more info or for local information:

Yorkshire Smokefree:
Freephone 0800 612 0011

Smokefreelife Nottinghamshire:
Freephone 0800 2465343.
Make your online passwords more secure

Did you know cyber criminals can crack most passwords in under two minutes using the latest technology?

This is one of the recent findings made during the International Cyber Security Awareness Month held during October 2017.

The recent survey found the easiest passwords to crack and key words to avoid using.

If you would like to find out more about cyber security why not check in at the Digital Garage, held every Friday across the Trust during 2017.

For more information please contact Robin Smith on 644507.

Easiest to crack

- 123456
- 1234567890
- qwerty

- password
- 111111
- 987654321

Words to avoid

- Your name, partner's or family name
- Your pet's name
- Favourite sports team

How to create a crack-proof password

Managing passwords is undoubtedly a headache but there are some quick tips to improve security.

1. Choose a password that's made up of three random, unrelated words. A good example is 'teabrownpicture' and it would take 35,000 years to crack.
2. Adding a number to the end of the three random words ups the time to crack to an astounding 227 million years!
3. Consider having different passwords for your accounts.

Logging into My ESR

If you are having trouble logging into ESR, please make sure you are using your eLearning username and password.

Your username should begin with 272.

If you have forgotten your username or password you can use the 'forgot username or password' link on the log in screen. Make sure you use your new NHS Mail address.

If you still cannot log in you may need to contact the ESR team on dbth.esrportal@nhs.net.
Work experience placement

The Work Experience Framework is now live, if you would like to accommodate work experience students on your wards or departments, please refer to the framework available via the link below.


Making our patients safe this winter
Sharing learning

We continually strive to improve the care for our patients and at the heart of this is the vision to become a Person Centred Care organisation.

PCC places the needs and desires of the patient central to all clinical encounters and ensures that all patients are seen as individuals.

Over a quarter of the patients we care for are living with Dementia and/or Delirium, this cohort of patients are at a significant risk of falls, absconding and deconditioning during their stay. The consequences of an inpatient fall do not only impact the Trust financially (around £2,600 per fall) but can have catastrophic outcomes for the person such as pain, distress, loss of confidence and reduced mobility.

People aged 65 and over have the highest risk of falling, with 30% of people older than 65 and 50% of people older than 80 falling at least once a year.

Our PCC study day offers staff the chance to access:
- Tier 2 Falls Prevention Training including the new Daily Supervision & Engagement Assessment
- Level 2 Dementia/Delirium study in line with the Trusts Dementia Strategy objectives and engagement initiatives on how to #endPJparalysis. Plus much more,

There are 40 places left for the PCC day on the 23 November 2017, Lecture Theatre, Education Centre, DRI, 9.00am to 4.00pm.

Dates for 2018 are:

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Place</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thursday 22 February 2018</td>
<td>8.30am to 5.00pm</td>
<td>Lecture Theatre, Education Centre</td>
</tr>
<tr>
<td>Wednesday 25 April 2018</td>
<td>8.30am to 5.00pm</td>
<td>Lecture Theatre, Education Centre</td>
</tr>
<tr>
<td>Thursday 21 June 2018</td>
<td>8.30am to 5.00pm</td>
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</tr>
<tr>
<td>Wednesday 12 September 2018</td>
<td>8.30am to 5.00pm</td>
<td>Lecture Theatre, Education Centre</td>
</tr>
<tr>
<td>Thursday 22 November 2018</td>
<td>8.30am to 5.00pm</td>
<td>Lecture Theatre, Education Centre</td>
</tr>
</tbody>
</table>
Quality Improvement and Innovation
Oral hygiene and Pneumonia rates

The oral hygiene of patients was identified an issue on Ward A4. This had been associated with increased pneumonia rates. The ward manager, Miriam Boyack did a literature search and obtained some external advice from oral specialist nurses from Manchester.

Changes made
Training was given to staff on the ward on oral hygiene. New oral care swabs were also introduced. These were readily available near the patients. Oral assessments became part of the morning routine. An oral hygiene champion, Beverley Salmon did an excellent job ensuring that the above actions were happening.

Improvements
As a result of these changes patients had much better mouth hygiene, were in less discomfort and had improved speech. The percentage of pneumonia rates on the ward fell from 31% to 10% (a significant data shift). A few small changes have made a big improvement in pneumonia rates.

The plan is to role this work out to other wards in the Trust. For more information please contact Miriam. Boyack@nhs.net or on 01909 572936

For more details about this and other practical tools see the Qii toolkit on the Qii webpages.

dbth.ideabox@nhs.net  01302 644100  @DBTHQii

Comms at Bassetlaw has moved

Please note that the Communications Office at Bassetlaw Hospital has moved.

We are now based near the old Post Graduate Building. Our office at DRI has not moved and is still open.

