



Safeguarding Newsletter

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The Safeguarding section of the Hive contains all trust Safeguarding referral forms, processes and guidance, information about key Safeguarding topics and all relevant contact details.

🌐 [Safeguarding Homepage](#)

[DBTH Safeguarding Team Facebook](#)

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The Safeguarding Team would like to wish you a Merry Christmas and a Happy New Year. We hope you enjoy the Christmas Edition of our Newsletter.



Find us online



The Safeguarding Team have a Facebook page where we share important information, training events, awareness campaigns and useful guidance for NHS staff, both in the workplace and at home.

You can find us at  <https://www.facebook.com/DBTHSafeguardingTeam/>




Please give us a like to see our information regularly. We also share our posts onto the DBTH Staff page too.

The Hive contains lots of useful information and guidance for staff. The Safeguarding Team page is here

 <https://extranet.dbth.nhs.uk/safeguarding/>

You can find the Safeguarding pages in [The A-Z](#) or also by clicking the [Safety & Quality](#) tab and looking in the 'I want to section'.

If you have any feedback about our pages, please email dbh-tr.safeguarding@nhs.net or call 642437 



The Hive

Find what you're looking for...

[Training & Leadership](#) [Divisions & Directorates](#) [Safety & Quality](#) [Estates & Support](#) [My Employment](#) [The A-Z](#)

- DBTH Safeguarding Team navigation
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DBTH Safeguarding Team

17th September 2018

Safeguarding is everyone's responsibility

Whatever our role within the NHS, we have a statutory duty to act in the best interests of children and adults to protect them from harm as dictated in national policies and guidance. These include the Children Act (HM Government 1989 & 2004), [Working Together to Safeguard Children \(HM Government 2018\)](#) and [The Care Act \(HM Government 2014\)](#). The [NHS England Safeguarding App](#) may be helpful to assist you in your role when Safeguarding patients.

As you carry out your everyday duties at work or during your own time outside of work, you may come across signs that an adult or child is being abused or is at risk of being abused. To help you recognise the signs of abuse and what to do if you have concerns, please ensure you are up to date with your [Safeguarding Training](#).

RECOGNISE · RESPOND · REPORT · RECORD

Child and adult abuse happens to both sexes, at all ages, of all cultures,

Reminders: Safeguarding Adults

If you make a Safeguarding Adults referral to **Nottinghamshire MASH** using the MASH online form, please ensure you inform the Safeguarding Adults Team of the patient's name and the type of abuse suspected. If you make a Deprivation of Liberty Safeguards (DoLS) application, please inform the team using the same contact details. The Adults nurses can be contacted on:

☎ 642437

✉ dbth.safeguardingadultsreferral@nhs.net

All Doncaster Safeguarding Adults referrals must be sent directly to [DBTH Safeguarding Adults](#), unless out of hours and urgent.

Safeguarding Adults referrals or DoLS application must be emailed directly to the Safeguarding Adults email address: dbth.safeguardingadultsreferral@nhs.net. Sending to individual members of the team will delay the processes.

When decisions are made on behalf of a patient who lacks capacity, it is mandatory that this is thoroughly and clearly documented within the patient's records.

Quick links:

- [The Hive - Safeguarding Adults](#)
- [MCA 5 Principles Poster & MCA Pocket Guide](#)
- [Information on Safeguarding Adults in Doncaster](#)
- [Information on Safeguarding Adults in Nottinghamshire](#)
- [If you see something, say something \(video\)](#)

Reminders: Safeguarding Children

It is important to remember that the definition of a child is from birth up to their 18th birthday. Children who are 16 and 17 years old, may present alone to hospital or be admitted onto adult wards and any concerns identified must be raised following the Safeguarding Children's policy and reported to Children's Social Care.

Ensure that all copies of safeguarding children referrals are sent to the team as per the trust [Safeguarding Children's policy](#). Referrals should also be sent to the patient's GP, health visitor and a copy filed in the patient records.

ANY incident of domestic abuse where there are children in the family or the person of concern is pregnant is a safeguarding issue and **MUST** be reported to Children's Social Care.

Safeguarding is everyone's responsibility. All children have the right to be safe and to be protected from all forms of abuse and neglect. Every contact is an opportunity to safeguard a child. If something doesn't seem quite right, just ask the child or parent/carer and exercise your professional curiosity.

Quick links:

- [The Hive - Safeguarding Children](#)
- [Working Together](#)
- [Information on Safeguarding Children in Doncaster](#)
- [Information on Safeguarding Children in Nottinghamshire](#)
- [Health for Kids](#)



Domestic Abuse Services

Doncaster
Domestic Abuse Hub
01302 737080

Please contact us if you would like a copy of this poster to display in your staff and public areas.

