

Doncaster & Bassetlaw Hospitals NHS Foundation Trust Medicines Formulary

Section 12.3.1: Drugs for Oral Ulceration and Inflammation

Benzydamine 0.15% oral rinse
Benzydamine 0.15% oromucosal spray

Section 12.3.2: Anti-infectives

Miconazole 24mg/ml oral gel
Nystatin 100,000u/ml oral suspension

Section 12.3.4: Mouthwashes

Chlorhexidine gluconate 0.2% mouthwash

Section 12.3.5: Treatment of Dry Mouth

Various simple artificial saliva preparations

Approved by Drug and Therapeutics Committee: June 2019
Review Date: June 2022

Prescribing Guidance:

Use of Topical Steroids for Oral Ulceration:

For easy to reach areas, use beclometasone 50 to 100microgram MDI: spray two sprays on to the affected area twice daily*.

For difficult to reach areas, use one prednisolone 5mg tablet (as a mouthwash), three times daily*. Give the patient the following instructions for use:

1. Dissolve one 5mg tablet in 10-20ml of water (roughly equivalent to an eggcup full). Always make up a fresh mixture and use it straight away.
2. Hold the mixture in your mouth, especially around the areas that need treating, for 3 to 4 minutes. Spit out after use.
3. Use the mixture after you have brushed your teeth last thing at night and during the day, as instructed.
4. Always use after mealtimes so that it remains coating your mouth for as long as possible. Allow at least 30 minutes after using the medication before eating and drinking.

*Both unlicensed indications. In severe ulceration, either of these preparations can be used up to four times daily.

KEY: ^[UL] Unlicensed Preparation; **Drug** – first line choice; **Drug** – hospital only; **Drug** – Amber (TLS), **Drug** – Red (TLS), see <http://medicinesmanagement.doncasterccg.nhs.uk/traffic-light-system/>

Gelclair should be reserved for specialist use, given the cost of this therapy relative to other artificial saliva preparations.