Our Ref:103

May 2026

Doncaster and Bassetlaw Teaching Hospitals NHS Foundation Trust

Freedom of Information Act Request

I am writing to request information under the Freedom of Information Act 2000.

- **Omega-3 supplementation in pregnancy: a survey of UK practice**
-
- Hospital name: Doncaster & Bassetlaw Teaching Hospitals NHS Foundation Trust
- Trust:
- Preterm birth network (if known):

Details of service		Response	
1	In your antenatal booking appointment, do you discuss omega-3 intake in pregnancy?	Yes No Don't know	
2	With whom would you be most likely to discuss or recommend dietary omega-3 and/or supplements?	All pregnant women Women at high risk of spontaneous preterm birth Women attending a specialist preterm birth clinic Women with low dietary fish intake I would not usually recommend it Other	
3	In your trust do you currently recommend omega-3 supplementation in pregnancy for women at risk of spontaneous preterm birth?	Yes, routinely Sometimes/in selected cases No	
		If yes, in which form do you usually recommend it?	Dietary oily fish intake Over-the-counter omega-3 supplement Prescription omega-3 formulation (e.g. Omacor) I do not usually specify Other:
3	Does your trust have a preterm birth clinic?	Yes No	
		If yes, is omega-3 supplementation currently discussed in the pre-term birth clinic?	Yes No Don't know
4	Is there a written protocol or local guidance for omega-3 supplementation in your antenatal and/or preterm birth clinic? *	Yes No Unsure	
		If yes, please share a copy of the protocol or local guidance, if available	

Our Ref:103

May 2026

Doncaster and Bassetlaw Teaching Hospitals
NHS Foundation Trust

	Are diet, fish intake, and dietary supplement use routinely reviewed in your clinic?	Yes No Unsure

If you are not satisfied with the handling of your request, you have the right to request an internal review. Requests for an internal review should be submitted within 40 working days from the date of this response, and should be addressed to d.wraith@nhs.net.

If you remain dissatisfied after the internal review, you have the right to appeal to the Information Commissioner's Office (ICO). The ICO can be contacted at:

Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF
Tel: 0303 123 1113
Website: https://ico.org.uk/make-a-complaint/