Nottinghamshire
Nottinghamshire Women's Aid
01909 533610

National 24 Hour Domestic Abuse Helpline
0808 2000 247

Watch [Behind Closed Doors](#)



Doncaster Council



Phoenix
Not for Women, Not for Children



Good Practice

An unwell child was taken to ED, accompanied by numerous adults, none of whom were family members. Staff had concerns due to the adults present giving different accounts of where the child's parents were and they could not give a clear background of the child's history. Paediatric nurses admitted the child for treatment of bronchiolitis. Upon making joint agency enquiries, further cause for concern was raised by the child's health visitor who had not been able to visit or make contact with the family and that one of the adults caring for the child was a perpetrator of Domestic Violence. This joint working approach and exercising of professional curiosity enabled a thorough, concise referral to be made for the child to Children's Social Care where plans could be made to keep the child safe.

Olivia McCabe, Children's Physiotherapist was presented with two extremely complicated cases on the same day concerning children with complex medical needs and social backgrounds. Olivia took time out of her day to come to the Safeguarding Office to thoroughly discuss the concerns regarding each case with Lindsey Mounfield, Specialist Nurse for Safeguarding Children. The extremely complex medical needs of the children coupled with complicated family dynamics meant that this took some time and the concerns for each child involved were very different. Following this joint working, Olivia made two excellent, succinct, child centred referrals to Children's Social care that focused on the impact to the child and provided social care with a complete background to enable the children to be safeguarded. The team provided feedback to Olivia and her manager that can be used as part of her CPD.

The team noted good practice by the nurses on Ward 24, who recognised that a patient who was admitted to the ward was vulnerable and recognised high risk, abusive concerns. Staff attended best interest meetings for the patient and made an excellent, concise, complete referral to Adult Social care. This work removed the patient from a high risk situation and enabled protective measures to be put in place whilst the patient was in our care and also for when the patient is discharged.

DSAB & DSCP Joint Conference – EXPLOITATION

Doncaster Safeguarding Adults Board (DSAB) and Doncaster Safeguarding Children Partnership (DSCP) are pleased to announce they are hosting their first joint conference at the Keepmoat Stadium, Doncaster on the 12th February 2020. This is a polite note to encourage you to keep the date free.

The conference theme is "Exploitation" spanning both children's and adults' issues.

There is a fantastic line up including Dr Carlene Firmin, MBE Principal Research Fellow, The International Centre: Researching Child Sexual Exploitation, Violence and Trafficking, University of Bedfordshire and Dez Holmes Director of [Research in Practice](#) and [Research in Practice for Adults](#). Further speakers will be confirmed shortly.

As previous conferences have proved very popular early booking is advisable.

If you wish to register your interest, please email your details to: dscp@dcstrust.co.uk.



Let's Grow (Nottinghamshire)



Let's Grow

Young People's Service
Nottinghamshire

WORRIED ABOUT DRUGS OR ALCOHOL?

ARE YOU A YOUNG PERSON?....

- Wanting to speak to someone about what's happening?
- Wanting to know more about drugs or alcohol?
- Thinking about making some changes?

OR ARE YOU A PROFESSIONAL...

- Working with a young person who may be using drugs and alcohol?
- Who wants more information, advice or training?
- Who wants to make a referral?


WE CAN HELP

We offer a specialist service for young people.


CONTACT US

01623 703373

NOTTYP.ADMIN.CGL.ORG.UK

 facebook.com/LetsGrowNotts

 [@LetsGrowNotts](https://twitter.com/LetsGrowNotts)

 www.instagram.com/letsgrownotts/

For more information visit
www.changegrowlive.org/young-people

this service
is part of
the charity:


Change Grow Live (CGL), Registered Office: 3rd Floor, Tower Park, All South Road,
Blythwood B20 7YS. It is registered as a charity in England and Wales under registered
charity number 1209227 and in Scotland under registered charity number SC020863.
Company Registration Number 0652328 (England and Wales).

★ Festive Foodbank Collection ★



Last Christmas the team collected for the Doncaster foodbank, which proved extremely successful and staff made very generous contributions. This year the team decided to run another collection and we wanted to share our donations so far. Thank you to everybody who has contributed, we are sure these items will be gratefully received.

The Lullaby Trust Cold Weather Advice



Research has shown that overheating arising from excessive insulation, high room temperature (overwrapping) or both, is associated with an increased risk of SIDS. While it is important to ensure that a baby does not get too cold, it is also important parents avoid any practice which may lead their baby to get too hot. There is a consensus view in the UK that an optimum room temperature of 16-20°C, combined with light bedding or a lightweight well-fitting baby sleep bag, offers a comfortable and safe environment for sleeping babies.

