

Doncaster & Bassetlaw Medicines Formulary

Section 4.10: Drugs used in Substance Dependence

Smoking Cessation:

Nicotine Replacement Therapies – see current BNF (see guidance for products stocked in Doncaster and Bassetlaw Hospitals)

Bupropion 150mg Tablets

Varenicline 500microgram and 1mg Tablets

Alcohol Dependence:

Chlordiazepoxide 5mg and 10mg Capsules

Thiamine 50mg and 100mg Tablets

Pabrinex IV Injection

Pabrinex IM Injection

Opioid Dependence:

Buprenorphine 400microgram, 2mg and 8mg Sublingual Tablets

Lofexidine 200microgram Tablets

Methadone 1mg in 1ml Oral Solution

Approved by Drug and Therapeutics Committee: December 2018

Review Date: December 2021

Prescribing Guidance:

Smoking Cessation

For guidance on prescribing smoking cessation products within Doncaster and Bassetlaw Hospitals, see [DBH Smoking Cessation Guidance](#). Within Doncaster and Bassetlaw Hospitals, only those products mentioned in this guidance are routinely stocked

NICE [guidance](#) is available for evidence-based stop smoking interventions.

Remember that patients who are stopping smoking in secondary care should also be referred to a treatment agency in primary care, in order that care can be continued once they leave hospital:

Bassetlaw Referrals:

Bassetlaw Smoking Cessation: referrals can be made via the online portal:

<https://www.smokefreelifenottinghamshire.co.uk/referral-form/?c=Book%20an%20appointment> or

KEY: ^[UL] Unlicensed Preparation; **Drug** – first line choice; **Drug** – hospital only; **Drug** – **Amber** (TLS), **Drug** – Red (TLS), see <http://medicinesmanagement.doncasterpct.nhs.uk/>

Email: smokefreelife.nottinghamshire@nhs.net or
Telephone: 0800 2465343 or 0115 7722515

Doncaster Referrals:

Yorkshire Smokefree Service Doncaster:

Secure Fax: 01302 561724

Postal communication to:
Yorkshire Smoke Free Service Doncaster
40 Scot Lane
Doncaster
DN1 1ES
Email to: swy-tr.Y-Smokefree@nhs.net

Note: stop smoking advice and support for pregnant women and women who have recently had a baby will be provided by RDaSH:
Telephone 01302 876290 (single point of access)
You may also contact the relevant midwife or health visitor for advice via the usual route.

Updated prescribing guidance for varenicline has recently been issued by the MHRA (further information can be found via [MHRA Website](#)):

- Smoking cessation, with or without pharmacotherapy, may be associated with an exacerbation of underlying psychiatric illness, including depression. Care should be taken in such patients, who should be advised of this risk
- Patients should be made aware of the possibility that trying to stop smoking might cause symptoms of depression
- Patients who are taking varenicline who develop suicidal thoughts should stop their treatment and contact their doctor immediately

Alcohol Dependence

For guidance on management of patients withdrawing from alcohol within Doncaster and Bassetlaw Hospitals, please see [Trust Policy](#).

For guidance on prescribing vitamin preparations, see [Section 9.6](#)

Opioid Dependence

NICE guidance is available regarding [Drug Misuse: opioid detoxification](#)