Alternatively, you can call us on 01302 644244 or email dbth.communicationsandengagemen@dbh.nhs.uk
**Occupational Therapy Week**

**Next week (6-12 November) is Occupational Therapy Week.**

Go and visit the Occupational Therapy team stand at East block dining room. Our display will be around all week and we are having a cake sale Tuesday 7 and Friday 9 November.

Occupational therapy provides support to people whose health prevents them doing the activities that matter to them. An occupational therapist can identify strengths and difficulties you may have in everyday life for example providing training in self-care activities (e.g., bathing, dressing), contribute to safe discharge planning, including recommendations for transitioning to the next level of care and provide equipment.

Occupational therapists work with people of all ages and can look at all aspects of daily life, we can work with you to identify goals that can help you maintain, regain, or improve your independence by using different techniques, changing your environment, and using new equipment.

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**Infection matters newsletter**

**The latest edition of the Infection Matters newsletter is now available to read here.**

View this month's edition for lots of useful updates on infection rates, Antibiotic Awareness Week and a spotlight on flu.

The annual Infection Prevention and Control Conference is on 8 November in the Education Centre.

Click the newsletter for more details and for how to book your place.
NMP Conferences

The non-medical prescribing (NMP) Conferences held in September and October at DRI were a huge success.

Thank you to everyone who gave their time and got involved. It was also an ideal opportunity to share the new Prescribing Competency Framework from the Royal Pharmaceutical Society (RPS).

Over the two days there were over 120 attendees from Nursing, AHP and Pharmacy. Both dates received excellent feedback and requests for the conferences to be repeated next year. You’ll be pleased to know we have reviewed all your feedback and put together an initial programme for next year.

When asked what else you would have liked to be included in the day, a large number of attendees asked for sessions to include prescribing in Warfarin/coagulation, VTE and Intravenous fluids. You also would have liked more information regarding AKI.

Some links you might find useful:

- Maintaining patients on oral anticoagulants: How to do it. (will need to sign in with an ‘Open Athens’ account)
- Starting patients on anticoagulants in secondary care: How to do it. (will need to sign in with an ‘Open Athens’ account)
- Prescribing Intravenous fluids NICE have an excellent algorithm on Intravenous fluid therapy in adults in hospital.

There are also a number of excellent e-learning modules on the Intranet under the foundation doctors section. These include AKI for Doctors and Nurses, prescribing in VTE and History Taking and Prescribing.

The dates for next year’s conference will be advertised as soon as they have been confirmed.

DBH Mail forwarding

As of 2 Jan 2018, emails that are sent to your old dbh account will no longer be passed along to your nhs.net inbox.

This removal of forwarding means that if someone attempts to contact you via your dbh address, then they will receive a non-deliverable message, informing them that you will be unable to see their email.

Because of this impending change, you will need to do a few things.

1. Contact any external bodies/websites that you are registered to with your dbh account, and ask them to change this to your NHSmail address.
2. Update your personal or departmental distribution lists to use nhs.net email addresses.
3. Make sure that you communicate that you have a new email address, so that people do not mistakenly use your old one. One way of doing this is to revise your email signature, so that it reflects your new contact details.
Does my patient really need an abdominal X-ray?

Remember

Up to 10% of all Emergency Department presentations are with abdominal pain

Up to 80% of abdominal X-rays have no abnormal findings

An abdominal X-ray exposes patients to up to 50x the amount of radiation from a chest x-ray

Royal College of Radiologists indications for abdominal X-ray:

- Clinical suspicion of perforation or obstruction
- Acute exacerbation of inflammatory bowel disease
- Constipation (specific circumstances)
- Palpable mass (specific circumstances)
- Acute and chronic pancreatitis
- Sharp/poisonous foreign body
- Blunt or stab abdominal injury

Examples of inappropriate request from Primary Audit:

- Tender RIF/LIF – abdomen soft
- ? Appendicitis
- Renal colic ?calculi
- Requested by speciality – not clinically indicated
- Recurrent vomiting
- DKA/+/- infection +/- MI - need to R/O perf
- ? Gastritis
- ? Alcohol induced dyspepsia

Primary Audit Results

January 2017 DRI Emergency Department

- Appropriate requests: 47%
- Inappropriate requests: 53%

- Abnormal X-ray
- Normal X-ray

Score

0 5 10 15 20 25 30

Appropriate requests (25) Inappropriate requests (28)

References:

- RCR – refer guidelines
The iFIT system was successfully launched on Friday 29th September, which replaces the CRT module in the PAS system (CaMIS).

By introducing the new system, in conjunction with the newly installed sensors located around the Trust, case note movement can be monitored via the RFID tags located on patient case notes. This will improve the locating of untracked case notes and improve the quality and efficiency of case note filing and access.

