



Do you have some exciting news? Call us on **644244** or email us at dbth.buzz@nhs.net

Appraisal Season is coming

The Trust's Appraisal Season will take place between April and June this year, with an ambition to see 90% of Trust staff receiving a good, quality appraisal.

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Appraisal season is coming

The Trust's Appraisal Season will take place between April and June this year, with an ambition to see 90% of Trust staff receiving a good, quality appraisal.

Having your appraisal is important because it gives you feedback on how you are doing at work, how you can develop and what support is available to help you on this journey.

As Chief Executive, I want every member of Team DBTH to be really clear on what their role is and how this, ultimately, contributes to the delivery of high quality patient care.

To achieve this, we're looking at doing things slightly different this year, to ensure that people value their appraisal and see it as a good use of their time.

The People and Organisational Development (P&OD) Directorate are working on plans to prepare and support us all to deliver and participate in our appraisals.

If you have any ideas that can help deliver good, quality appraisals, or you have any questions about the process, please contact your HR Business Partner.

As a member of Team DBTH it's our pledge to you that we offer an environment in which you can Develop, Belong and Thrive, Here – ensuring you have your appraisal is just one more way in which we can achieve this together.

Richard Parker

Chief Executive



Proposed pay increase for NHS staff

As many of you will be aware from last week's announcement, negotiations have taken place with the government, NHS Employers and trade unions on a three-year pay deal for NHS staff in England, together with changes to the Agenda for Change pay structure.

In simple terms, if approved, this means an end to the 1% pay freeze, in effect since 2010, with wage rises between 6.5% and 29% depending your banding. As a result of this negotiation, the lowest paid members of Team DBTH will see uplift in basic pay of 15%, with band one scrapped by April 2021. In terms of what this means for the Trust finances, it's important to note that the government has committed new money to pay for the deal and money will not be taken from patient care.



With these suggested changes to Agenda for Change, this will mean fewer scales within each banding – proposed changes which you can see on NHS Employers website [here](#). You can also look at how these changes will personally affect you by using [NHS Pay's calculator](#).

It is anticipated that trade unions will now be consulting with their members until the end of May, announcing their decisions in early June. If this recommendation is accepted, the revised structure will be payable in July 2018, back dated to 1 April 2018.

We will communicate more information as it becomes available. Please keep checking the Buzz and the Intranet in the coming weeks.

Pain Symposium: Opiates and Pain Management

There are few places left on the Trust's Pain Symposium on 16 May.

The full day event (9.00am to 4.00pm) in the Education Centre at DRI, covers:

- Opioids and prescription drug addiction
- How much does pain behaviour determine the prescription of strong opioids
- Functional Abdominal Pain Syndrome and Narcotic Bowel Syndrome.
- Substance misuse
- Opiates- Where it can all go wrong

Lunch will be provided and there will be an opportunity to ask questions at the end of the day.

[Click here to see the full agenda for the day.](#)

Places are limited so please make sure you book beforehand by emailing rebecca.mcdonald1@nhs.net



MyPathway presentation

There will be a presentation on the MyPathway in the Lecture Theatre, DRI on Friday 13 April, 9.00 to 11.00am.

MyPathway can support services with:

- Immediate, automated patient engagement on referral
- Keep patients informed and engaged each step of the way
- Provide editable rules which can control the automated push of self-management resources to patients, based on referral pathways, events
- Pain management resources, Pain Toolkit and Pain Management Plan
- Automated request & completion of pre-appointment assessments including pre-operative, patient reported outcome measures, satisfaction questionnaires
- Advise patients on the location of appointments, especially useful if service operates from multiple locations
- Reminders prior to appointment such as arranging blood tests before appointment date



Sheffield Teaching Hospitals have seen a significant improvement in their MSK pathways and waiting times since implementing this digital solution.

MyPathway® enables patients to complete outcome measures, view clinically relevant information/resources to promote self-care via a set of automated rules. Services can provide individualised information leaflets, links to relevant websites, information videos relating to their condition, all direct to their smartphone/portal.

You are invited to bring your own phones, digital devices to take part in a demonstration of the system. If you are interested in attending please contact Julie Butler, Business Manager, MSK & Frailty Care Group on Julie.butler@nhs.net

Be cautious about car crime

There has been a few cases of cars being broken into overnight in the area around DRI.

Most vehicle crime is preventable but it can take as little as 10 seconds for a thief to steal something from your car.

