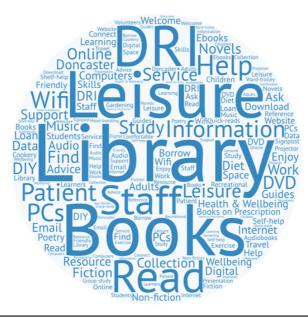




@DBHLib

#### Knowledge, Library & Information Service

# **Leisure Library Guide**



#### Leisure Library, DRI:

Staffed: Monday to Friday 9am-5pm Tel: 01302 642890 or ext 642890; email: <u>dristaff@doncaster.gov.uk</u>

Doncaster Royal Infirmary Leisure Library

http://bit.ly/L-library

Doncaster Libraries Online:

http://library.doncaster.gov.uk/web/arena

#### Welcome

The DRI Leisure Library is part of Doncaster Libraries, and offers recreational reading, DVDs and audiobooks for all Trust staff, students and patients.

For those patients unable to visit the library in person, a ward trolley service of leisure reading is provided on a regular basis throughout the week at DRI and Montagu Hospitals.

#### **Joining the Library**

Already a member of Doncaster Public Libraries? You can use your card at DRI Leisure library, otherwise come to the library and complete a membership form. You'll need your staff or student ID.

#### Books, Audiobooks and DVDs

You can borrow up to 20 books, eight audio items and six DVDs for three weeks. Renew items in person, by phone, email, app, or the Doncaster Libraries website, as long as they are not reserved by another reader. Items not in



stock at DRI can be requested from other Doncaster Libraries. Like something short, exciting and quick to read? Then why not try a Quick Read?

### **Digital Library**

Doncaster Libraries are able to offer digital download services giving free 24 hour access to eBooks, eAudio Books and music downloads.

The music download service offers you 3 tracks each week and these are yours to keep.

Further information about how to access these services can be found at: <a href="http://library.doncaster.gov.uk/web/arena/library-download-services">http://library.doncaster.gov.uk/web/arena/library-download-services</a>

#### 24 hour library

Doncaster library members can enjoy the benefits of free access to a wide range of online resources, including Oxford Reference Online, Literati and Public Information Online from home. In the Doncaster Libraries, including the DRI Leisure Library, you can access further resources including Ancestry and Find My Past.

To access these resources you will need your Doncaster library card number and PIN. Further information can be found at:

http://library.doncaster.gov.uk/web/arena/24-hour-library

### **Computers and Study Space**

The Library offers a comfortable environment for quiet study, group work or e-learning.

We have some DMBC open access PCs which you can use to study, but which also allow you to check your emails, shop, access social networking sites, etc.

### There's an App

The "Your Library" app gives you access to a host of useful library services, information and online resources. Download it from wherever you get your apps.



#### **Computer Guides**

This is an extensive collection of learning guides about using modern technology, created by Digital Unite. These easy-to-use guides are ideal for improving your own confidence and skills or for supporting other learners.

Library staff are available to give you basic support. <u>http://library.doncaster.gov.uk/web/arena/free-computer-guides</u>

#### **Health and Wellbeing Collection**

Books for both adults and children on physical and mental health conditions, diet, exercise and general wellbeing – available for staff and patients to borrow. If we don't have the title you need, we'll try to obtain it from another

Doncaster Library. We can also signpost you, or patients to online sources of reliable patient information for both adults and chil-



dren for a variety of conditions – just ask Library staff.

The Doncaster Libraries website contains more details of local organisations offering help and advice.

## **Reading Well—Books on Prescription**

These books help you to understand and manage your health and wellbeing using self-help reading. The scheme is endorsed by health professionals and supported by libraries: <u>http://reading-well.org.uk/books/books-on-prescription</u>

The **Dementia** collection recommends books you might find helpful if you have dementia, are caring for someone with dementia or would like to find out more about the condition. The **Mental Health** collection provides helpful information and step-by-step self-help techniques for managing a variety of common mental health conditions, including depression and anxiety.

The **Shelf Help Collection for Young People** is aimed at 13-18 year olds, covering topics such as anxiety, depression, bullying, self-esteem and other life experiences. The **Long Term Conditions** collection provides information and support for people living with a long term health condition such as arthritis, bowel conditions, diabetes, heart disease and stroke.

All titles in these Collections are available at DRI Leisure Library and the Library & Learning Resource Centres at DRI and Bassetlaw Hospital.

At DRI we also have the **Reading Well Mood-boosting Books** collection which is a national promotion of uplifting novels, poetry and non-fiction.