Please note: Staff will still be expected to manually track patient case notes to and from locations on the iFIT system. This will support the efficiency and effectiveness of the iFIT system and ensure a safe service for our clinical teams and patients.

Benefit aims:

- Improvement of availability of health records at the point of need
- Reduction in appointment cancellations as a result of missing case notes
- Reduction of the number of temporary notes created as a result of missing case notes
- Reducing the overall time spent in tracking and locating of patients case notes.

Achievements:

As part of the roll out and Go Live please see what we have achieved so far:

- Over 1,000 Members of staff have attended training and have successfully logged on
- Over 35,000 sets of patient case notes have been synchronised with an RFID tag
- Over 20,000 patient case notes have been filed using the location based filling system in medical records.

Feedback and comments

Congrats on the records store- I went down yesterday and it looks amazing!
Head of Orthoptic Department, DRI
My staff love the new iFIT and think it’s so much easier to use than CaMIS!
Outpatients, DRI

The link below provides users with information and guidance related to the iFIT system. This includes:
- Training Manuals
- Previous Communications
- Support Material

Key reminders: When manually tracking case notes please search by the patients District number and then select the case notes you are wishing to track, or for a more accurate way of tracking please use the barcode readers.

Thank you: To everyone who has been involved with the successful implementation of the iFIT system and for the positive comments and support from all staff.
Thanks Airish

Special thanks to Airish Joy Salute, who is one of our international nurses.

Airish has been working on ward 26/27 respiratory unit. Her ward manager Michelle Bruce and Nicky Severine –Kirk, say she has fitted in with the ward staff, is lovely and an excellent nurse.

The patients and relatives speak highly of her. She is a real asset. We are so glad to have her as part of the team.

A 'Thank you' for Ward 16

Grateful relatives of a patient who recently passed away on Ward 16 have brought in a thank you gift for the staff.

The family, who were so pleased with the care of their relative until she sadly passed away earlier this month, brought in cakes, coffee, tea, biscuits even a basket of china mugs for the staff.

Everyone on the ward was very touched by their generosity.

Happy Retirement Shirley

Shirley Fearn, Ward Manager on Ward 16, is taking early retirement on the 3 November.

Shirley has worked at the Trust for over 30 years. She has worked on various wards during her time at DBTH and is a very well respected member of the team on ward 16.

Shirley’s passion for nursing has never diminished and she intends to return to the stroke unit in the very near future.

“Good luck Shirl, lots of love all the team on ward 16 xxx”
Stress Awareness Day

Stress Awareness Day is right around the corner and in the run up we’re promoting some stress busting activites that you can use to improve your mental wellbeing.

Top ten stress busting tips!

1. **Manage your time effectively**
   Prioritise your day and do important jobs first-we waste a lot of time doing unimportant tasks especially when we are stressed.

2. **Adopt a healthy lifestyle**
   Eat well, exercise regularly and make sure you get a good night's sleep.

3. **Know your limits - don’t take on too much**
   We can cause ourselves stress by not wanting to let people down. If you’d be taking on too much delegate or say no.

4. **Find out what causes you stress**
   If you understand the causes you can change your thoughts and behaviour to reduce it.

5. **Avoid unnecessary conflict**
   Look for resolutions to disputes where both parties can achieve a positive outcome- don’t be too argumentative.

6. **Accept the things you cannot change**
   If you can't change one thing concentrate on all that you do have control over.

7. **Relax**
   You'll find you perform better if you take a break and recharge your batteries.

8. **Find time to meet friends**
   Friends can help you see things in a different way. Also, laughing boosts the immune system!

9. **Think positively**
   Talk problems over with someone before they get out of control. Try to look at things differently.

10. **Avoid alcohol, nicotine and caffeine as coping mechanisms**
    Long term, these will just add to the problem and can even cause symptoms of anxiety to occur.

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**Reiki**

Darren offers natural healing for the mind, body and soul every Friday.

Reiki is a great way to improve your sleep, comfort and relaxation which can all reduce the effects of stress.

Book a session through Occupational Health on 642582.

**Holistic therapies**

Pauline offers various treatments, including hands, shoulders, feet and head massages, every Thursday.

Book a session through Occupational Health on 642582.

**Coping with stress**

The Trust is holding some Coping with Stress sessions on the following dates:

- 7 November, 9.00am to 12.00noon, DRI Education Centre.
- 5 December, 1.00 to 4.00pm, DRI Education Centre.
Andrea wins Aldridge Award

Andrea Johnson, manager of the Orthodontic & Maxillofacial Laboratory at Mexborough has won the prestigious Aldridge Medal at a recent Orthodontic Technicians Association conference (OTA).