Below are some tips for parents and carers as the weather gets colder:

- Remove hats and outdoor layers when indoors
- Avoid bulky and soft bedding such as duvets and nests and pods which could lead babies to overheat
- Use a room thermometer in the rooms where baby sleeps
- Feel baby's tummy or the back of their neck and if their skin is hot or sweaty, remove one or more layers of bedclothes or bedding
- It is rarely necessary to keep the heating on all night and never sleep a baby next to a radiator
- If the home is too cold and parents want to leave the heating on all night, set it at a low temperature, and never higher than 20°C and never sleep a baby next to a radiator
- When babies feel unwell, with a cold or fever, they may be warmer than usual. It is important that you put fewer layers on an unwell baby so they have the opportunity to lower their body temperature – don't feel tempted to wrap an unwell baby up more than usual.

A simple room thermometer is available to buy from our [online shop](#). Find out more and check out our video on monitoring baby's temperature and preventing overheating by [clicking here](#).



IICSA was set up to look at the ways organisations in England and Wales may have failed to protect children from sexual abuse. We need to listen to people who were sexually abused as children to understand what happened in the past, how organisations responded, and to find ways to better protect children in the future.

The Truth Project gives people who have experienced child sexual abuse the opportunity to share their views and experiences with IICSA in a supportive and confidential way. You will be listened to with compassion and not judged and your experience and views will help to protect children from sexual abuse in the future.

Victims and survivors rather than 'victims' or 'survivors'

Non-recent sexual abuse rather than 'historical sexual abuse'

If you are a survivor of child sexual abuse, and you are thinking about sharing your experience then the Inquiry's Truth Project would like to hear from you. Trust staff can also support patients to contact the Truth Project.

There are a number of ways for you to get in touch:

- 0800 917 1000
- www.iicsa.org.uk/victims-and-survivors
- contact@iicsa.org.uk

You contact the Safeguarding Team on 642437 for further advice and support.



Reducing loneliness and social isolation

Top tips to reduce loneliness and social isolation – how we can all help

Loneliness and social isolation can affect anyone. If people are experiencing social isolation due to poor health, disability, bereavement, retirement or lack of transport, then it can have a negative impact on their wellbeing. Not everyone who is alone is lonely and some people may choose to be alone by choice; this is a different matter. We

all have a responsibility to keep ourselves and others safe in the community and the Doncaster Safeguarding Adults Board have developed some top tips on how we can all help support this.



Top Tips:

- **Say hello!** We all like to be acknowledged and small gestures often mean the world.
- **Say “I’m here” with something delicious** Next time you make dinner and have a spare portion, why not pop it round to gift it to an elderly neighbour or relative?
- **Ask if you can help** Would they like anything picking up whilst you are at the supermarket or shop?
- **Offer a lift** Many people have had to give up their personal transport due to ill-health or old-age and this can be a key contributing factor towards their social isolation.
- **Introduce the internet and get connected** Technology such as mobile phones and the internet can be confusing to older people at first but, with the right instruction and the right type of device, they can have a very positive impact on loneliness.
- **Know how to get help** Make sure people who live on their own have access to all the phone numbers they may need in an emergency or if they require help or support.
- **Check on them** Some people are at risk from being housebound or isolated in the winter months, either due to the weather or illness, so it’s especially important that we take a moment to check-in on them.
- **See if you can learn a lesson** Sometimes, because a person is elderly, in poor health or housebound, we forget that they have a wealth of life experience under their belts which we could readily learn from.
- **Become a Volunteer or Befriender** 1 hour per week could make a real difference, you could become a volunteer or befriender, for more information on how to do this visit <https://www.yourlifedoncaster.co.uk/>

We can all contribute and help **Keep People Safe** by being the eyes and ears in our communities and watching out for each other. To report a concern around someone’s wellbeing email wellbeing@doncaster.gov.uk or for advice 01302 735553. For more information on services to keep people well, safe and connected visit <https://www.yourlifedoncaster.co.uk/>



Dear Santa,

*All I want for Christmas is the
fighting to stop.*

Domestic abuse doesn't stop just because it's
Christmas.

1 in 3 women and 1 in 6 men will experience
domestic abuse within their lifetime. On
average 2 women are killed by their partner or
ex-partner every week in the UK. Over the
festive period there is a shocking increase in the
number of reported domestic abuse incidents in
England and Wales.

Are you unsure if you or somebody you know is
in an abusive relationship? Why not take [our](#)
[test](#) to help you.

If you, a friend, family member or a colleague
need support over the Christmas period please
contact the National 24 hour Domestic abuse
helpline **0808 2000 247 or 999 in an
emergency.**

National Safeguarding Adults Week

National Safeguarding Adults Week took place from the 18th to 22nd November 2019. Our Safeguarding Adults nurse Amanda Timms held two stands at Bassetlaw Hospital to help raise awareness of pertinent safeguarding adult's topics. Staff were able to take posters and leaflets and talk to Amanda about any concerns or issues they were facing in their role or workplace.



