

## What paediatric inpatient services provide for adolescents: a service evaluation of NHS trusts in England

The aim of this questionnaire is to explore the current practice of paediatric departments in NHS England Trusts with respect to the inpatient care of adolescents and young people (10 -24 years)

It is estimated that it will take 20 minutes to complete.

Thank you in advance for agreeing to complete the questionnaire. Once completed, please return to Dr Naren Siva via email [n.siva@ucl.ac.uk](mailto:n.siva@ucl.ac.uk)

Hospital Name:-

NHS England Region (Please delete as appropriate):- North East and Yorkshire/ North West/ Midlands/ East of England/ London/ South East/ South West

Respondent Name:- Andrea Bliss

Respondent Contact Details:- [andrea.bliss@nhs.net](mailto:andrea.bliss@nhs.net) 01302642212

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1. Does general paediatrics at your hospital have a specific upper cut-off age criterion for admission included in a formal departmental or trust policy?  
Yes (go to question 3)  No
2. In the absence of a formal policy, does your general paediatrics department have an informally adopted upper cut-off age criterion for admission?  
Yes  No (go to question 4)
3. What is the upper cut-off age criterion for admission?  
<16 years  Cut off 16<sup>th</sup> birthday <17 years  <18 years   
< 19 years  ≥ 19 years
4. In your trust do 16 – 17 year olds have a choice if they are admitted under either paediatric or adult services?  
Yes  No
5. Are patients ever admitted outside of the upper age cut-off criterion?  
Yes  No (go to question 7)

6. When are exceptions made for admission outside of the upper age cut-off criterion?  
On-call consultant decision   
Certain paediatric subspecialty – (please specify subspecialty / subspecialties) Type 1  
Diabetes.....  
CAMHS   
Adolescent with complex needs   
Educational status of patient (i.e. still in fulltime education)   
Lack of adult hospital bed availability   
Other (please specify).....
7. Has the upper cut-off age criterion for admission been amended at all during the Covid-19 pandemic?  
Yes - Increased  (go to question 7a)    Yes - Decreased  (go to question 7b)  
No  (go to question 8)
- a. If yes, increased, what was the new upper cut-off age criterion?  
<17 years     <18 years     < 19 years     ≥ 19 years
- b. If yes, decreased, what was the new upper cut-off age criterion?  
<16 years     <17 years     < 18 years     < 19 years
8. Does your department have a separate inpatient facility for adolescents?  
Yes, designated adolescent bay     Yes, Designated adolescent ward   
No (go to question 14)
9. How many beds are there in the designated adolescent bay / ward? \_\_
10. What is the lower cut-off age criterion for admission to the dedicated inpatient adolescent facility?  
No cut-off     10 years     11 years   
12 years     13 years     14 years   
15 years     ≥ 16 years
11. Can a parent or carer stay overnight with the young person in the dedicated adolescent bay or ward?  
Yes     No
12. Can adult specialties admit patients into the separate adolescent inpatient facility?  
Yes     No (go to question 14)
13. If yes to question 12, which other specialties can admit patients into the separate adolescent inpatient facility?  
Surgical     Adult Medical     Gynaecology   
Other (please specify).....

14. Do all adolescent patients admitted to either a paediatric ward or a separate adolescent inpatient facility have shared care with the paediatric team regardless of the admitting speciality?

Yes  No (go to question 15)

a. If yes to question 14, is there an upper cut-off age criterion for shared care?

Yes  No (go to question 15)

b. If yes to question 14a, what is the upper cut-off age criterion for shared care

<16 years  Cut off 16<sup>th</sup> birthday <17 years  <18 years   
< 19 years  ≥ 19 years

15. Does your department have any of the following for adolescent patients?

a. A separate visiting times policy for adolescent patients

Yes  No

b. A dedicated recreational area for adolescent inpatients

Yes  for adolescents admitted to paediatric services up to their 16 birthday No

c. Dedicated educational provision for adolescent inpatients

Yes  No

16. Does your department have inpatient access to any of the following named staff with a special interest in adolescent medicine?

a. Consultant

Yes  No  (go to question 16b)

i. What is their availability? (Please select all that apply)

Weekdays  Weekend  Daytime  Evening  Overnight

b. Specialist nurse

Yes  No  (go to question 16c)

i. What is their availability? (Please select all that apply)

Weekdays  Weekend  Daytime  Evening  Overnight

c. CAMHS liaison nurse

Yes  No  (go to question 16d)

i. What is their availability? (Please select all that apply)

Weekdays  Weekend  Daytime  Evening  Overnight

d. Youth worker

Yes  No  (go to question 16e)

i. What is their availability? (Please select all that apply)

Weekdays  Weekend  Daytime  Evening  Overnight

e. Psychologist

Yes  No  (go to question 16f)

i. What is their availability? (Please select all that apply)

Weekdays  Weekend  Daytime  Evening  Overnight

f. Other (please specify).....

Yes  No  (go to question 17)

i. What is their availability? (Please select all that apply)

Weekdays  Weekend  Daytime  Evening  Overnight

17. Does your trust have a written transitional (16-18 years) care policy? No  
Yes – for emergency care only  Yes – for inpatient care only   
Yes – for both emergency and inpatient care  No
18. Please indicate to what extent you are satisfied or dissatisfied with the current service for adolescents and young people in your hospital?  
Very satisfied  Satisfied  Neither satisfied nor dissatisfied   
Dissatisfied  Very dissatisfied
19. Are there plans in the future for your department to expand its adolescent facilities and services?  
Yes  No (go to question 21)
20. What inpatient adolescent services and facilities are your department planning to add in the future?  
Designated adolescent bay  Dedicated adolescent ward   
Adolescent recreational area  Adolescent educational facilities   
Consultant with a special interest in adolescent medicine   
Nurse with a special interest in adolescent medicine   
CAMHS liaison nurse  Youth worker   
Psychologist  Other (please specify).....
21. Does your hospital's paediatric emergency department have an upper cut-off age criterion?  
Yes  No  No separate paediatric ED
22. What is the upper cut-off age criterion for your trust's paediatric emergency department?  
<16 years  <17 years  <18 years   
< 19 years  ≥ 19 years
23. In your hospital do 16 – 17 year olds have a choice if they are seen in either the paediatric or adult emergency department? n/a  
Yes  No
24. If your hospital has an onsite paediatric intensive care unit (PICU), is there an upper cut-off age criterion for admission?  
Yes  No  N/A
25. What is the upper cut-off age criterion for admission to your hospital's PICU?  
<16 years  <17 years  <18 years   
< 19 years  ≥ 19 years  N/A

**Thank you very much for taking the time to complete the questionnaire!**

Please return to Dr Naren Siva:

n.siva@ucl.ac.uk