Our Ref: 645/2023 December 2023



Re: Your request made under the Freedom of Information Act 2000

## **Postural Tachycardia Syndrome PoTS**

Postural tachycardia syndrome (PoTS) is a neurovascular condition characterised as an abnormal response by the autonomic nervous system to upright posture. The condition causes affected patients of all ages to experience a range of symptoms requiring extensive clinical investigations involving neurology and cardiology specialties to inform a positive diagnosis.

- 1. What is your estimate of the incidence of PoTS in the population of South Yorkshire and how many patients have been diagnosed with the condition over the last 5 years?
- 2. Is there evidence of a growth in PoTS diagnoses since May 2020 due to patients suffering with long-Covid?
- 3. To which specialty within secondary care are PoTS patients referred for investigation, diagnosis and longer-term management?
- 4. Are there established patient pathways in place for the referral, diagnosis and management of a) adult patients and b) paediatric patients with PoTS in your local population?
- 5. Do a) adult patients and b) paediatric patients diagnosed with PoTS have access to a specialised PoTS clinic or service for treatment by dedicated clinicians with an interest/expertise in the condition? If so, please provide details of individual adult and paediatric services patients are referred to.
- 6. How is activity coded for adult and paediatric patients with a diagnosis of PoTS?

Children's are not managed through DBTH service and they do not have a designated pots service just part of the syncope service and don't keep the numbers. We make the diagnosis and offer advice and treatment. STH run a clinic but not accepting regional referrals as too many patients