The best way to protect your belongings is to lock your car whenever you leave it. Other things you can do include:

- Removing everything from the car; don't even leave a jacket where it can be seen
- Closing the sunroof along with the windows when you leave
- Not storing things in the boot; take them with you
- Storing car ownership information in your home, not your car
- Having a routine to ensure you always take the keys out of the ignition
- Taking removable stereos and sat nav equipment with you
- In addition, using secure (theft resistant) number plates can make your plates less attractive to thieves



Nutrition and Cancer study day

The Trust will be hosting a study on 23 May on Cancer, Nutrition and Sarcopenia which will incorporate the LLL module Nutrition and Cancer.

The day aims to help you:

- Understand how to assess the nutritional status of cancer patients before starting treatment and during cancer treatment
- To recognise malnutrition and its impact on response to cancer treatments
- To understand how to intervene to correct malnutrition before and during cancer treatment
- To optimise management of nutritional therapy as patient approaches end of life.



The day will be in the Education Centre at DRI and is free to attend but please make sure you book in advance by emailing dbth.training@nhs.net or calling 642055.

Iraq Bariatric Course

Abdulzahra Hussain, UGI consultant at DBTH, has held a bariatric course at Jabir Ibn Hayn university/Kufa University .Najaf .Iraq.

Adbulzahra covered:

- The role of the educational and clinical supervisor
- The UK clinical governance system

Abdulzahra Hussain has been awarded the shields of the Jabir Ibn Hayyan University /Njaf.Iraq as appreciation of his continuous collaboration and for the above activities.

Abdulzahra Hussain is pictured receiving Jabir Ibn Hayan University shield from Prof.Ali Alshammary, President of the University.



AHPs in South Yorks and Bassetlaw working together

The second 'AHPs for South Yorkshire and Bassetlaw Integrated Care System (ICS) will be held on 26 April at Sheffield Hallam University.

The event will showcase examples of innovation and transformation in the updated AHPs into Action National Strategy and provide opportunities for you to be involved in shaping ICS workforce and transformation and much more.

[For full details of the event and how to book click here.](#)



Donation to Ward 20 from grateful Graham

Ward 20 has received a generous donation of £1,000 from a grateful patient, Graham Gibbins who had surgery in October last year.

Graham has been associated with The Scawthorpe Scorpions football team for many years and after his surgery the club had a collection for Graham so they could send him on a relaxing holiday as a treat after his recovery,

Graham asked if he could donate the money to the ward instead as a thank you for the great care he received to which The Scorpions kindly agreed.

Sister Sue Birchall and the staff on Ward 20 would like to thank Graham , his family and the Scorpions for this extremely generous donation and send their very best wishes for Graham's continued recovery.

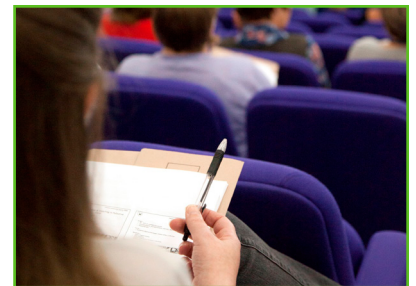


Palliative care and end of life link nurse day

This study day includes updates relevant for all link nurses around palliative and end of life care.

Topics that will be covered are:

- McKinley T34 syringe drivers
- Update on advance care planning
- The role of Acute Oncology Service
- End of Life care update



The day will be on 23 April, 9.30am to 4.30pm, in the Lecture Theatre at DRI. To book your place, please email j.gilleard@nhs.net or ring 642885.

New Health Service Discounts website

Health Service Discounts, the website that offers NHS staff discounts on everything from travel and electronics to insurance and service providers, has had a revamp.

They launched their new website last week to make it easier for members to find the deals they're looking for.

If you're not already registered to Health Service Discounts you can do this for free on the new site.

Browse, sign up or find a bargain here:

<https://healthservicediscounts.com/finance/saving>



Sharing how **'We Care'**



Conference at DBTH

Thursday 26 April, Education Centre, DRI

This event is our chance to showcase examples and experiences of care, as well as examples of best practice around three themes: Patient Centred, Patient Safety and Patient Experience.

This is your opportunity to show the importance and value of frontline healthcare staff for patient care, exploring what sets us apart from the rest and discovering why 'We Care'.



