Our Ref: 289 May 2025



Freedom of Information Questionnaire – Epilepsy in Pregnancy Services

Hospital Name: Doncaster and Bassetlaw Teaching Hospital
Trust:
Maternity Medicine Network:
Secondary/Tertiary Care:

<u>Pre</u>	<u>Pre-pregnancy</u> planning in women with epilepsy		
1a	Do women with epilepsy have access to a pre-pregnancy counselling clinic in your centre?	☐ Yes X No	
1b	If pre-pregnancy counselling is available in your centre, who delivers this/these services? (Please tick all that apply)	X A neurologist/ epilepsy specialist doctor X A neurology specialist nurse/ epilepsy specialty nurse An obstetrician with an interest in neurology/ a maternal-fetal medicine obstetrician An obstetrician physician An epilepsy specialist midwife	
1c	If you have selected more than one practitioner in question 1b do they work separately or as part of a joint clinic?	X They work separately They work together in a joint clinic	
1d	How are patients transferred into the pre-pregnancy clinic? (Please tick all that apply)	X From their General Practitioner (GP) X From their secondary care epilepsy service Other – please state:	

Antenata	l management
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2	Do your patients have access to written information on the management of epilepsy in pregnancy?	X Yes
3а	Do women with epilepsy in your centre have access to regular planned antenatal care with a designated epilepsy care team?	X Yes
3b	If yes, which of the following healthcare professionals deliver the service? (Please tick all that apply)	 ☐ A neurologist/ epilepsy specialist doctor ☐ A neurology specialist nurse/ epilepsy specialist nurse X An obstetrician with an interest in neurology/ a maternal-fetal medicine obstetrician ☐ An obstetric physician ☐ An epilepsy specialist midwife
3c	If you have selected more than one practitioner in questions 3b do they work separately or as part of a joint clinic?	☐ They work separately ☐ They work together in a joint clinic
3d	How do women with epilepsy enter the service? (Please tick all that apply)	X Identified at their booking appointment X From their General Practitioner (GP) ☐ From their secondary care epilepsy service ☐ Other – please state:
3e	If yes, how often are they reviewed in your epilepsy pregnancy clinic?	☐ Fortnight ☐ Monthly ☐ Bimonthly ☐ Once per trimester X Other – please state: Booking then as required
4	Are women with epilepsy risk stratified in your antenatal service?	☐ Yes X No

4b	If yes, how is the risk assessment done?	Using a risk stratification tool : please state which
		Other – please state:
4c	c If so do those women considered 'higher risk' have a different care pathway to those considered	X Yes ☐ No
	'lower risk'	If yes, please detail how these pathways differ:
Mo	dication management	
IAIG	ulcation management	
5	How does your service manage folic acid use in women with epilepsy?	X Recommend 5mg folic acid for three months prior to pregnancy and <i>(at least at the end of the first trimester)</i>
		Recommend 5mg folic acid for three months prior to pregnancy and for the first trimester of pregnancy, then drop to 400mcg for the remainder of the pregnancy
		Recommend 400mcg for three months prior to pregnancy and for the first trimester of pregnancy
		Recommend 400mcg for three months prior to pregnancy and throughout pregnancy
		Other – please state
6	How does your service manage titration of antiseizure	Using drug levels
	medications in pregnancy?	☐ Using clinical symptoms
	(Please tick all that apply)	☐ Using both drugs levels and clinical symptoms
		X Other – please state: Not recommended routinely, however non enzyme inducing AEDs are checked in bloods.
7	Does your centre routinely measure drug levels in women	Yes
	with epilepsy?	X No
8a	Do you use long-acting benzodiazepines, such as clobazam, in the peripartum period for women with 'high risk' of seizures during this period?	☐ Yes
		X No
8b	If yes, what is your routine drug/dose/regimen	

8c	If yes, what are the criteria for women being considered 'high risk'?		
Po	Postpartum follow up for women with epilepsy		
9	How are women with epilepsy in your service followed up postpartum?	 ☐ In a postpartum pregnancy clinic ☐ In their usual epilepsy clinic X By their GP ☐ There is no routine follow-up 	

Thank you for taking the time to complete this survey.