

## Freedom of Information Act Request

Under the Freedom of Information Act, I would like to request the following information:

In line with the latest classification, Vaginismus and Dyspareunia have been redefined under the

same diagnostic category, Genito Pelvic/Pain Penetration Disorder (GPPPD). GPPPD is a combination of painful sex, penetration difficulties and involuntary vaginal muscle spasm.

Therefore, any information on the three conditions would be appreciated.

### Patient Leaflet

1. Does the trust provide any patient leaflets or written guidance on

GPPPD/Vaginismus/Dyspareunia? **Yes, leaflets forwarded**

a. Please provide us with a copy of the standard information leaflet or give a link to your online information.

2. Does the trust provide any patient leaflets or written guidance on how to use dilators for individuals with GPPPD/Vaginismus/Dyspareunia? **Yes, leaflets forwarded**

a. Please provide us with a copy of the standard information leaflet or give a link to your online information.

[amielle-comford-arahan-penggunaan.pdf](#)

Treatment - Please provide the following information in accordance with the financial year, April 2024 to April 2025, or the calendar year January 2023 to December 2024:

3. What brand(s) of vaginal dilators did your service recommend to individuals with GPPPD/Vaginismus/Dyspareunia? **Amielle Comford – Owen Mumford LTD**

4. How many vaginal dilators (single pack and/or multipack) did you purchase in your service?

**Jan 23 – December 24 - 8 packs**

April 24 – April 25 - 32 packs

April 25 – current date - 12 packs

a. If you have this information for previous financial years, please provide this also.

To enable us to process your request accurately, could you please clarify how many previous financial years you would like us to include in our response?

5. What was the unit cost of vaginal dilators (single pack and/or multipack) for

GPPPD/Vaginismus/Dyspareunia?

We are unable to provide a breakdown of the unit or total cost of vaginal dilators specifically used for GPPPD (Genito-Pelvic Pain/Penetration Disorder), vaginismus, or dyspareunia due to the nature of this information being commercially sensitive. While vaginal dilators may be purchased and used within the Trust, they are not coded or recorded in a way that allows us to distinguish their use solely for these specific conditions. They may be used as part of wider clinical care across multiple services or indications, making it impossible to attribute the usage or associated costs exclusively to these conditions.

6. What was the total cost of vaginal dilators (single pack and/or multipack) for

GPPPD/Vaginismus/Dyspareunia in the year under review?

We are unable to provide a breakdown of the unit or total cost of vaginal dilators specifically used for GPPPD (Genito-Pelvic Pain/Penetration Disorder), vaginismus, or dyspareunia due to the nature of this information being commercially sensitive. While vaginal dilators may be purchased and used within the Trust, they are not coded or recorded in a way that allows us to distinguish their use solely for these specific conditions. They may be used as part of wider clinical care across multiple services or indications, making it impossible to attribute the usage or associated costs exclusively to these conditions.

7. What is the name of the service that you are referring to when returning this information?

Womens and Childrens Division

If you are not satisfied with the handling of your request, you have the right to request an internal review. Requests for an internal review should be submitted within 40 working days from the date of this response, and should be addressed to [d.wraith@nhs.net](mailto:d.wraith@nhs.net).

If you remain dissatisfied after the internal review, you have the right to appeal to the Information Commissioner's Office (ICO). The ICO can be contacted at:

Information Commissioner's Office  
Wycliffe House

Our Ref: 500  
August 2025

Water Lane  
Wilmslow  
Cheshire

SK9 5AF

Tel: 0303 123 1113

Website: <https://ico.org.uk/make-a-complaint/>