**Develop.
Belong.
Thrive.
Here.**

Find your perfect career at Doncaster & Bassetlaw Teaching Hospitals

PREVENT safeguarding training

All health services have been set a target by NHS England to have 85% of relevant staff trained in Prevent at the higher level by 31 March.

We need 584 of you to complete the training to reach our target. If you require above level 1 safeguarding then you need to complete the Prevent hour face to face session or the eLearning package.

Next Session: 27 March, 3.00- 4.30pm, Lecture Theatre, DRI - Book on via Training and Development.

You can access the eLearning via <https://www.elearning.prevent.homeoffice.gov.uk/mentalhealth> or in your ESR (Remember to send your proof of learning to the education department to update your record if required.)

Do you have a meeting or any other group event where there will be a number of staff present? If so we can come and deliver the session if there are less than 10 of you. Please contact the Safeguarding Team 642437 to arrange.

Have you already completed the training at another health organisation? If so please contact the training department and let them know.



! Naming our new extranet



Following the successful launch of our new website, the Trust is planning a major revamp for the staff intranet.

Last week we asked for your suggestions on a new name for the new and improved site. We had some great ideas so now all that's left to do is pick your favourite!

Complete the poll on the Facebook group [here](#) or email your favourite from the options below to dbth.buzz@nhs.net

- InfoZone
- The Hive (extends on the bee theme with The Buzz)
- Staff.net
- Daily **BooTH**

Thank you #TeamDBTH

To all staff on Ward 17, on behalf of the family of David Hodkinson, who we sadly lost:

You have all been fantastic through these very difficult times over the last two weeks. You couldn't have done any more for Dave and us, going above and beyond the normal call of duty. You are a credit to your profession. Dave became very fond of you all in his last few days and we take comfort knowing that you made him feel as comfortable and contented as possible. Keep up the great work.



Your *Health* & Wellbeing update

Last chance to win £1000 worth of travel!

Travel South Yorkshire are offering you the chance to win one of three annual travel passes, giving free travel on buses, trains and trams in South Yorkshire worth £1000, just for completing a short survey.

They are hoping to understand how people get to and from work to help inform improvements to their services. They're interested in whether you use public transport or commute by car.

The survey should take no more than ten minutes to complete and closes on 31 March. Have your say and enter yourself into the prize draw [here](#).

Bowel Cancer Awareness

There is a Bowel Cancer awareness session at DRI on Tuesday 10 of April which will be delivered by Bowel Cancer UK.

Bowel cancer is the fourth most common cancer in the UK and kills 16,000 people a year. However, early diagnosis increases the chances for a patient to make a full recovery from Bowel Cancer.

The session will be held in Learning Room 3 in the Education Centre.

If you would like to attend, please book your place with the Education Centre by calling 642055 or emailing dbth.training.department@nhs.net.



Fitness class postponed

The Tuesday and Wednesday fitness class with Chris Bosworth will not be running for a few weeks.

Thanks to everyone who attended we hope they will be up and running again soon.

DeChox - almost there!

As March draws to a close, so does a gruelling month of being chochoalte free for all those of you who were taking part in DeChox.

The Podiatric Surgery team at Montagu have completed their chocolate free month without a slip up in sight!

Sally Plant, Jo Hall and Sarah Allen are pictured here:



Headspace App

The headspace app can help you unlock the benefits of meditation to improve your life. It can help you stress less, sleep better, sharpen your concentration and manage anxiety.

Just search headspace on your App Store or Google Play to download!

Happy meditating!



In memory of Helen

Helen Candlin, Staff Nurse, sadly passed away just before Christmas last year.

Helen worked in Endoscopy at DRI and also served in Afghanistan as a Major. She was deployed with 212 Field Hospital as a member of the reserve forces.

During her illness she received great care from DBTH from Cardiology Outpatients, ED, the Rehabilitation Unit and the medical wards.

Her family would like to all the staff who were involved in her care, and also to the staff from the Endoscopy unit for their gifts, kind words and support given to Lewis and Caitlyn, Helen's son and daughter.



Managing symptoms in palliative care

This workshop aims to give an overview of symptom management to improve the quality of life of palliative care patients. Topics to be included are:

- Nausea and vomiting
- Mouth Care
- Palliative Emergencies
- Opiate Induced Constipation
- Symptom management at EOL
- Using a syringe driver to manage symptoms



The workshop will be on 11 April, 9.30am to 4.30pm in the Lecture Theatre at DRI. To book your place, please email j.gilleard@nhs.net or ring 642885.

