February 2024



Re: Your request made under the Freedom of Information Act 2000

Dear FOI Team,

This is a request under the Freedom of Information Act (2000). I'd like to request the following information:

- 1) How many times 'microdosing' psychedelic substances was included as a reason for hospital admissions in your trust in 2022, 2023 and 2024 to date.
- 2) How many times the consumption of psychedelic substances in any quantity was included as a reason for hospital admissions in your trust in 2022, 2023 and 2024 to date.

Such substances include but are not limited to:

- -Magic Mushrooms (e.g. Psilocybin)
- -MDMA
- -LSD
- -DMT
- -Ayahuasca (e.g. Harmaline)
- -Salvia

Please break this down by drug, year and patient age.

Please provide information in an Excel spreadsheet.

We do not have this information as "microdosing" is far too specific a term for ICD. For the second point, we can provide codes for various drugs – whether poisoning/overdose or from a mental health point of view – but they will be grouped together, so we could only provide the total number of patients. If you would like the amount for the total number of patients please get back in touch with confirmation.