

## Re: Your request made under the Freedom of Information Act 2000

I would like to know if your Trust offers a preterm Prevention Clinic for pregnant women. If so, what inclusion criteria is it set against, what is the caseload capacity and do you have any data on success rate supporting this intervention? Is this in addition to the implementation of Continuity of Care model which was requested by government? If so, do you have information on the interventions being used together for reducing preterm birth?

### 14<sup>th</sup> February 2022- Response

We do offer a preterm birth surveillance clinic, it is led by an obstetric consultant and is run on a Friday morning each week.

The inclusion Criteria is:

#### **High risk:**

- Preterm birth or mid-trimester loss (16 to 34 weeks gestation)
- Previous preterm pre-labour rupture of membranes <34/40
- Previous use of cervical cerclage
- Known uterine variant (i.e. unicornuate, bicornuate uterus or uterine septum)
- Intrauterine adhesions (Ashermann's syndrome)
- History of trachelectomy (for cervical cancer)

#### **Intermediate risk:**

- Previous delivery by caesarean section at full dilatation
- History of significant cervical excisional event i.e. LLETZ where >10mm depth removed,
- or >1 LLETZ procedure
- or cone biopsy (knife or laser, typically carried out under general anaesthetic)

#### **Exclusion criteria for referral for cervical surveillance:**

- Retroverted or arcuate uterus
- Fibroids
- Recurrent first trimester pregnancy loss
- Other obstetric indication for delivery or induction prior to 34 weeks (eg PET)

We do not have a continuity of care team currently for women who are at risk of preterm birth. Our Continuity of Carer teams have been paused due to a large midwifery staffing vacancy.

The current caseload for the Preterm birth surveillance clinic is 116 women.