County Lines

Children are being exploited by gangs involved in drug crime.
Know the signs to spot.

County lines gangs use children and vulnerable people to courier drugs and money. A young person who is involved in county lines activity might exhibit some of these signs:



Persistently going missing from school or home, or being found out-of-area



Unexplained acquisition of money, clothes or mobile phones



excessive receipt of texts or phone calls



Relationships with controlling, older individuals or gang association



Leaving home or care without explanation



Suspicion of self-harm, physical assault or unexplained injuries



Parental concerns



Significant decline in school performance



Significant changes in emotional well-being



If you have concerns, follow your safeguarding procedures and share your concerns with local authority social care services.
DBTH Safeguarding Team: 01302 642437



Home Office

Working in partnership with
CrimeStoppers.

2020 Training Information

Safeguarding Level 2 Children/Adults and MCA & DoLS				Training Reminders
Date	Time	Room	Spaces	
14.01.20	9 – 1	DRI Learning Room 2	30	<p>Safeguarding training is mandatory for all staff. As a health organisation we have a duty to protect and safeguard our patients under Section 11 of The Children's Act 1989 and the Care Act 2014. Safeguarding training is delivered at various levels depending on specific roles and responsibilities and the area where you work. If you are unsure which level of training you require and would like further guidance, please contact: Education Centre on 01302 642055 or Safeguarding Team on 01302 642437.</p> <p>Once you have completed your initial face to face training, you are able to access safeguarding training as eLearning when you update if you prefer.</p> <p>Subjects available:</p> <ul style="list-style-type: none"> Safeguarding Adults Level 2 Safeguarding Children Level 2 MCA & DoLS Safeguarding Children Level 3 <p>For instructions on how to enrol and play these eLearning packages correctly, please click here.</p> <p>If you require Level 2 Safeguarding Children and/or Adults or above, you need to complete your Prevent WRAP 3 training. Please see the Government eLearning package. REMEMBER: All staff should then send a copy of the certificate to dbth.training.department@nhs.net to ensure the training is logged and ESR is updated (<i>this is applicable for all training completed externally</i>).</p>
20.02.20	9 – 1	BDGH Boardroom	30	
18.03.20	9 – 1	DRI Lecture Theatre	140	
24.03.20	9 – 1	DRI Learning Room 2	30	
23.04.20	9 – 1	BDGH Boardroom	30	
18.05.20	9 – 1	DRI Lecture Theatre	140	
17.06.20	1 – 5	DRI Learning Room 2	30	
30.06.20	9 – 1	BDGH Boardroom	30	
22.07.20	9 – 1	DRI Learning Room 2	30	
13.08.20	9 – 1	DRI Lecture Theatre	140	
04.09.20	9 – 1	MMH Boardroom	30	
23.09.20	1 – 5	DRI Lecture Theatre	140	
13.10.20	9 – 1	DRI Learning Room 2	30	
05.11.20	9 – 1	BDGH Boardroom	30	
26.11.20	9 – 1	DRI Lecture Theatre	140	
11.12.20	9 – 1	DRI Learning Room 2	30	
14.01.21	9 – 1	MMH Boardroom	30	
10.02.21	1 – 5	DRI Learning Room 2	30	
23.02.21	9 – 1	BDGH Boardroom	30	
11.03.21	1 – 5	DRI Lecture Theatre	140	
29.03.21	9 – 1	DRI Learning Room 2	30	
Safeguarding Level 3 Children				
Date	Time	Room	Spaces	
28.01.20	9 – 5	DRI Learning Room 4	18	
17.03.20	9 – 5	BDGH Boardroom	30	
12.05.20	9 – 5	MMH Boardroom	30	
07.07.20	9 – 5	BDGH Boardroom	30	
14.09.20	9 – 5	DRI Learning Room 1	14	
02.11.20	9 – 5	DRI Learning Room 2	30	
04.01.21	9 – 5	DRI Learning Room 2	30	
15.03.21	9 – 5	DRI Learning Room 2	30	
Prevent (WRAP 3)				
Date	Time	Room	Spaces	
07.01.20	10 – 11.30	DRI Lecture Theatre	140	
11.02.20	10 – 11.30	DRI Lecture Theatre	140	
06.03.20	10 – 11.30	DRI Lecture Theatre	140	
<p>After March, Prevent compliance will be achieved on completion of the government eLearning package. Send a copy of your certificate to dbth.training.department@nhs.net.</p>				
DBTH Safeguarding Team Training Information				
For external training in Doncaster			For external training in Nottinghamshire	
			 <p>Registration key: 313177</p>	
<p>PLEASE REMEMBER: If you complete any external training, send a copy of your certificate to dbth.training.department@nhs.net.</p>				