

Endo-Venous Laser Therapy



Doncaster and Bassetlaw
Teaching Hospitals
NHS Foundation Trust

Following endo-venous laser therapy:

- the bandage that has been applied should ideally remain in position for 5 days. If it starts to fall down remove it and apply the white elastic stocking. The stocking should be worn for the next 2 weeks. It is only necessary to wear the stocking during the day.
- on removal of the bandage on:.....
you may see an operation site dressing around the knee. This is waterproof so you are able to bathe/shower. The dressing can be removed when the bandages are removed .
- you may see a small amount of oozing onto the Mepore dressing which has been applied to the puncture sites on your thigh. This is normal and will subside.
- pain after surgery is to be expected and may be relieved by over the counter painkillers .
- your leg may be bruised and sore in the first 2 weeks and it is advisable not to stand for prolonged periods. When sitting raise you leg on a chair or stool to aid recovery.
- it is advisable to refrain from driving for one week until you feel you are in control of your vehicle.
- you can return to work as soon as you feel able to do so.

If you have any problems or concerns you should contact:

During normal office hours:

Montagu Hospital - 01709 649952

Bassetlaw Hospital - 01909 572350.

Out of hours: Ward S11 - 01302 642623/4



STOCKINGS ☐

FOLLOW UP ☐ 3/12

ANALGESIA ☐

SICK NOTE ☐ 2/52

Signed:.....

Patient Advice & Liaison Service (PALS)

The team are available to help with any concerns, complaints or questions you may have about your experience at the Trust. Their office is in the Main Foyer (Gate 4) of Doncaster Royal Infirmary. Contact can be made either in person, by telephone or email.

The contact details are:

Telephone: 01302 642764 or 0800 028 8059

Email: dbth.pals.dbh@nhs.net