

Our Ref: 63  
JANUARY 2024

## Re: Your request made under the Freedom of Information Act 2000

To whom it may concern,

Under the Freedom of Information Act, I would like to request the following information:

- a. Information about your Trust's current obesity and weight management strategies,  
**Our People Strategy addresses the health & wellbeing of its employees**  
<https://www.dbth.nhs.uk/wp-content/uploads/2023/06/People-Strategy-2023.pdf>
- b. Details of staff training to deliver these strategies,  
**Our health and wellbeing team are able to sign post staff to resources and support services around health lifestyles and weight management.**
- c. Details of any current training for clinical staff in the area of weight discrimination, weight stigma, weight bias and/or obesity awareness,  
**There is no specific training other than what is taught as part of the training related to the clinical discipline.**
- d. The number of complaints made to the Trust where weight discrimination, bias or stigma was mentioned,  
**We can not answer this question as complaints are not coded this way on our system**
- e. Any planned or current actions in response to the Health and Social Care Committee report on 'The Impact of Body Image of Mental and Physical Health'.  
**No**

I am collecting this information as part of a research project on current CPD training for healthcare professionals in the area of weight discrimination which I would be very happy to discuss further if that would be helpful.