

Pathway for Skin Care Regime for Moisture Associated Skin Damage (MASD)

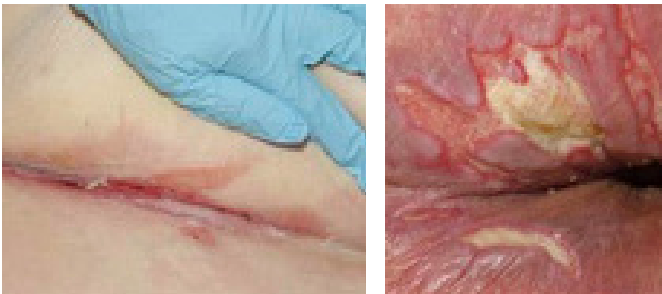
Definition

Moisture Associated Skin Damage (MASD) is a complex and increasingly commonly recognised condition. Overexposure of the skin to bodily fluids can compromise its integrity and barrier function, making it more permeable and susceptible to damage. Individuals with MASD experience persistent symptoms that affect quality of life, including pain, burning and pruritis. MASD is classified as an irritant-contact dermatitis. Common irritants can include urine, stool, perspiration, saliva, intestinal liquids from stomas and exudate from wounds. As such, MASD is an umbrella term and forms of MASD may be subdivided into four types:

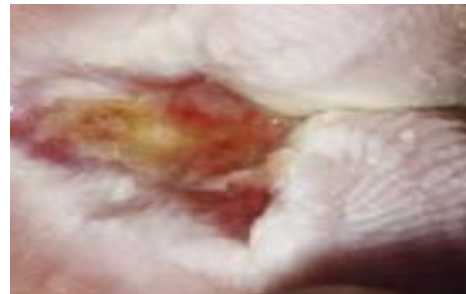
- Incontinence Associated Dermatitis (IAD)
- Peri-stomal dermatitis (relating to colostomy, ileostomy/ ileal conduit, urostomy, suprapubic catheter, or tracheostomy)
- Intertriginous dermatitis (intertrigo: where two skin areas may touch or rub together)
- Peri-wound maceration.

Assessment

Is the patient at risk of or have IAD or Intertriginous Dermatitis?



Is the patient at risk of or have Peri-wound Maceration or Peri-stomal Dermatitis?



Treatment

Prevention and Management

1. Cleanse the affected are with Medi Derma-PRO Foam and Spray Cleanser at each episode of exposure to moisture or 3 x daily as a minimum

2. Apply Medi Derma-Pro Ointment using a thin uniform layer at after every episode of cleansing with Medi Derma-Pro Foam and Spray Cleanser



Prevention or Management

1. Follow the Wound Bed Preparation Pathway

2a. Apply Medi Derma-S Barrier Film (stick applicator) if a dressings or stoma device is being applied to this area at each dressing/device change

2b. Apply Medi Derma-S Barrier cream if NO dressings or stoma device are required daily as a minimum



Referrals

Secondary Care:

If there is no improvement after 7 days, or if advice is required refer to the Skin Integrity Team (SIT).

Primary Care:

Refer to TVALS if deterioration noted or no improvement after 7 - 10 days.

If the named product on this pathway is not available a temporary second line product is available to use. This can be found within the main text of the Doncaster Wide Wound Care Formulary Document.