Following a generous donation by one of the association’s founders Bert Aldridge, the Aldridge Medal was launched in 2007. This award is designed to encourage members to present new research and developments in the field at the annual OTA conference. The best lecturer at the conference, as judged by the OTA member delegates who are present, is awarded the Aldridge Medal at the following year’s conference.

Andrea won this award for her lecture in 2016 on the problems and pitfalls up of setting up a dental laboratory in Uganda and the subsequent setting up of charity Den-Tech.

Staff Lottery Winners

Congratulations to our Staff Lottery winners for September!

<table>
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<tr>
<th>Prize</th>
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<th>Name</th>
<th>Department</th>
</tr>
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<tbody>
<tr>
<td>£1,000</td>
<td>2306</td>
<td>Susan Case</td>
<td>Catering, Montagu</td>
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<tr>
<td>£500</td>
<td>1195</td>
<td>Donna Perrons</td>
<td>Urology, DRI</td>
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<tr>
<td>£500</td>
<td>2372</td>
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<td>Health records, Montagu</td>
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<td>Kathryn Walker</td>
<td>Ultrasound, DRI</td>
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<td>£100</td>
<td>2430</td>
<td>Diane Bowman</td>
<td>Medical Directors Office, DRI</td>
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<tr>
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<td>1952</td>
<td>Stephen Gray</td>
<td>Estates, Bassetlaw</td>
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<td>£50</td>
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<td>Denise Cowling</td>
<td>Palliative Care, DRI</td>
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<tr>
<td>£50</td>
<td>4392</td>
<td>Erica Carmody</td>
<td>Information, DRI</td>
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Thank you ATC

I would like to send to all staff on ATC at Bassetlaw Hospital our appreciation of the outstanding level of care given to my wife during her recent stay with you.

All staff were dedicated, efficient, friendly, helpful and generally wonderful. I must also mention the superb care given by A&E when she entered the hospital last Friday.
**Travel South Yorkshire App**
**Download and get a free power bank!**

**Travel South Yorkshire have a new app which can save you time and money.**

The app, which you can download now from the google play store, allows you to buy 7 and 28 TravelMaster tickets and load them directly onto your smartcard, all with your phone and without visiting an interchange.

To get your free powerbank, just install the Travel SY and Pingit apps on your Android smartphone and head over to the east dining room on Wednesday 8 November between 10.00am and 2.00pm.

Learn more about using the app here.

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**Friday Lunchtime Lecture**

- **Where:** Lecture theatre at DRI and transmitted to Bassetlaw and Montagu
- **Topic:** How do we help supervisors help learners?
- **Speaker:** Peter Taylor, Deputy Postgraduate Dean

**Overview of presentation:** Trainees face a number of challenges to successfully completing postgraduate training and achieving independent practitioner status. Personal, health, service and education progression issues can singly or multiply contribute to affect a trainee, often previously satisfactory, training trajectory.

Being aware of these issues, ensuring that they are identified, and subsequently solutions sought with the trainee is a key function of the Clinical and Educational supervisor.

Whilst the GMC now require all Named supervisors to be trained to meet the Academy of Medical Educators standards, this is often felt to be insufficient to equip a supervisor to deal with the problems they are confronted with by a failing or distressed trainee.

Recognising when and to whom to escalate concerns regarding a trainee is key to being a successful trainer. Acknowledging that a tendency to a diagnostic / management paradigm is not necessarily the role of the supervisor, is equally important.

This presentation will highlight some common and not so common situations which can demand time from a supervisor, but lead to a successful conclusion.
The confidential waste contract is changing

In some Trust areas the old Confidential waste consoles are being removed from Trust sites before the new ones arrive, this was not planned and is causing issues at some sites.

The new consoles should be on site Monday, Tuesday next week so if you can manage until then it will be a great help, if your console is removed and you have any Confidential waste bags please use those.

If you need a CW bag urgently please contact:

DRI: Please contact stores at DRI
Bassetlaw: DH to deliver CW bags and visit all areas.
Montagu: Please contact stores at DRI

Exclusive showing of Paddington 2

Paddington 2 launches next weekend (11 November) and Blue Light Card have secured an exclusive screening for the Emergency Services and NHS staff.

The screening will be on Saturday 11 at 9.30 at all ODEON’s across the UK and ticket prices are only £5.50 each.

To book members can do this directly on the ODEON website here.

Stay in touch with our Knowledge and Library service

The Knowledge and Library Service at DBTH is now on Facebook!

Why not like them at fb.me/DBHLib.

Don’t forget, you can also follow them on Twitter at @DBHLib
A blustery but bright morning in Gateshead on Sunday as the tail end of Storm Ryan subsided.

Jo Barkley, Business Support Manager, Speciality Services Care Group

Please keep your photos coming in, by sending them to buzz@dbh.nhs.uk (in jpeg format) and we will publish some of the best in future issues.