

## Freedom of Information Act Request

Under the Freedom of Information Act, I would like to request the following information:

Please provide the following information for patients for calendar years 2022, 2023, 2024 and 2025:

1. Number of people diagnosed with a stress-related condition using any of the below ICD10 codes  
F41.1 - general anxiety disorder  
F41.2 - mixed anxiety and depressive disorder  
F41.3 - Other mixed anxiety disorders  
F41.9 - Anxiety disorder, unspecified  
F43.0 - acute stress reaction  
F43.2 - adjustment disorders  
F43.8 - other reactions to stress  
F43.9 - reaction to severe stress  
I10 - essential (primary) hypertension  
Z73.0 - burn out  
Z73.2 - lack of relaxation and leisure  
Z73.3 - stress, not elsewhere classified

### Inpatient

Year	Patients
2022	19372
2023	22749
2024	25605
2025	14387

### Outpatient

Year	Patients
2022	370
2023	382
2024	485
2025	194

2. Number of separate appointments where any of the below ICD10 codes was the primary diagnosis or treatment focus  
F41.1 - general anxiety disorder  
F41.2 - mixed anxiety and depressive disorder

F41.3 - Other mixed anxiety disorders  
F41.9 - Anxiety disorder, unspecified  
F43.0 - acute stress reaction  
F43.2 - adjustment disorders  
F43.8 - other reactions to stress  
F43.9 - reaction to severe stress

I10 - essential (primary) hypertension  
Z73.0 - burn out  
Z73.2 - lack of relaxation and leisure  
Z73.3 - stress, not elsewhere classified

#### **Inpatient**

<b>Year</b>	<b>Patients</b>
<b>2022</b>	340
<b>2023</b>	387
<b>2024</b>	493
<b>2025</b>	246

#### **Outpatient**

<b>Year</b>	<b>Patients</b>
<b>2022</b>	326
<b>2023</b>	308
<b>2024</b>	362
<b>2025</b>	185

3. Number of referral appointments for 'stress' related conditions/diagnosis that mentions any of the below ICD10 codes

F41.1 - general anxiety disorder  
F41. 2 - mixed anxiety and depressive disorder  
F41.3 - Other mixed anxiety disorders  
F41.9 - Anxiety disorder, unspecified  
F43.0 - acute stress reaction  
F43.2 - adjustment disorders  
F43.8 - other reactions to stress  
F43.9 - reaction to severe stress  
I10 - essential (primary) hypertension  
Z73.0 - burn out  
Z73.2 - lack of relaxation and leisure  
Z73.3 - stress, not elsewhere classified

Following a review of our systems and processes, the Trust can confirm that it is unable to provide this information.

This is because the reason for referral is not routinely captured or coded using ICD-10 classifications within the referral data held by the Trust. While ICD-10 codes may be applied following clinical assessment and diagnosis, they are not consistently recorded at the referral stage, and therefore we are unable to accurately identify or quantify the number of referrals specifically related to the conditions listed.

In accordance with Section 1(1)(a) of the Freedom of Information Act 2000, the Trust confirms that it does not hold the requested information in a reportable format.

Our Ref: 394  
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