1940s day on Mallard

Staff on the Mallard Ward at Doncaster Royal Infirmary have donned costumes reflecting the fashions of the 1940s, to transport their patients back in time at an afternoon tea party.

The ward staff served tea in their retro costumes, which included an RAF uniform and an array of extravagant hats and dresses, while a soundtrack of the 1940s played in the background.

Gemma Betts, Activities Co-ordinator on the ward, said: "Activities like this can take our patients back to a time that they remember so clearly. It takes them away from the traditional hospital setting and encourages them to talk about what life was like back then. Relatives got involved as well as the patients. They were curious about the outfits and asked questions which sparked conversation. We heard stories about time served in the RAF and how people lived in the 1940s. The patients really enjoyed themselves."



Spotlight on cost-savings: How have we done in 2017/18?

With just a sparse few days of the financial year left to go, we want to thank Team DBTH for your hard work throughout the past 12 months, especially over the winter, and ask you all to continue to concentrate on achieving our financial goals, making best use of resources and working as efficiently as possible as we head into the new financial year.

Hitting our control total for this financial year means that we will start in a better position as we head into 2018/19, which will in itself bring its own challenges. In the new financial year, it's vital that we continue to think about every penny that we spend as an organisation and do not look to spend any 'spare budget' that we may think we have.

To help you understand what cost-savings we have made this year, we have created a number of easy-to-read materials which detail how much we have saved, how we have done this and what this means for the Trust. Please take a few minutes to have a look at our Efficiency and Effectiveness journey by clicking [here](#).



Patient Transport drop in sessions

The Trust is currently reviewing the patient transport arrangements and facilities at Bassetlaw Hospital.

To inform staff of the changes Arriva, our patient transport provider, will be on site on 12 and 17 April in The Hub to talk to staff who book patient transport about the process.

The sessions are aimed at staff who currently use the online service and for staff involved when 'making patients ready', raising awareness of the use of non-urgent transport.

Arriva will be in The Hub on both days from 9.30am - 4.00pm. Please drop in for more information.



Launch of the new electronic menu ordering system

The Trust's new electronic menu ordering system will be rolled out at Doncaster Royal Infirmary week commencing 9 April, bringing this site in line with Bassetlaw and Montagu Hospitals.

Making use of this innovative system, this will mean that patients will be able to choose their lunch in a morning and, after 12pm, choose their evening meal.

To help with the rollout of this service, please ensure that your wards are filling in the correct diets on the paperwork within your black files to ensure patients are catered for correctly. Communication is key to this transition.

Catering will be in touch shortly with all wards to let them know when to expect go live on their ward.



Please park respectfully

If you are parking on residential streets around the hospital sites, please remember to be respectful to our neighbours and take care not to block driveways.

Equally, if you are parking on site, make sure you have your permit displayed in permit holder only carparks and that you are parking in the right area.

Please do not park in marked or reserved spaces.



APD/Policy update

The following new and revised procedural documents have been approved. Please ensure that you familiarise yourself with them.

View the policies on the Intranet page: <http://intranet/documents/policies.aspx>

Revised APDs:

Clostridium Difficile Infection (CDI) Policy	PAT/IC 26 v.4
Percutaneous Endoscopic Gastrostomy (PEG)/External Tube Care Policy	PAT/T 16 v.5
Operation Site Marking and Verification Policy	PAT/PS 4 v.6
Enhanced Patient Supervision and Engagement Policy	PAT/PS 2 v.2

Alice completes Everest trek for her dad



Alice Douglas, Occupational Therapist, has completed the extremely tough Everest base camp trek in the Himalayas and raised over £9,000 for Pancreatic Cancer in memory of her father.

Alice completed the challenge alongside her sister and friend and is pictured with them here at the base camp at 17,590 feet!

It's not too late to support Alice- if you'd like to donate just visit their [JustGiving](#) page.

Easter Buzz



There will be a 'lite' edition of the Buzz on 3 April following the Easter break.

If you have anything urgent that needs to be included in this edition, please make sure it is emailed to dbth.buzz@nhs.net for 5.00pm on Thursday 29 March.

Any items received after will not be included until 10 April.



Photo of the week

Introducing Eddie! Holly Ridgeway-Bowyer's new little fluff ball!

Please keep your photos coming in, by sending them to dbth.buzz@nhs.net (in jpeg format) and we will publish some of the best in future issues- pets always welcome.



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