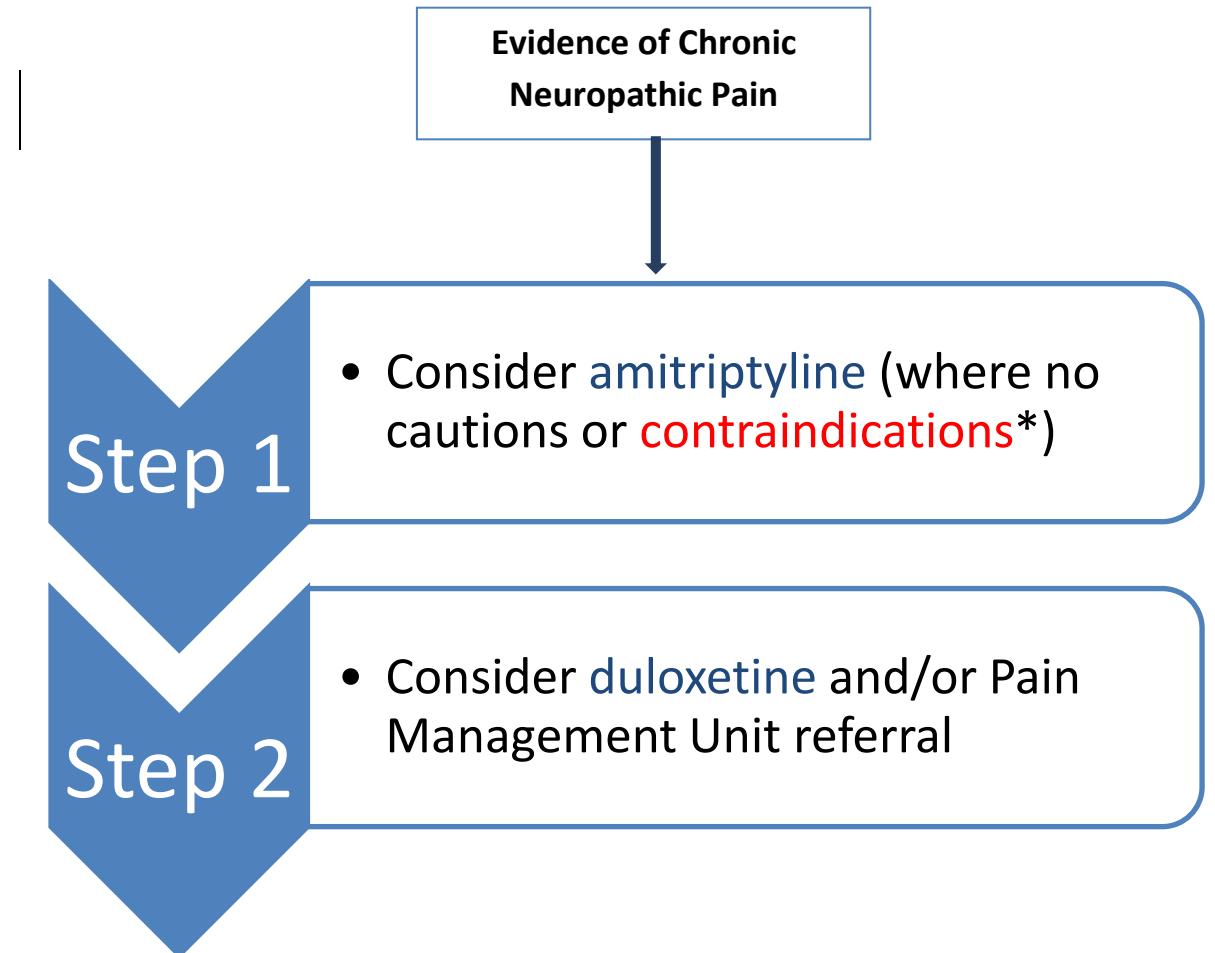


**Doncaster and Bassetlaw Primary Care**  
**Chronic Neuropathic Pain Management Quick Reference Guidance**



**\*Amitriptyline: Contraindications**

- Recent MI
- Cardiac Arrhythmias
- Severe Liver Disease

Cautions: elderly (adverse effects more common), heart disease, patients with seizure history, low plasma sodium, history of glaucoma or urinary retention

**Dosing Guidance:**

**Amitriptyline:** start at 10mg ON. Doses can be doubled initially where well tolerated (consider using 25mg ON). Usually increase at weekly intervals. Doses greater than 75mg ON rarely needed. Review after 8 weeks, stopping where ineffective.

**Duloxetine:** 30mg each morning increased to 60mg daily after at least one week. Review after 8 weeks, stopping where ineffective.

See Also: **NICE Guidance**